

## FROM THE ENGLISH FACULTY

### Years 7 and 8 Premier's Debating Challenge

On Friday June 22<sup>nd</sup>, the year 7/8 Junior Debating Team hosted Mullumbimby High School to complete round 1 of The Premier's Debating Challenge.



Our team is Frances Carolan, Imogene Pain, Maxim Chipizubov, Summah Glen and Alice Knight.



The topic chosen was that *single sex schools should be abolished*. We were the negative team who had to argue that single sex schools should remain.

The adjudicator was Mr Bob Sargent who provided advice for the teams as to how they could strengthen their future performances. He said that it was a very close debate and the Banora team won by a small margin.

***Well done to the team!***



## YEAR 9 POETRY BOOT CAMP



Australian Poetry Slam Champion, Zee Khan led Year 9 English students in a boot camp to strengthen their skills in writing.

He used performance and writing activities to teach students about rap, rhyme and rhythm.

Students enjoyed freestyle writing with Zohab.



## YEAR 9 POETRY BOOT CAMP



**Ryan Thomas, Zohab and  
Jerome Evans**



**Lily Bark and Alana Salter**



**Jay Harris, Jaiden Lundt,  
Zohab and Jerome Evans**



**Darren Swan and Kai Smallwood**

## STUDENT FOR SEMESTER AT BOND UNIVERSITY

Massive **CONGRATULATIONS** to *Emily Dick* and *Jemma Gabriel* from Year 12 who have completed Student for Semester at Bond University.



They have both completed a first year University subject in Law (Jemma) and Psychology (Emily). This is a massive achievement as both girls have still managed to keep on top of all their other school work as well. This is a wonderful step in securing their future career path after the HSC.

Thank you to *Shelley Martain* from Bond University who came to present the girls with their completion certificates

If you would like more information on Bond University Student for Semester program please refer to the link below.

<https://bond.edu.au/future-students/study-bond/see-yourself/student-semester>





## FROM THE SUPPORT UNIT

The Construction has finally begun!!! We are so excited to see our new outdoor learning space appearing before our eyes!

The garden provides a wonderful opportunity for Special Education students to learn in authentic, hands on ways. Our gardening program has links across the life skills curriculum, giving students the opportunity to experience concepts covered in a range of subjects such as Mathematics, English, HSIE, PDHPE, Science, Work Studies, Technology subjects and the Arts.

We have been busy preparing for our winter crops and eagerly wait to see how our cauliflower, broccoli, lettuce, Asian greens and beans fair. We have been focused in practising the skills needed to work as a team, communicate, practise and learn how to use our equipment safely and solve weed and bug problems all while we learn about our food, where it comes from and how to use it in our cooking. We are proud to be nurturing and caring for our environment, and we get to reap all the rewards!



## SUPPORT UNIT CONTINUED...

We are so excited to see our ginger, radish, eggplant, tomatoes, passion fruit and strawberries thriving and have continued to harvest bananas, paw paw, herbs and lemon myrtle.

Thank you Mr Rimmell for donating sunflower and marigold seeds, what a wonderful addition to our outdoor learning environment! Your seeds have formed the start of our permaculture learning journey and look what we have made! This is our 'ladybug hotel', and these edible flowers have helped to bring in many beneficial bugs.

*Did you know that our local public library (both Tweed and Murwillumbah) has a seed library? You can "borrow" seeds, grow your own at home, and if all goes to plan, save some of your seeds from your best plant and return them to the library, so others can experience the joy and satisfaction that comes from producing your own food, with a variety that has proven to be appropriate for our local climate.*

Finally we are so happy to announce that our local Rotary club has confirmed their ongoing support for our Garden Project and will offer 3 Special Education 'Excellence in Horticulture' awards as well as 3 Rotary '**Equal Access Scholarships**' (valued at \$300 each) to be announced at the formal awards assembly in December, thank you to Val Haywood and her team at Tweed Banora Rotary Club.

We would also like to take the opportunity to invite parents and carers of students in the Support Unit to attend an end of semester BBQ in the garden from **11.30-1.00 on Thursday 5 July.**





## GIVE ME 5 FOR KIDS; KYLE SCULLEY

Every year Gold 92.5 raise funds for Tweed and Gold Coast Hospitals called Give Me 5 For Kids. It lasts for the whole month of June. Gold 92.5 crew walk from their studio in Broadbeach to Nerang, covering as many areas as possible. Then head south from Broadbeach to South Tweed the following week.

Kyle decided to join the crew on their last part of the walk. He walked from Tweed City to Boyd's Bay Bridge meeting the crew then walked back with them helping raise some money.

Kyle was extremely lucky On Thursday 21st June, Kyle and 7 Celebrities were chained to beds at Tweed Hospital. Kyle got to the hospital about 6.15am, very excited to participate.

Kyle got chained up at 7am along with the others. He had to get \$1000 to be able to get off the bed. Kyle was lucky, he had asked a lot of people prior to the day if they could donate to help him get off the bed.

He was lucky to have a great guy called Matt from a business in Burleigh ring Gold 92.5 and donate \$1000 to get Kyle off the bed.

The crew had interviewed Kyle on the radio and he heard Kyle's story and wanted to help. Kyle was extremely lucky and grateful to raise well over \$1000. He raised \$3671, all monies raised goes to buy much needed equipment for both children's wards at the hospitals.

Kyle felt extremely valued to be able to help, and extremely humble. Kyle has spent a lot of time in hospital due to many operations and felt it was very important to give back. Kyle ended up being on the bed till just after 9am, but was great with how long he was chained up for. He had some friends come and donate and met some celebrities, Aaron who was on last years' House Rules, who was an awesome guy!

Kyle can't wait for next years' *Give Me 5 For Kids*, he has some great ideas to raise even more money. Kyle was extremely grateful to be able to participate in this amazing heartfelt event.



*Written by Kyle Sculley, Year 11*

## SCHOOL &amp; COMMUNITY NEWS

## ENCOURAGING YOUR TEEN'S INDEPENDENCE AND SENSE OF RESPONSIBILITY

You can help to build your teen's self-esteem by giving them more personal responsibility and independence. It can also help with their problem-solving, emotional and social skills, and academic performance. Here are some ways you can help your teen embrace independence and personal responsibility.

### Decision making

When your child is in high school, it's a good idea to encourage them to start making some of their own decisions and choices. For instance, they could decide what they would like for breakfast, or plan a fun activity for the family on the weekend. Giving your teen the chance to make these sorts of decisions will encourage problem-solving and help them grow in confidence.

### Chores and responsibility

You might like to discuss some tasks that can be the responsibility of your teen. For example, they could be in charge of packing their lunchbox, unpacking the dishwasher or walking the dog. Taking ownership of these tasks will give your teen a sense of accomplishment and teach them responsibility.

### Setting boundaries

It's great to give your teen some freedom and responsibility as they get older, but it is still important to have clear rules and boundaries to help them understand their limits and your expectations of their behaviour. For example, you might allow your teen to go and visit a friend on the understanding they come home at an agreed time. This will help your teen learn about self-discipline, which will also be helpful for study.

### Praising their accomplishments

When your teen demonstrates responsibility, try to praise them for it! Giving them recognition for their accomplishments, such as by saying *"Wow, you have been really organised with your assignments this term, well done!"* can help boost their self-esteem and confidence and encourage them to continue to demonstrate their responsibility and independence in the future.

Your support and guidance in their early teen years can help your child learn to be more independent and responsible, and set them up for success in the later years of high school.





SCHOOL & COMMUNITY NEWS



**Southern Cross  
University**

**Discover**  
**OPEN**  
**DAY** 2018

**Friday 27 July**

Coffs Harbour campus

**Saturday 28 July**

Lismore campus

**Sunday 29 July**

Gold Coast campus

## SCHOOL &amp; COMMUNITY NEWS



37th Annual

**TSXPO**  
 TERTIARY STUDIES EXPO

**21 & 22  
July 2018**

**RICC,  
Brisbane  
Showgrounds**

**10am - 4pm  
on both days**

## What You Will Find:

- Universities from around Australia - including Queensland based as well as from interstate
- Representatives from ALL faculties at GU, QUT and UQ
- Private Education Providers
- TAFE Queensland
- Defence Forces
- Government Agencies
- Employment Opportunities
- Gap Year & Exchange Programs
- Student Services and much more!

**FREE  
ENTRY**

## Plus +

- Scholarship, financial and bursary info
- Study and Career options
- 80+ seminar sessions!
- Post graduate course info

## More information available at:

[www.CareersEvent.com](http://www.CareersEvent.com)

 Follow **TSXPO** on social media for info, tips, updates & comps


TSXPO



CareersEvents



CareersEvents



CareersEvents

PLUS - CHANCE TO WIN A \$500 JB HI-FI VOUCHER - ENTER AT THE EXPO!



THOUGHT OF THE WEEK

*Before you speak...*

THINK!

Is it **T** rue?

Is it **H** elpful?

Is it **I** nspiring?

Is it **N** ecessary?

Is it **K** ind?

## SCHOOL &amp; COMMUNITY NEWS



## SCHOOL HOLIDAY PROGRAM

TWEED HEADS

Registered  
NDIS  
provider



## IT'S ALL FUN AND GAMES

You don't need to go away to have a great holiday during school break.

Sunnyfield's School Holiday Program has everything you need to have loads of fun close to home with all sorts of super cool activities for people with disability aged 6 - 17.

You'll go places, see things, do crafts, get active and make loads of new friends.

Monday - Friday activities will include

- Music and dance
- Indoor sports
- A visit to Currumbin Wildlife Sanctuary
- Cooking

\*Activity costs are additional

### Program dates

Monday 2 July – Friday 6 July 2018  
Monday 9 July – Friday 13 July 2018  
Monday 16 July – Friday 20 July 2018

### Time

9am – 3pm

\*Extended hours are available on request

### Location

Tweed Heads Community Services Hub  
Suite 1A-4A, 24/28 Corporation Circuit  
Tweed Heads South

### Cost

As per the NSW NDIS Price Guide

Fee for Service is set as per the NSW NDIS Price Guide plus GST

To find out more contact our friendly team today.

T 07 5524 8537 E p.foulds@sunnyfield.org.au  
[www.sunnyfield.org.au](http://www.sunnyfield.org.au)



Registered  
NDIS  
provider

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ISO 9001: 2015 Quality Management System  
ABN 72 000 423 127 Charity Fundraising Number 13915

# JUST A LITTLE *Reminder*

Student report cards  
are due to go home  
this week! Last Week  
of Term 2!







## Canteen Menu 2018

### Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.50
Tuna	\$3.50
Lean Ham/Chicken Breast	\$3.50
Salad	\$3.50
Salmon	\$4.00

*Salad = lettuce, tomato, beetroot, carrot, cucumber*

### Extras

Salad	\$1.00
Avocado	\$1.00
Egg	50c

### Fresh Wraps

Salad with mayo	\$3.50
Chicken & salad w/mayo	\$4.50
Ham & salad w/mayo	\$4.50
Tuna & salad w/mayo	\$4.50

### Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.50
<i>Taco style mince with corn, avo &amp; sour cream</i>	
Sweet chilli tender wrap -	\$4.50
<i>sweet chilli coated chicken tender w/sweet chilli sauce</i>	

### Daily Specials

#### Monday

Check specials board *(specials change weekly)*

#### Tuesday

Check specials board *(specials change weekly)*

#### Wednesday

Check specials board *(specials change weekly)*

#### Thursday

Eagle boys pizza (equal to 2 slices) \$3.50

*Hawaiian, meatlovers, vegetarian, cheese*

#### Friday

Nachos \$3.50

*With sour cream and sweet chilli sauce*

### Burgers - lettuce, cheese, tomato & beetroot w/ your choice of tomato BBQ, sweet chilli, aoli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.50
Chicken burger	\$4.50
Fish	\$4.50
Bacon & Egg Roll	\$4.00
Veggie	\$4.50

### Pies & Sausage Rolls

Sausage roll	\$3.50
Plain pie large	\$3.80
Spinach & ricotta roll	\$4.00
Flavoured pies	\$4.00
Sauce - tomato or BBQ	20c

### Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

### Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chipees	\$3.80
Macaroni cheese	\$3.80
Lasagne	\$3.80

### Drinks

Bottled water 600ml	\$1.50
Bottled water 750ml sip cap	\$2.00
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$2.00
Crazy lemon lemonade small	\$2.00
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N Go - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$3.00
Slushie Small	\$1.50
Slushie Large	\$2.50

### Fresh Sushi

Fresh Sushi \$3.00

*Chicken & avo, chicken teriyaki, tuna,  
honey soy chicken, tuna & avo, prawn tempura,  
prawn sweet chilli, salmon & avo, veggie tempura,  
salmon & cream cheese salad, avo, iron,  
california roll (crab, avo & egg).*

### Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

### Extras in Salad Boxes

Egg	50c
Avocado	\$1.00
Chicken, ham, tuna	\$1.50

### Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.50
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.50
Jelly Cups	80c
Finger buns	\$2.00
Muffins	\$2.50

### Ice Treats

Frozen juice cup	80c
Many frozen cups	80c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00

Please note—the canteen has limited hot food items available at recess and lunch. To avoid missing out please place a lunch order before school.

