

FROM THE HSIE FACULTY



YEAR 9 EKKA EXCURSION

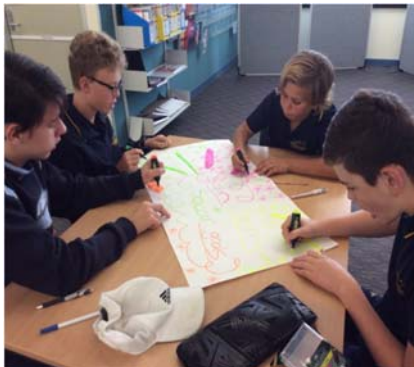
On the 14th of August, 45 Year 9 students travelled to the EKKA at Brisbane. While there the students had the opportunity to experience many aspects of rural communities, which complimented the work on 'Sustainable Biomes' which they have been completing in class. This included spending time in the animal nursery, watching the animal judging, checking out the horticultural displays and taste testing many different types of foods. This was a great day and the students should be congratulated on their maturity and cooperation while on the excursion.

Kim Clurey **HSIE TEACHER**

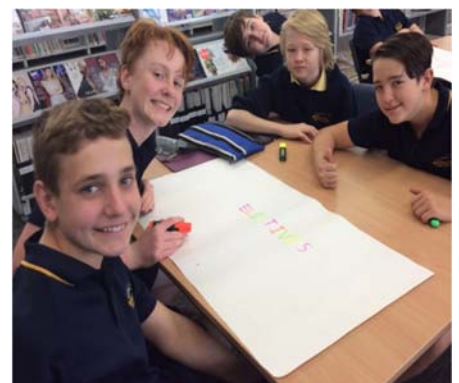


YEAR 7 CHANGE MAKER PROJECT

For the past 8 weeks, all of Year 7 has been involved in a project based learning activity known as the 'Change Maker Project'. This project has allowed the students to gain knowledge and skills by working in groups for an extended period of time to investigate and respond to a complex question, problem or challenge.



The driving question for this project has been 'What is one area of the school environment that you would change?' Some of the ideas that have been proposed are - more sporting activities; elective taster lessons in Year 8; more seating; more appealing bell; more murals; fixing the toilets; greater utilisation of the oval; more affordable uniforms and installing soccer goals. These are just a few of the amazing ideas that the students have come up with.



YEAR 7 CHANGE MAKER PROJECT

At the start of the project, former student and current film director and producer, Lachlan Linton-Keane spoke to all the students about the process of creating a successful movie. He talked about how you start with one simple idea and then by working in a team that idea develops into something bigger and how you always need to be refining your idea, especially after receiving valuable feedback from others. Lachlan also stressed the importance of having an effective pitch so you can 'sell' your idea to other interested parties. The students enjoyed Lachlan's presentation and they got a lot of very beneficial tips for developing their projects.

At this point, the students still have two weeks to go until they have to present their 'change maker' projects to their peers. Each group will present their project in a 'Shark Tank' format on Tuesday, the 4th of September.

Kim Clurey — HSIE teacher

IMAGES OF GREATNESS FOLLOW UP

There has been a very exciting development since 7 Super-nova had their 'Images of Greatness' celebration on the 6th of August.

Harrison Kortt chose Wally Lewis as his Image of Greatness, not only because of his enormous contribution to Rugby League but also because Wally suffers from epilepsy and has been an active advocate for epilepsy awareness.

Last week Epilepsy Queensland featured a story on their website about Harrison's project. This is certainly worthy recognition of all Harrison's hard work.

Congratulations Harrison

Kim Clurey - HSIE Teacher



REMINDER

YEAR 8 STUDENT AND PARENT INFORMATION EVENING

Elective Subject Selections

Monday 27th August 2018

Banora Point High School Library -6pm—6:45pm

FROM THE PRINCIPAL

"We foster an inclusive learning community, inspiring students to achieve their personal best by becoming lifelong learners, critical thinkers and healthy creative members of a global society."

Keeping an iOnTheFuture

Banora Point High School hosted a professional learning event for public and non-public educators from NSW and Qld on Saturday.

Collaborating with Banora Point Public School and Centaur Public School, our event brought leading experts to our area.

Industry expert, Faethm CEO, Michael Priddis, updated educators on the latest developments with automation and the impact of AI on the workplace.



Mark Scott, NSW Department of Education Secretary, communicated the NSW Public School's directions and response to the rapidly developing issue.

High Tech High CEO and Founder, Larry Rosenstock shared how he is leading innovative teaching and learning practice in schools, through rich and deep project-based learning. The line-up of keynote speakers also included Libby Woodfin and Cyndi Gueswel, Expeditionary Learning.

This professional learning event for teachers would not have happened without the support of our staff, students and parents. I would like to make special thanks to Cheree, Don, Jenny, Lachlan, Daryl, Denise, Charles, Kristen, Skye, Bindi and Jasmine. Felicity, Peta, Chris, Karen, Leanne, Wendy, and Melissa manned the carpark raising approximately \$200 for our P&C.



FROM THE PRINCIPAL continued



FROM THE PRINCIPAL continued

SRC raise funds to donate to assist Drought Affected Farmers

Last week, our SRC organised a mufti day fund-raiser, to donate funds to assist drought affected farmers. Through the story of Rob Turnbull from Bando Station, Lightning Ridge, students heard how the drought is taking its toll on our farmers. Rob Turnbull also writes poetry and we heard Ron read his poetry to us thanks to Mr Russell Godfrey, one of our parents. Ron is the face of Beyond Blue and his poem, "Where the Black Rays Shine", helps tell the story of the battle our farmers are fighting. <https://vimeo.com/180473836>



The students of Banora Point High have raised \$655 through their mufti day event. Thank you for your support.

The Tell Them From Me Parent Survey

The Tell Them From Me Parent Survey is anonymous, voluntary, and easy-to-use. It is based on a comprehensive questionnaire covering parents' perceptions of their child's experiences at home and at school.

Insights into parent and staff communication, activities and practices at home, and parent voice on the school's support of learning and behaviour all build an accurate and timely picture that schools can use for practical improvements.

Parents will be able to participate in the 2018 Tell Them From Me Parent Survey during September.

Mr Christopher Randle
Principal

6 WAYS TO BE #BODYPOSITIVE



1. FOCUS ON WHAT YOUR BODY CAN DO

Think of the millions of unique things your body helps you do everyday. This is a great reminder that you're so much more than the way you look.



2. QUESTION WHAT YOU SEE IN THE MEDIA

Next time you see an 'ideal' body, think:
What goes into looking that way?
How many people do you see in everyday life that look like that?
Is it realistic or helpful to compare yourself to that standard?



3. UNFOLLOW PEOPLE WHO MAKE YOU FEEL CRAP ABOUT YOURSELF

For a positive newsfeed, try following people you admire who have all different interests - and body shapes.



4. SAY THANK YOU

Next time someone gives you a compliment, try saying thank you rather than shrugging it off. Showing gratitude can go a long way to improving how we feel about ourselves.



5. FOCUS ON OTHER PEOPLE'S GOOD QUALITIES

Looking for the good in other people creates positive vibes and can even help you focus on your own strengths.



6. HANG WITH POSITIVE PEOPLE

Surround yourself with people who get you and encourage you to feel confident.

We know that feeling good about your body or appearance isn't always easy. If you are struggling with body image, visit [ReachOut.com](https://reachout.com) or chat to the **Butterfly Foundation** on 1800 33 46 73.



ReachOut is Australia's leading online mental health organisation for young people and their parents. It contains practical support, tools and tips help young people get through anything from everyday issues to tough times—and the information offered to parents makes it easier for them to help their teenagers, too. ReachOut has been changing the way people access help since launching as the world's first online mental health service nearly 20 years ago. Everything created is based on the latest evidence and designed with experts, and young people or their parents. The digital self-help tools are trusted, relevant and easy to use. Available for free anytime and pretty much anywhere. ReachOut is accessed by 132,000 people in Australia every month. For more information go to [ReachOut.com](https://reachout.com)
Lachlan Klose, Deputy Principal.

PREMIER'S DEBATING CHALLENGE UPDATE - ROUND 3

A trip to Tweed River High on August 23rd ended in another success for the Year 8 team in The Premier's Debating Challenge.

The topic this time was *that we should introduce mandatory parenting courses*. Frances Carolan, Summah Glen and Maxim Chipizubov were ably assisted by Imogene Pain and Alice Knight in creating a strong argument supporting this idea.

This is the last round in this stage of the competition and as the team has won all of its debates, they will be North Coast Zone 2 Winners for 2018.

We are awaiting news of our next debate. Once all the zones have completed their current draw, the winners of each of the 8 North Coast zones will debate each other to determine the regional winner.

The students are to be commended on their application to this extra-curricular activity.



SCHOOL & COMMUNITY NEWS

HOW TO ASK YOUR TEEN ABOUT SCHOOL

Ask your teen how school was today and you're lucky to get a mumbled, 'Ok', in response.

That's it. Topic closed, and you are none the wiser. The problem is, asking someone to sum up a whole day in one answer is pretty hard work.

You are more likely to get them to open up if you ask more open-ended questions. Here are a few to help get you started.

- What did you enjoy most at school today?
- What is your easiest class? What is your most challenging class?
- Which class has your favourite group of students in it?
- What do you think you should do more of at school? What do you think you should do less of?
- What part of the day do you look forward to?
- If you had to go to only one class every day, which class would it be?
- If you were a teacher, which class would you like to teach? Which one would be the worst to teach? Why?



If your day at school were an emoticon, which one would it be?

Even if you have a good relationship with your teen, he or she might not always open up if they are upset or having a tough time. Always trust your intuition and if you are concerned, try talking to your teen's year coordinator.

An advertisement for the Learning Potential app. At the top left is the Australian Government logo. Below it is the Learning Potential logo, which consists of a stylized brain icon and the text 'learning potential'. To the right is a smartphone displaying the app's interface. The text in the advertisement includes: 'Learning Potential helps parents to be more involved in their child's learning, from the highchair to high school.', 'The Learning Potential app has lots of useful tips and ideas to help you make the most of those small opportunities in your busy day. Download it today, or try it online!', 'Get it on Google Play', 'Available on the App Store', 'The new Learning Potential Resources site has great activities you can do with your primary school child to help develop their literacy and numeracy skills. Some activities are offline, some are online, and all support the Australian Curriculum for primary school.', and 'Check out the Learning Potential Resources website today!'.

SCHOOL & COMMUNITY NEWS



CUDGEN

S-L-S-C

.....

WANT TO BE A CUDGEN NIPPER THIS SEASON?

1. REGISTER AND PAY ONLINE
RENEWING MEMBERS <http://portal.sls.com.au>

* NEW NIPPERS <http://sls.com.au/join>

* All new nippers must have a parent register with them

2. ATTEND POOL PROFICIENCY
Sunday 9th or 16th Sept | 9-12pm | Kingy pool

PLEASE BRING WITH YOU!
RENEWING MEMBERS: PROOF OF PAYMENT
NEW MEMBERS: PROOF OF PAYMENT, BIRTH
CERTIFICATE + PARENT I.D

**** NO CASH OR EFTPOS ****
will be available to pay registration
fees this year

SCHOOL & COMMUNITY NEWS

Your Bag Design Could Win Your School \$5,000!



Coles are giving all primary and secondary school students across Australia the opportunity to design the next range of Coles reusable shopping bags and win fantastic prizes.

The new range of sturdy, durable, multi-use shopping bags are better for the environment because they can be used over and over again. These bags are also great for our community because a portion of the proceeds from the sale of these bags will go to Coles community partners.

Great Prizes for Great Designs

Each selected bag design will be rewarded with \$5,000 for your school to spend on an environmental or sustainability project. Plus a \$500 Coles Gift Card will be awarded to the student who created the winning design. A minimum of 7 amazing bag designs will be selected.

Instructions for Schools

All primary and secondary schools in Australia are eligible to participate. All you need to do is encourage your students to take part and make sure their entries are submitted by midnight on Monday 22nd October 2018.

Instructions for Students

Bag Designs

We are looking for original bag designs that are bold, creative and desirable. Your bag design should be based on one of the following themes:

1. **Nature and our environment.**
2. **Delicious, fresh food.**
3. **Happiness is....?**
4. **Where my imagination takes me....**

The design style is completely up to students. Designs could include photography, illustrations, graphic designs or drawings. Students can enter as many times as they like however, each design must be an original. Please refer to the competition full terms and conditions on the Coles website at: coles.com.au/bagdesign.

How to Enter

Full details and terms and conditions can be found on our website at: coles.com.au/bagdesign.

Remember the competition closes at midnight on **Monday 22nd October 2018**.

Students can enter the competition as many times as they like.

We look forward to receiving many amazing designs from talented students across Australia.



SCHOOL & COMMUNITY NEWS



6pm

MON
NIGHT

BRING SKATES AND
A HELMET

GOLD COAST SPEED TEAM

Come & Try

FUN FOR
ALL AGES

EPIC SKATE RINK
LEANNE (07) 5523 9660



SCHOOL & COMMUNITY NEWS



FIRST 2 LESSONS FREE!

SIGN ON EVERY WED

Gold Coast Stars Inline Hockey Club!

Wednesday 5 - 6:30pm

Epic Skate Rink - 20/23 Enterprise Ave, South Tweed

The First 2 Lessons will be free! \$15 for sessions after

For More Information - www.epicskate.com.au - (07) 5523 9660

THOUGHT OF THE WEEK

Education
is what remains
after one has forgotten
everything he learned
in school.

- Einstein

BellaMagazine.eu



BACK TO BASICS

Schoolwear & Sportswear

UNIFORM STORE

OPENING HOURS

2017-2018

TERM 1 & 4

Monday 1.45pm - 3.00pm

Tuesday 1.45pm - 3.00pm

Thursday 8.00am - 11.00am

TERM 2 & 3

Thursday 8.00am - 11.00am

Uniform Store is located upstairs in J Block



SCHOOL & COMMUNITY NEWS

SIGN ON NOW!

Tweed Little Athletics

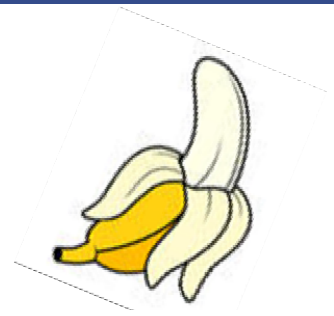
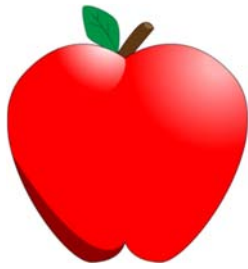
Season starts 8am, Saturday September 15.
Walter Peate Oval Kingscliff

Sign up online at: www.tweedlac.org.au
Queries? Email info@tweedlac.org.au



littleathletics.com.au

FAMILY FUN & FITNESS



Canteen Menu 2018

Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.50
Tuna	\$3.50
Lean Ham/Chicken Breast	\$3.50
Salad	\$3.50
Salmon	\$4.00

Salad = lettuce, tomato, beetroot, carrot, cucumber

Extras

Salad	\$1.00
Avocado	\$1.00
Egg	50c

Fresh Wraps

Salad with mayo	\$3.50
Chicken & salad w/mayo	\$4.50
Ham & salad w/mayo	\$4.50
Tuna & salad w/mayo	\$4.50

Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.50
<i>Taco style mince with corn, avo & sour cream</i>	
Sweet chilli tender wrap -	\$4.50
<i>sweet chilli coated chicken tender w/sweet chilli sauce</i>	

Daily Specials

Monday

Check specials board *(specials change weekly)*

Tuesday

Check specials board *(specials change weekly)*

Wednesday

Check specials board *(specials change weekly)*

Thursday

Eagle boys pizza (equal to 2 slices) \$3.50

Hawaiian, meatlovers, vegetarian, cheese

Friday

Nachos \$3.50

With sour cream and sweet chilli sauce

Burgers - lettuce, cheese, tomato & beetroot w/ your choice of tomato BBQ, sweet chilli, aioli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.50
Chicken burger	\$4.50
Fish	\$4.50
Bacon & Egg Roll	\$4.00
Veggie	\$4.50

Pies & Sausage Rolls

Sausage roll	\$3.50
Plain pie large	\$3.80
Spinach & ricotta roll	\$4.00
Flavoured pies	\$4.00
Sauce - tomato or BBQ	20c

Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chipees	\$3.80
Macaroni cheese	\$3.80
Lasagne	\$3.80

Drinks

Bottled water 600ml	\$1.50
Bottled water 750ml sip cap	\$2.00
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$2.00
Crazy lemon lemonade small	\$2.00
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N GO - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$3.00
Slushie Small	\$1.50
Slushie Large	\$2.50

Fresh Sushi

Fresh Sushi \$3.00

*Chicken & avo, chicken tempura, tuna,
honey soy chicken, tuna & avo, prawn tempura,
prawn sweet chilli, salmon & avo, veggie tempura,
salmon & cream cheese salad, avo, iron,
california roll (crab, avo & egg).*

Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

Extras in Salad Boxes

Egg	50c
Avocado	\$1.00
Chicken, ham, tuna	\$1.50

Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.50
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.50
Jelly Cups	80c
Finger buns	\$2.00
Muffins	\$2.50

Ice Treats

Frozen juice cup	80c
Many frozen cups	80c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00

Please note—the canteen has limited hot food items available at recess and lunch. To avoid missing out please place a lunch order before school.

