

FROM THE YEAR 8 DEBATING TEAM

THE ZONE QUARTER FINALS

The year 8 debaters enjoyed a video conference debate against Norfolk Island which was held on Thursday September 20th. Norfolk Island has a strong history in debating in recent years.

The selected topic was:

'That schools should have the power to read any and all of their students' online posts, messages and emails'.

Banora Point High was the affirmative so had to agree with the topic.

The adjudicator praised both schools but Norfolk Island won due to their more developed arguments.

A big thank you to the year 8 debaters: **Alice Knight, Maxim Chipizubov, Frances Carolan, Imogene Pain and Summah Glen** for all their hard work this year.



FROM THE PRINCIPAL

“We foster an inclusive learning community, inspiring students to achieve their personal best by becoming lifelong learners, critical thinkers and healthy creative members of a global society.”

A Milestone for Year 12

As this is the last newsletter for term 3, I would like to wish our Year 12 students who will be undertaking the Higher School Certificate examinations in October, all the very best in their endeavour.

Student's personal examination timetable is available from *Students Online*. The personal timetable lists student's written examinations and states where they will sit for their examinations.

The Year 12 Graduation Ceremony will be held Friday 28th September in our hall, starting at 9am. Family and friends of Year 12 are invited to share in this important occasion.

Year 12 students can see their final assessment ranks (their final position in each school course) in their Students Online account after the final HSC examination, Tuesday 9th November. If a student feels that their placement in any course is not correct, they should apply to the school for a review. The appeal period closes on Friday 1st December.



Congratulations
Year 12

NAPLAN

The 2018 NAPLAN results have arrived at school and have been sent home with students today. This year, some 400 schools participated in the first online NAPLAN assessment. I have answered some of your questions below and more information can be found at <https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/naplan-information-for-parents-and-carers>

How can you compare NAPLAN results if some schools did NAPLAN Online and others pencil and paper?

ACARA develops the NAPLAN tests and uses a process called 'equating' to make each test comparable from year to year. This year the equating process has been more complex than usual as some students did tests online and some on paper.

Care should be taken when comparing student results from previous years as there may be some variability in the results in some instances.

Schools and parents are reminded that a child's NAPLAN results provide a snapshot and should always be considered together with other school-based assessments undertaken throughout the school year.

Is NAPLAN the only assessment schools use to measure students' learning growth?

No. NAPLAN is only one source of information that our teachers use to inform the ways they try to meet the needs of students. Every day teachers in NSW public schools are looking at individual data and individual progress on a range of measures to decide on appropriate teaching strategies.

Can I compare my child's performance in the test this year if they did it online, with the test they did two years ago on paper?

The reports will give you accurate information about the literacy and numeracy skills your child did and did not demonstrate on these tests.

For 2018 and 2019, comparisons with previous paper test results may be less consistent and should be treated with care. As always, it's a good idea to discuss results with your child's teacher if you have concerns.

From 2020 when all students do NAPLAN in an online format, the comparability will be more precise.

FROM THE PRINCIPAL CON'T



The Tell Them From Me Parent Survey is anonymous, voluntary, and easy-to-use. It is based on a comprehensive questionnaire covering parents' perceptions of their child's experiences at home and at school.

Insights into parent and staff communication, activities and practices at home, and parent voice on the school's support of learning and behaviour all build an accurate and timely picture that schools can use for practical improvements.

We value your feedback through this survey, please complete the survey online

<https://nsw.tellthemfromme.com/3dsqm>

Mr Christopher Randle
Principal

FROM THE SENIOR DEPUTY PRINCIPAL

During this last week of term I would like to remind you that all families of year 12 are welcome to attend the graduation ceremony that is being held at the school in the hall this **Friday 28th September** commencing at **9am**

There will be a light morning tea provided after the ceremony ends.

Graduation day brings with it a roller coaster of emotions for students and their families alike.

It's a time of celebration and achievement.

There is reflection on past trials and successes as well as hope for the future.

"There are far, far better things ahead than any we leave behind." —

C.S. Lewis

REMINDER TO ALL STUDENTS REGARDING SCHOOL UNIFORM

As the warmer months approach us can I ask that parents are keeping an eye on what their child/ children are wearing when coming to school.

NO Footy Shorts , Denim Shorts, Black Shorts etc....

SHORTS WORN ARE TO BE DARK NAVY BLUE AS SOLD IN THE SCHOOL UNIFORM SHOP.

The school uniform is the expected standard of dress for all students at the school. And It has been designed to be comfortable for students' to wear.

The uniforms are a symbol of recognition of students at the school and upon enrolling their children at the school, parents agree to support and reinforce the wearing of school uniforms with their children.

If students are not in the correct uniform and do not possess a uniform pass or parent note, staff will refer them to the **Deputy Principal**.

PLEASE SEE UNIFORM FLYER ON NEXT PAGE FOR THE UNIFORM SHOP TRADING HOURS.

Id like to wish our students and their families a Safe & Happy Holiday and Look forward to seeing you all in **Term 4 on Monday 15th October 2018.**

Jennifer Smith
Relieving Deputy Principal



FROM THE SENIOR DEPUTY PRINCIPAL



BACK TO BASICS

Schoolwear & Sportswear

UNIFORM STORE OPENING HOURS **SCHOOL HOLIDAY TIMES**

Wednesday 23rd January 2019 10am – 1pm
Thursday 24th January 2019 10am – 1pm
Monday 28th January 2019 10am - 2pm
Tuesday 29th January 2019 1.45pm – 3pm
Wednesday 30th January 2019 8am – 11am

Times will then return to normal trading hours:

Terms 1 and 4

Mondays 1.45pm – 3pm
Tuesdays 1.45pm – 3pm
Thursdays 8am – 11am

Terms 2 and 3

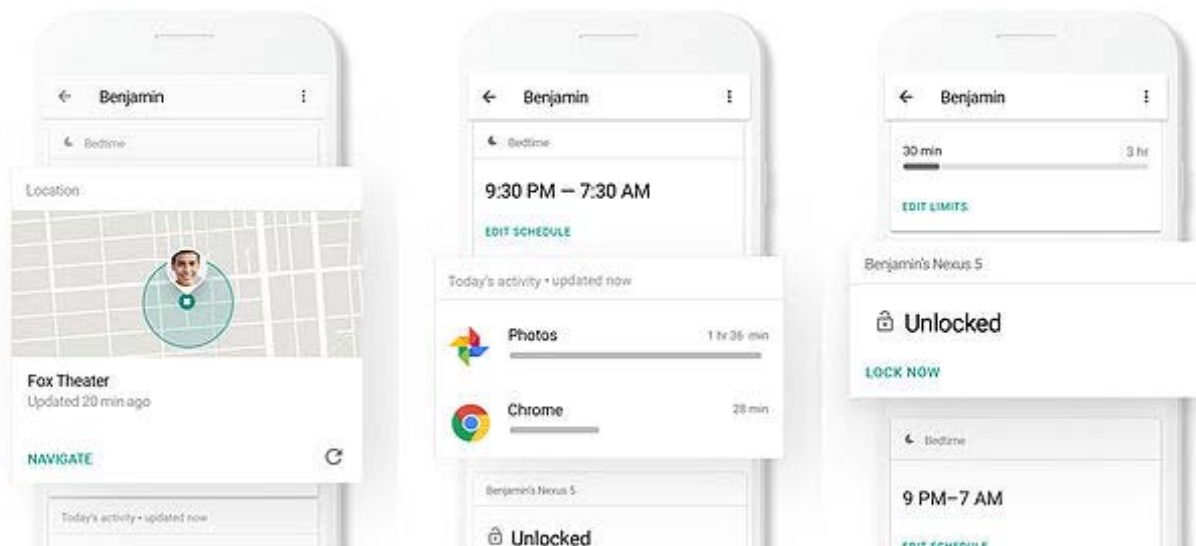
Thursdays ONLY 8am – 11am



SCHOOL & COMMUNITY NEWS

GOOGLE'S FAMILY LINK CAN NOW TURN OFF YOUR TEEN'S PHONE DURING DINNER

Family Link, the parental control hub Google introduced last year to give kids under 13 their own Google accounts, is now expanding its features to teens. Family Link allows parents to set screen time limits, lock devices when it's time for a break, approve or block apps downloaded from the Play Store, and locate their kids through their devices. These features work with Android phones starting today, with support coming for Chromebooks soon.



Read more here: <https://www.theverge.com/2018/9/18/17855746/google-assistant-family-link-parental-controls>



SCHOOL & COMMUNITY NEWS

COURSE PROGRAM – TERM 4, 2017
TWEED SHIRE

PARENTING COURSES

123 MAGIC

Thursdays Nov 23–Dec 7, 12pm–2:30pm

This 3 week course explores a down-to-earth, child-friendly and effective discipline approach that encourages good behaviour for children 2-12 yrs.

VENUE: MURWILLUMBAH COMMUNITY CENTRE

COST: \$15

FIND OUT MORE

CIRCLE OF SECURITY PARENTING

Tuesdays Oct 17–Dec 5, 10am–12pm

8 week course for parents of children 0-5 years. Parents will learn how to identify their children's emotional needs and respond to their behaviours in ways which result in greater resilience, fewer behaviour difficulties, better relationships, improved self-esteem and enhanced school readiness.

VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH

COST: \$40

FIND OUT MORE

"I was starting to doubt myself as a parent. Having a new born child and a two year old and was finding it difficult with my 2 year old daughter. I have seen a massive improvement in our relationship and I feel so much better with my parenting. Friends and family have even made comment of the change."

PARTICIPANT – CIRCLE OF SECURITY

CIRCLE OF SECURITY PARENTING –
STRENGTHENING THE RELATIONSHIP SEMINAR

Thursday Nov 16, 10am–12pm

Want to strengthen the relationship with your baby/child? This seminar is for parents of children birth-5 years. Parents will learn how to identify their children's emotional needs and respond to their behaviours.

VENUE: MURWILLUMBAH COMMUNITY CENTRE

COST: NO COST

"I found the course to be invaluable as it has given me the skills, confidence and understanding to approach my daughter in a different way than when she was younger. We now have a closer bond and I'm finding if situations do arise that challenge both of us, we are able to work it out"

PARTICIPANT – UNDERSTANDING TEENAGERS

UNDERSTANDING TEENAGERS

Thursdays Nov 2–Dec 7, 5.15pm–7.15pm

6 week course for the parents of teenagers. It can be difficult to know how to respond to challenging behaviours. Knowing more about how to support and communicate with your teenager can assist in supporting them safely through adolescence.

VENUE: THE FAMILY CENTRE, FRANCES ST, TWEED HEADS

COST: \$30

FIND OUT MORE

FAMILY CENTRE PLAYGROUPS

All playgroups 9.30am–11.30am

Find connection with other parents/carers and children while learning and playing together.

Access to useful information regarding parenting, local services and activities.

Playgroups are run during NSW school terms.

NO COST

Monday – Banora Point

Tuesday – Cabarita

Wednesday – Tweed Heads

Thursday – Murwillumbah

"My son loves coming to playgroup each week. I also look forward to the interaction with other parents. The co-ordinator does an awesome job of giving helpful advice and keeping the kids interested with ever changing activities. We love it!"

"Great support with referral to services."

PARTICIPANT – PLAYGROUP

SCHOOL & COMMUNITY NEWS

RELATIONSHIP COURSES

ANGER AND EMOTIONAL INTELLIGENCE

Friday Oct 27, 9.30am–2.30pm

Workshop for men and women. Content includes: identify what anger is and what it does; what triggers your anger and ways to make it work for you and your relationships.

VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH

COST: \$15 (INCLUDES LUNCH)

[FIND OUT MORE](#)

Went in not realising why I react the way I do sometimes. Now I have the knowledge for helpful strategies to cope and handle stress and negative emotions.

PARTICIPANT – Anger and Emotional Intelligence

CREATING REAL CONNECTIONS

Saturday Oct 28, 9.30am–2.30pm

This 1 day course explores: stresses on healthy relating, roadblocks to communication, listening, managing emotions.

VENUE: MURWILLUMBAH COMMUNITY CENTRE

COST: \$15 (INCLUDES LUNCH)

[FIND OUT MORE](#)

It was a good course and I will try to implement some of the strategies, even though it seems impossible with my ex. However, I will use my knowledge from today's course for other relationships in my life.

PARTICIPANT – CREATING REAL CONNECTIONS

THE LOVING RELATIONSHIP

Choice of dates, either Thursday Oct 12, Nov 16 and Dec 14, 6pm–8.30pm

This seminar will provide information and discussion about understanding "Love Languages" and to help you understand the dynamics that play out in intimate couple relationships. This seminar is for singles and couples.

VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH

COST: NO COST

COURSES FOR MEN

PATHWAYS TO CHANGE FOR MEN

Wednesdays Oct 25–Dec 13, 5pm–7.30pm

8 week self-awareness & self-development course for men. Designed to assist men with parenting, maintaining healthy relationships & making positive life choices.

VENUE: THE FAMILY CENTRE, FRANCES ST, TWEED HEADS

COST: \$40

[FIND OUT MORE](#)

I'm not walking away a perfect man but I am walking away a better equipped man thanks to this.

PARTICIPANT – PATHWAYS TO CHANGE FOR MEN

COURSES FOR WOMEN

SELF ESTEEM FOR WOMEN

Thursdays Oct 26–Dec 14, 9.30am–11.30am

8 week course covering personal development, self-awareness, relationships and power, setting and maintaining boundaries, communication and conflict.

VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH

COST: \$40

[FIND OUT MORE](#)

Group circles are a great way to release and express, all of the information is of great help and very useful references.

PARTICIPANT – SELF ESTEEM FOR WOMEN

BOOKINGS ARE ESSENTIAL

For further information on any of our courses or workshops please call 9am–12.30pm Monday–Friday (07) 5524 8711 or go to www.thefamilycentre.org.au

If you are unable to pay for course fees please talk with our intake worker or the course facilitator. The Family Centre is committed to providing equal access to all the courses we offer. Child minding is available upon request.

SCHOOL & COMMUNITY NEWS

Helping Kids Cope With Exam Stress

Exam stress can be really challenging, not only for kids but those who live with them!



When your child faces exams (often scheduled close together), they are under incredible pressure. They'll need your understanding and support.

When dealing with exam stress, consider:

- The words 'pressure' and 'stress' are used interchangeably, but are actually quite different
- **Pressure** can be challenging, but positive and motivating overall
- **Stress** feels negative and can get in the way of performing well
- Each child responds differently to exam stress and pressure

SCHOOL & COMMUNITY NEWS



Join us at our next Information Session

Get to know The Family Centre and find out about what we can do together to make change achievable

**Thursday
18th October 2018
12pm – 2pm**

The Family Centre, Unit 1/14 Amber Road, Tweed Heads South

We'll talk about:

- what we want for our community, our values, role, strategic directions and practice principles
- the ways we work together with children, young people, families, schools and communities

EVERYONE IS WELCOME!

- parents or carers
- young people
- community members
- service partners
- Students
- volunteers, or you might be thinking of volunteering with us

**TWEED HEADS • TWEED HEADS SOUTH • MURWILLUMBAH
• BYRON BAY • BALLINA**

1/14 Amber Road,, Tweed Heads, NSW 2486

Phone: (07) 5524 8711

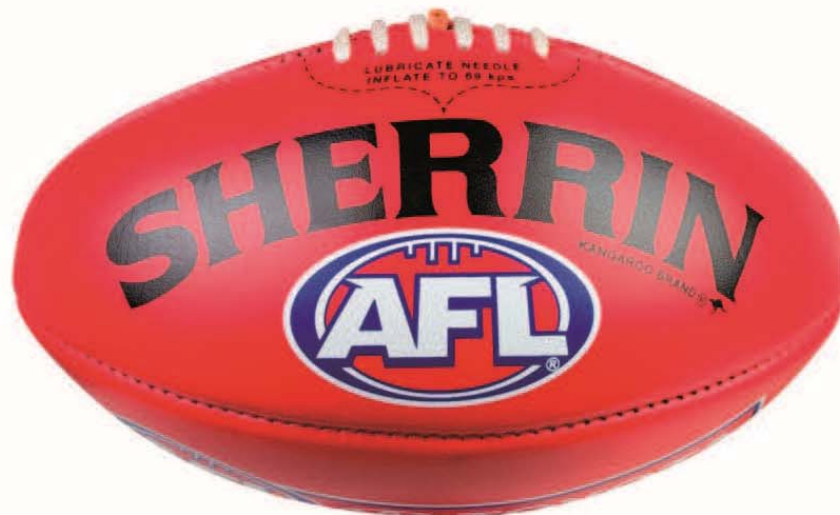
Email: info@thefamilycentre.org.au

www.thefamilycentre.org.au

SCHOOL & COMMUNITY NEWS



COOLANGATTA FOOTBALL CLUB



ARE YOU AGED BETWEEN 16-18 YEARS OLD?
BORN IN 2001 OR 2002 & WANT TO PLAY AFL FOOTY LOCALLY?

**COOLANGATTA FOOTBALL CLUB ARE PUTTING
TOGETHER A COLTS TEAM (U18S) IN SEASON 2019**

We are currently looking at expressions of interest of players for this team. Let us know if you live in the Northern Rivers up to the Coolangatta area and want to play AFL with your mates.



PLEASE CONTACT CRAIG SALISBURY ON
0478 950 285
or csalisbury66@gmail.com
TO REGISTER YOUR INTEREST

THOUGHT OF THE WEEK

Start where
you are.
Use what
you have.
Do what
you can.

- Arthur Ashe



"YOUR
IMAGINATION
IS YOUR
PREVIEW OF
LIFE'S COMING
ATTRACTIONS."

- ALBERT EINSTEIN





Non-Teaching Staff School Introduction Training Days

The Department of Education is seeking people who are interested in commencing work within public schools in your area.

The School Administrative and Support (SAS) Staff Reference Group welcome any people looking to start work in school administration to enrol in our Non-Teaching Staff School Introduction training programs. The aim of this training is to provide participants with an overview of school administrative roles. Participation in these introduction days are **not** a guarantee of employment with the Department of Education. Participants are required to obtain a Working with Children Check (WWCC) clearance for paid work at their own cost. <https://www.kidsguardian.nsw.gov.au/child-safe-organisations/working-with-children-check>. Payment is then made through Service NSW prior to attending day one. To enable processing for potential employment, participants are required to bring necessary completed forms, which appear on the MyPL registration page. Many schools have a policy of not employing current parents or associates within their own school.

It would be desirable if participants had a sound knowledge of the Microsoft Office suite.

The training days will be held in the following locations:

Goonellabah office – Wednesday 17 October & Friday 9 November 2018

Tweed Heads South Public School – Wednesday 24 October & Tuesday 13 November 2018

Maclean Public School – Wednesday 24 October & Tuesday 13 November 2018

William Bayldon Public School – Wednesday 24 October & Tuesday 13 November 2018

Frederickton Public School – Friday 26 October & Friday 9 November 2018

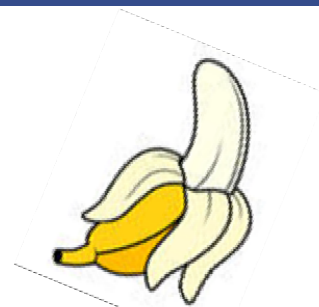
Port Macquarie Library – Thursday 25 October & Wednesday 7 November 2018

Forster office – Monday 22 October 2018 & Tuesday 6 November 2018

To secure a place in this course, participants will need to register online as a community member on MyPL. Go to the following site <https://mypl.education.nsw.gov.au/> and select Register. After completing the details, an email will be sent with instructions on how to get started and select the venue you wish to attend. The course codes are Day 1: NR22842, Day 2: NR22844.

There will be no cost to the participant other than them acquiring their WWCC prior to attending the training. Tea and coffee will be available throughout the day. Participants are to provide their own morning tea and lunch.

Further information can be provided by contacting the SAS Staff Reference Group (SRG) Coffs Harbour on (02)6623 5911 or by email at SRGCoffsHarbour@det.nsw.edu.au



Canteen Menu 2018

Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.50
Tuna	\$3.50
Lean Ham/Chicken Breast	\$3.50
Salad	\$3.50
Salmon	\$4.00

Salad = lettuce, tomato, beetroot, carrot, cucumber

Extras

Salad	\$1.00
Avocado	\$1.00
Egg	50c

Fresh Wraps

Salad with mayo	\$3.50
Chicken & salad w/mayo	\$4.50
Ham & salad w/mayo	\$4.50
Tuna & salad w/mayo	\$4.50

Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.50
<i>Taco style mince with corn, avo & sour cream</i>	
Sweet chilli tender wrap	\$4.50
<i>sweet chilli coated chicken tender w/sweet chilli sauce</i>	

Daily Specials

Monday

Check specials board *(specials change weekly)*

Tuesday

Check specials board *(specials change weekly)*

Wednesday

Check specials board *(specials change weekly)*

Thursday

Eagle boys pizza (equal to 2 slices) \$3.50

Hawaiian, meatlovers, vegetarian, cheese

Friday

Nachos \$3.50

With sour cream and sweet chilli sauce

Burgers - lettuce, cheese, tomato & beetroot w/ your choice of tomato BBQ, sweet chilli, aoli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.50
Chicken burger	\$4.50
Fish	\$4.50
Bacon & Egg Roll	\$4.00
Veggie	\$4.50

Pies & Sausage Rolls

Sausage roll	\$3.50
Plain pie large	\$3.80
Spinach & ricotta roll	\$4.00
Flavoured pies	\$4.00
Sauce - tomato or BBQ	20c

Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chipees	\$3.80
Macaroni cheese	\$3.80
Lasagne	\$3.80

Drinks

Bottled water 600ml	\$1.50
Bottled water 750ml sip cap	\$2.00
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$2.00
Crazy lemon lemonade small	\$2.00
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N GO - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$3.00
Slushie Small	\$1.50
Slushie Large	\$2.50

Fresh Sushi

Fresh Sushi	\$3.00
<i>Chicken & avo, chicken tempura, tuna,</i>	
<i>honey soy chicken, tuna & avo, prawn tempura,</i>	
<i>prawn sweet chilli, salmon & avo, veggie tempura,</i>	
<i>salmon & cream cheese salad, avo, iron,</i>	
<i>california roll (crab, avo & egg).</i>	

Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

Extras in Salad Boxes

Egg	50c
Avocado	\$1.00
Chicken, ham, tuna	\$1.50

Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.50
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.50
Jelly Cups	80c
Finger buns	\$2.00
Muffins	\$2.50

Ice Treats

Frozen juice cup	80c
Many frozen cups	80c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00

Please note—the canteen has limited hot food items available at recess and lunch. To avoid missing out please place a lunch order before school.

