

ANNUAL SCHOOL ATHLETICS CARNIVAL 2018

On Wednesday 13th June we held our annual school athletics carnival. With House and school spirit at an all time high, students attended the day filled with enthusiasm and excitement. Throughout the day heats were competed in, records tumbled and finals were won.

Congratulations to all of the students that attended on the day, the enthusiasm and sportsmanship that you displayed was most appreciated and a reflection of the strong character that exists throughout the school.

Congratulations to the Winning House Bradman. Well Done!!



Annual Athletics Carnival 2018



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After a tiresome day of events the time came for the infamous event of the day
“the Teachers V Students Tug Of War .“



FROM THE PRINCIPAL

“We foster an inclusive learning community, inspiring students to achieve their personal best by becoming lifelong learners, critical thinkers and healthy creative members of a global society.”

Farewell Mrs Clancy

Banora Point High School said farewell to Mrs Clancy before the long weekend. Mrs Clancy is the last teaching staff member who started our school in demountables on land next to Tweed River High School in 2004. Mrs Clancy and the first students of BPHS, began lessons on our site during Semester 2 of 2004. On behalf of the BPHS school community, I thank Mrs Clancy for her dedication, tenacity, commitment and compassion in the manner in which she positively impacted the learning journeys of so many of our students.



FROM THE PRINCIPAL

YARN UP

Thank you to the parents, staff and young people who attended our Term 2 YARN UP. This is a great informal way to come into the school to meet and talk with our staff. Keep a look out for the next YARN UP Term 3.



CHS Boys U15 State Australian Football



Congratulations to our U15s State Australian Football boys, Ryan Thomas, Kevin Bullus, Malachi Dumas, who came 2nd in the NSW Combined High Schools competition and 4th in the All Schools competition. Thank you Mr Edwards for your coaching expertise.

Malachi was selected in the NSW All School State team to play at the National Carnival in Adelaide in July.

NSWCHS Under 15 Boys Australian Football Merit Team

Results - Selected team

Number	Singlet #	Name	School	Association
1	6	Roddy DIXON	Forest High School	Northern NSW
2	7	Michael WEATHERS	Brisbane Water Secondary College	Northern NSW
3	9	Malachi DUMAS	Banora Point High School	Northern NSW
4	13	Jake WEIR	Kingscliff High School	Northern NSW
5	1	Duncan HUGHES	Deniliquin High School	Riverina Murray

FROM THE PRINCIPAL

FNC Dancers

Once again our dancers graced the stage at the Far North Coast Dance Festival, performing Saying Good-bye, Tall Poppy and Order's Up. Thank you Miss Green for your continued tireless support of our dancers.



FROM THE PRINCIPAL



FROM THE PRINCIPAL

School Fun with Year 12 fundraiser – PYJAMA DAY



Banksy has hit BPHS

Our Year 11 Visual Arts students have been studying the renowned street artist Banksy. He produces works that often make social and/or political comments. Students have explored issues that they feel passionate about. Part of the artwork is to evoke a reaction from the audience. The artworks have been painted onto contact around the school and will be removed on Thursday after the VA class have received feedback from their audience.

FROM THE PRINCIPAL

Professional Learning for teachers across the state at BPHS



Saturday 25th August 2018

iOnTheFuture5 is a professional learning conference for teachers from all sectors across NSW and QLD. Teachers attending will be diving into Deeper Learning, with keynote speakers Michael Priddis (Faethm CEO), Mark Scott (NSW DoE Education Secretary), Larry Rosenstock (High Tech High CEO and Founder), Libby Woodfin (EL Education Director of Publications) and Cyndi Gueswel (EL Education, former Director of Professional Learning).

The collaboration between Banora Point High School, Banora Point Public School and Centaur Public School brings high quality professional learning to the North Coast of NSW.

There will be a free event for our community on **Friday 24th August, 6.30 – 9pm, Salt Village Common, Kingscliff** – a community screening of *"MOST LIKELY TO SUCCEED"*.

MLTS is an award winning documentary film of Larry Rosenstock's High Tech High. The film will be shown on our giant outdoor cinema on Friday evening. This film is not available in cinemas and can only be shown by approved schools / organisations.

Please come along and join us.

Mr Christopher Randle
Principal

SCHOOL & COMMUNITY NEWS

NEWS FROM P & C

Dear Parents & Carers,

Banora Point High School P & C are planning our next big project and we wanted to let you know about it in time for the end of the financial year.

Banora Point High School Café is about setting up a working Café in the school, run by students and offering hospitality qualifications with real opportunities for practical experience. We know our students and teachers will greatly benefit from this initiative and we are working hard to make it a reality. You can make a tax-deductible donation to our project by going to our online fundraising page which has been set up through Schools Plus, a charity that connects donors with schools in need.

<https://www.schoolsplus.org.au/cafe-students-run-students/>

We are aiming to raise \$10,000 and need your help to get there.

- \$25 can help towards crockery, condiments, worm farm, cutlery, trays, teapots etc.
- \$50 can help towards a vertical herb garden and vegetable garden seedlings etc.
- \$100 can help towards outdoor umbrellas, bar stools etc.
- \$250 can help towards an espresso machine, commercial fridges etc.
- \$500 can help towards recycled or reclaimed custom made cafe furniture, concreting and fence work.

Donate this tax time to help us reach our target and change our student's lives.

Let the students tell you a little more here - <https://youtu.be/1hs4GZpUBbE>



Thank you and regards

Lisa Naumovski
Banora Point High School
P & C Incorporated
Vice President

<https://www.schoolsplus.org.au/cafe-students-run-students/>

SCHOOL & COMMUNITY NEWS

SOUTHERN CROSS UNIVERSITY TASTER DAYS

Dear All,

We're really excited to share some updated content for our upcoming Taster Day events for senior school students.

We've responded to some of your feedback in moving our senior school events into the July school holidays and are wanting to get your support to extend the promotion of these events out as broadly as you can to your year 11 & 12 cohorts.

Attached to this email is a shareable image that you can put up on your social media accounts or in school newsletters. Below is some suggested copy text you could use:

"If you're a year 11 or 12 student looking to get a taste of university life then our Southern Cross University 'Taster Days' could be just right for you. Get behind-the-scenes access to our Gold Coast, Lismore, and Coffs Harbour campuses this July School Holidays to discover some of the amazing opportunities and facilities our students enjoy.

To learn more and reserve your place <https://bit.ly/2t2ig0n>"

I would also like to suggest the possibility of a member of our team to come out and speak for a few minutes at an assembly or year meeting about what we have on offer. This is a pilot event and we are very keen to get your feedback and to work with you to make these events a success, ensuring that we are maximising their value to your school communities. Let me know if this is something you could accommodate and a time that would work for you.

Please don't hesitate to get in touch if you have any questions, comments or if there is anything we can assist with to help spread the word about our upcoming Taster Days.

Kind regards,

Rhys Hinds

Student Recruitment Officer

Student Recruitment | Student Administration Services

T 07 5589 3137 M 0409 748 958

GOLD COAST CAMPUS

Southern Cross Dr, Bilinga QLD 4225

www.scu.edu.au

CRICOS Provider: 01241G



SCHOOL & COMMUNITY NEWS

PARENTING AT THE SPEED OF LIGHT #7 CYBERBULLYING: WHAT TO DO

Determine if it is truly serious and if it is more emotional for you than for your child. Is it happening repeatedly, and is it more than kids teasing each other or just being mean once?

If you can identify the bully, notify the school as it is more than likely happening at school as well.



Remind your child that they are loved and supported so they know that they can speak up when things go wrong online and feel safe doing so

Make sure your child knows not to retaliate in any way as their bully is waiting for a bite back from them. By not retaliating they are taking the power away from their bully.

Encourage your child to take a break from being online to reduce stress and anxiety.

Make sure you know how to help your child block their bully and how to report the abuse to the app or site that it is happening on. Facebook allows you to block or unfriend in the app, Instagram allows you to hide inappropriate comments and block follows in the app. This way the negative comments will be filtered before it is even seen, and the bully will not get the response that they are hoping for.

There is no way to report Snapchat bullying or harassment via the app you have to fill out a form on the Snapchat website.support.snapchat.com/en-us/co/other-abuse

Take screenshots, date and time stamp them, report the abuse to the site that the offending content is posted on. If the offending content is not removed within 24-48hrs file a complaint at esafety.gov.au. If the bullying contains threats of harm or child pornography, report immediately to your local Police. Make sure that you ask them to document your complaint and ask for the "Event number" a number they will write on a little card for you. If you have reported to General Duties Police make an appointment to speak to the Youth Liaison or School Liaison Officer at the earliest opportunity – they will ask for the event number so they can follow up.

Remind your child only to connect with people that are friends in real life and check to make sure their social media apps are set to private so they have complete control over who is connected to them.

LEARNING POTENTIAL ARTICLE

SPORTS AND ACADEMIC ACHIEVEMENT

Studies in Australia and overseas suggest that students who are more physically active are more likely to achieve academically. Scientists believe there is a strong link between physical activity and increased brain growth factors, which have been shown to stimulate learning.

This is not to say that a student needs to be a sports star to be an academic achiever—taking part in any regular physical activity or sport is the key. The positive effect is not just on academic success either, but also on attitude and self-esteem.

Of course, the general health benefits of regular physical activity are widely known, so encouraging your teen to get involved in a community sport or exercise class is likely to make them happier, healthier and brighter. The benefits of drinking water regularly, a healthy diet and getting plenty of sleep also supports take-up of regular exercise and increases mental clarity for learning.

No particular sports or activities are better than others. In short, anything that encourages regular physical activity will make a positive difference—from team sports such as football, netball and cricket to individual activities such as tennis, cycling, rock climbing, ballet and skateboarding.

To find out more about how your teen can get involved in team sport, please visit [Ausport](#) and for broader physical activity options try [Life. Be In It.](#)



**Australian Government**

**Learning potential**

Learning Potential helps parents to be more involved in their child's learning, from the highchair to high school.

The **Learning Potential app** has lots of useful tips and ideas to help you make the most of those small opportunities in your busy day. Download it today, or try it online!

 Get it on **GOOGLE PLAY**

 Available on the **App Store**

The new **Learning Potential Resources** site has great activities you can do with your primary school child to help develop their literacy and numeracy skills. Some activities are offline, some are online, and all support the Australian Curriculum for primary school.

Check out the [Learning Potential Resources](#) website today!



SCHOOL & COMMUNITY NEWS



Banora Point
HIGH SCHOOL

BACK TO BASICS

Schoolwear & Sportswear

UNIFORM STORE

OPENING HOURS

2017-2018

TERM 1 & 4

Monday 1.45pm - 3.00pm

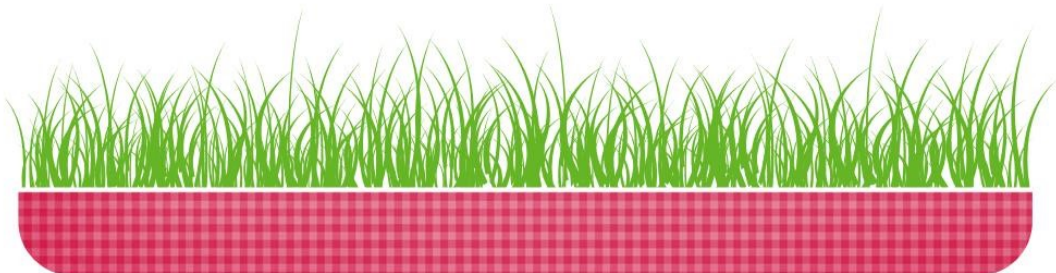
Tuesday 1.45pm - 3.00pm

Thursday 8.00am - 11.00am

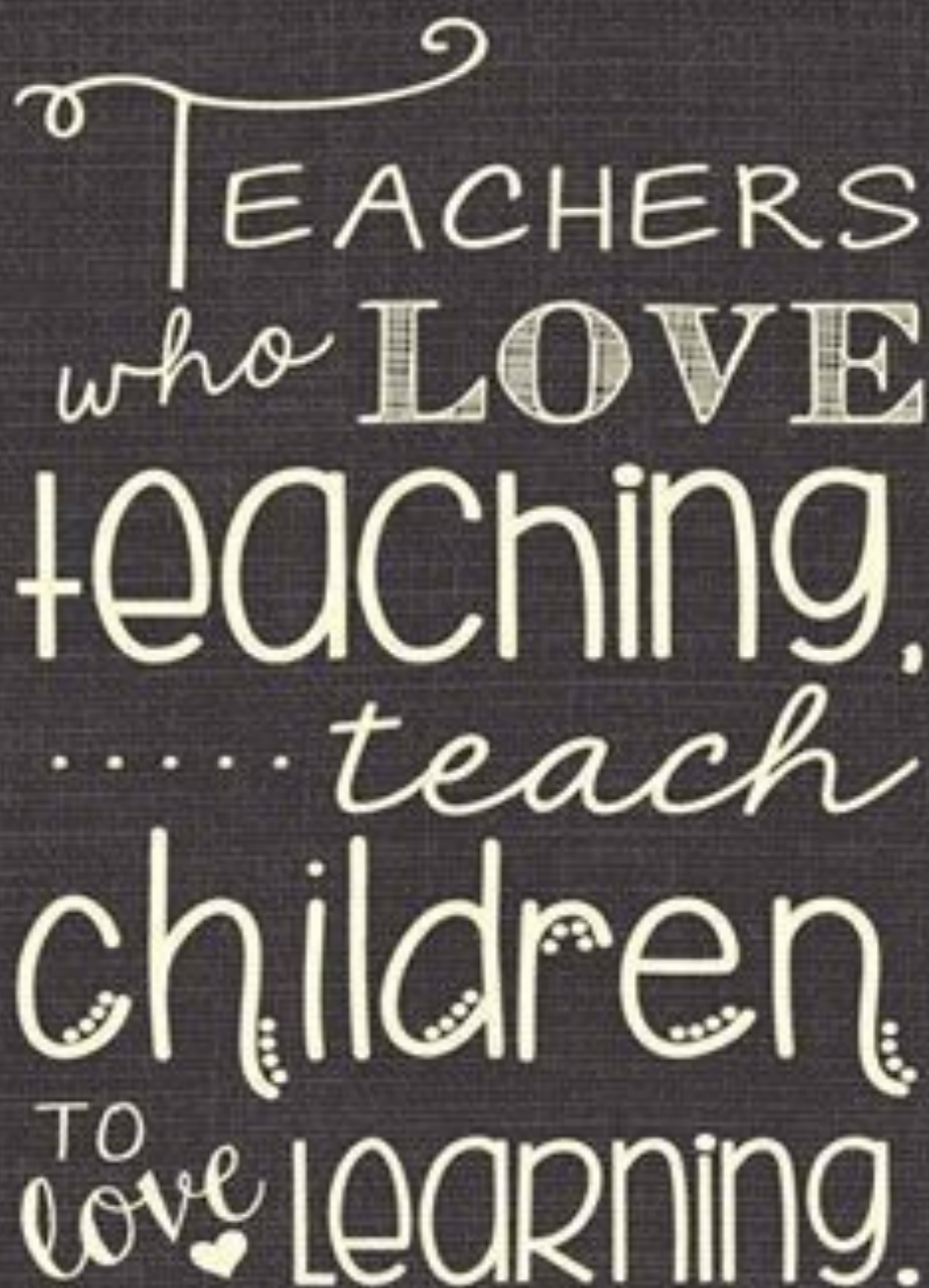
TERM 2 & 3

Thursday 8.00am - 11.00am

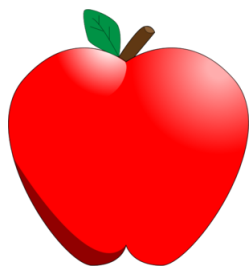
Uniform Store is located upstairs in J Block



THOUGHT OF THE WEEK



TEACHERS
who LOVE
teaching.
..... teach
children
TO love LEARNING.



Canteen Menu 2018

Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.50
Tuna	\$3.50
Lean Ham/Chicken Breast	\$3.50
Salad	\$3.50
Salmon	\$4.00

Salad = lettuce, tomato, beetroot, carrot, cucumber

Extras

Salad	\$1.00
Avocado	\$1.00
Egg	50c

Fresh Wraps

Salad with mayo	\$3.50
Chicken & salad w/mayo	\$4.50
Ham & salad w/mayo	\$4.50
Tuna & salad w/mayo	\$4.50

Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.50
<i>Taco style mince with corn, avo & sour cream</i>	
Sweet chilli tender wrap -	\$4.50
<i>sweet chilli coated chicken tender w/sweet chilli sauce</i>	

Daily Specials

Monday

Check specials board *(specials change weekly)*

Tuesday

Check specials board *(specials change weekly)*

Wednesday

Check specials board *(specials change weekly)*

Thursday

Eagle boys pizza (equal to 2 slices) \$3.50

Hawaiian, meatlovers, vegetarian, cheese

Friday

Nachos \$3.50

With sour cream and sweet chilli sauce

Burgers - lettuce, cheese, tomato & beetroot w/ your choice of tomato BBQ, sweet chilli, aoli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.50
Chicken burger	\$4.50
Fish	\$4.50
Bacon & Egg Roll	\$4.00
Vegie	\$4.50

Pies & Sausage Rolls

Sausage roll	\$3.50
Plain pie large	\$3.80
Spinach & ricotta roll	\$4.00
Flavoured pies	\$4.00
Sauce - tomato or BBQ	20c

Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chipees	\$3.80
Macaroni cheese	\$3.80
Lasagne	\$3.80

Drinks

Bottled water 600ml	\$1.50
Bottled water 750ml sip cap	\$2.00
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$2.00
Crazy lemon lemonade small	\$2.00
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N Go - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$3.00
Slushie Small	\$1.50
Slushie Large	\$2.50

Fresh Sushi

Fresh Sushi	\$3.00
<i>Chicken & avo, chicken tempura, tuna,</i>	
<i>honey soy chicken, tuna & avo, prawn tempura,</i>	
<i>prawn sweet chilli, salmon & avo, veggie tempura,</i>	
<i>salmon & cream cheese salad, avo, iron,</i>	
<i>california roll (crab, avo & egg).</i>	

Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

Extras in Salad Boxes

Egg	50c
Avocado	\$1.00
Chicken, ham, tuna	\$1.50

Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.50
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.50
Jelly Cups	80c
Finger buns	\$2.00
Muffins	\$2.50

Ice Treats

Frozen juice cup	80c
Many frozen cups	80c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00

Please note—the canteen has limited hot food items available at recess and lunch. To avoid missing out please place a lunch order before school.

