

## FROM THE MATHS FACULTY

Students across all grades have received a formal assessment notification this term which details the assessment tasks for 2018 and their weighting. All students are encouraged to attend class with correct equipment, including a calculator, as this is a requirement of the course. Students have been asked to purchase the Casio FX-82AU Plus II model as other calculators can have significantly different processes to calculate things such as data values. Students should be completing regular homework and study in preparation for these assessment tasks which, this year, will include a variety of forms such as projects, assignments and topic tests. The junior half yearly examinations will no longer be conducted in the maths faculty.

As part of our program of study this year, we are introducing a new and award-winning online learning platform called Mathspace. The P&C has supported the Maths Faculty in funding this platform for 2018 and we encourage you to take advantage of this program at home to support your child's classroom learning. Mathspace is a program that values and encourages true mastery of mathematical concepts over playing games or answering multiple choice questions.

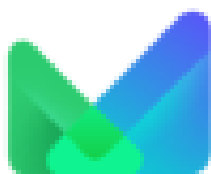
Students are required to show their work (either by typing it out or using the handwriting recognition on the app) and are rewarded with feedback every step of the way.

Students answer problems, just like they would on paper, but with personalised and constant feedback. Mathspace lets your child know if they're on the right track, provides them with hints and videos to get back on track, and records every single piece of work they do and saves it forever, keeping a dynamic account of their progress.

We, as teachers, can monitor every misconception or misunderstood idea in real time and plan our teaching accordingly. You too can keep up to date with your child's progress. Just visit <https://help.mathspace.co/help-for-parents> to learn more!

The team at Mathspace has offered to answer any questions you have regarding their program. Feel free to email [support@mathspace.co](mailto:support@mathspace.co) with questions, and an experienced math educator will respond.

Mrs Jennifer Smith  
Head Teacher



# MATHSPACE

# WORLD WAR ONE INTERACTIVE EXHIBIT

On Tuesday 6<sup>th</sup> March students from Year 9 History and Year 11 & 12 Modern History were able to participate in an interactive World War One trenches display presented by Shane Blackman from WW1 Living History. This informative and entertaining activity gave students an insight into what life and fighting was like in the trenches of the Western Front during World War One. Shane explained what daily life for soldiers was like; discussing the foods they ate, clothes they wore, and the various jobs they had to complete. Students were able to handle WW1 relics including uniforms, tools and training weapons, giving them a firsthand understanding of the difficulties soldiers faced in the war.

For many students, understanding history can be a challenge. Activities such as this are an important part of their learning experience and significantly raise student engagement and understanding. BPHS students were able to attend this experience free of charge, as the HSIE faculty covered the cost of having the display visit our school. Mr Galle would like to thank all the students that were involved as their behaviour and attention was excellent throughout each session.



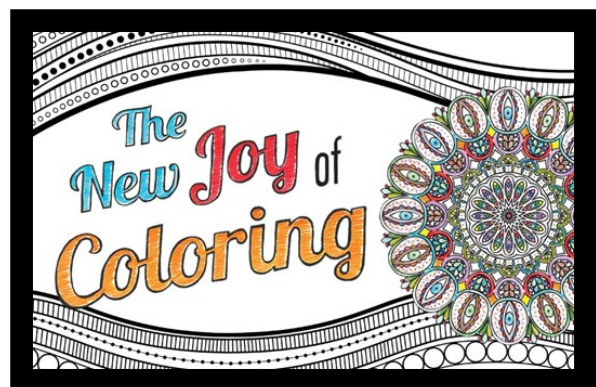
Students saw first-hand how the trenches were constructed and the equipment the soldiers had to use.



The webbing, equipment, and uniform of an average soldier weighed over 50kg!

## *Colouring pencils and pictures available recess and lunch times in your library*

“the library space in schools is much more than a place to put books...it is the learning heart of the school, an important space to build a sense of belonging for students, the problem solving centre for a wide range of incidentals every day”





# FROM THE PRINCIPAL

“We foster an inclusive learning community, inspiring students to achieve their personal best by becoming lifelong learners, critical thinkers and healthy creative members of a global society.”

Inspiring students to achieve their personal best ...

## HISTORY



## MEN OF BUSINESS



## TAS



## ENGLISH



# FROM THE PRINCIPAL CON'T

## YARN UP

All parents are invited to our first YARN UP breakfast for 2018, Friday 16<sup>th</sup> March at 7.30 to 8.15am. Come along and get to know us and have a YARN.

## POWER UP

Students from Terranora PS, Centaur PS and Banora Point PS have been participating in our 2018 POWER UP program, where they get a taste of learning in a high school setting.



## KEEP AN EYE ON OUR UPCOMING EVENTS

- POWER UP each Friday
- National Day of Action against Bullying and Violence, Friday 16<sup>th</sup> March
- Good Friday, Friday 30<sup>th</sup> March
- Easter Public Holiday, Monday 2<sup>nd</sup> April

Mr Christopher Randle  
Principal



# OUTSTANDING SPORTING ACHIEVEMENTS

## FOOTBALL (SOCCER)

Congratulations to Skye Townsend on being awarded the Aivi Luik Palm Beach Club Scholarship for football (soccer). Skye was selected in the 2017 and 2018 FNC team and due to club commitments can not represent at the North Coast carnival this year. She has been an instrumental figure in our schools football team and is a pivotal member of her club team at Palm Beach Sharks.

Aivi Luik has represented Australia in the Matildas football team and currently plays for Melbourne City in the national football competition (W-League).

Great work Skye!



## NSW TRIATHLON

Congratulations to Jeremy Simpson who represented Banora Point High School at the NSW All schools triathlon in Penrith last week.

Jeremy did our school proud and finished the course in just over 60 minutes.

Jeremy had a blistering cycle and excellent run catching up on lost time from the swim leg. Jeremy is an active member of our student population and engages in local and regional triathlon events. He is a member of the TAP squad in 2018 and is to be congratulated on his effort last week in what was very hot conditions.



## SWIMMING

Congratulations to Bindi Ware who competed last week in the Commonwealth Games Swimming Trials.

Bindi was put against the best of the best when it comes to Australian swimming and has achieved an outstanding result. Bindi competed in the Women's 200m, 400m freestyle and the 100m Butterfly.

Bindi achieved the following times

200m 2:06.86  
400m 4:26.26  
100M Fly 1:03.24

Congratulations to Bindi on your remarkable achievements at 15 years old!!!

WOMEN'S 200M FREESTYLE			
HEAT 1/7			
		WR	1:52.98
		A	1:54.83
RESULTS			
1	4	CARL KEMP Sarah	2:04.81
2	2	BGRAM SCUDAMORE Gabrielle	2:04.98
3	7	BOND WARE Bindi	2:06.86
4	6	GSAQU PRENZLER Tahlia	2:07.16
5	5	CAQ SKEGGS Ariane	2:08.13
6	8	CHAND KUHNEMANN Charly	2:09.02
1	TSS	ELKERTON Zoe	DNS
2	WEC	HOPWOOD	DNS

# OUTSTANDING SPORTING ACHIEVEMENTS CON'T

## FAR NORTH COAST SWIMMING

We had a large representation of Banora swimmers at the North Coast swimming carnival last week. The weather was miserable however that didn't dampen the spirits of our athletes all putting in some great times. This year we have our biggest contingent of swimmers who have qualified for the State carnival in Sydney.

Congratulations to the following students on your success

Bindi Ware  
Zoe Taylor West  
Aidan Hanna  
Lachlan Colwell  
Brandon Day

Best of luck in Sydney!!

Mr Nathan Williams  
Sports Coordinator



## YARN UP

The Aboriginal Education team at BPHS is holding a "Yarn Up" breakfast for parents and carers of our Aboriginal students. It will be held at the school on the **16 March 2018** at **7.30am** and will be fully catered for.

The purpose of the breakfast is to:

- meet the 2018 BPHS Aboriginal Education team as well other key support staff at BPHS
- share any ideas you have for Aboriginal Education at BPHS
- discuss your student's progress at BPHS
- familiarise yourself with the school facilities

Please contact Lachlan Klose at the school to RSVP.  
Lachlan Klose  
Aboriginal Education Coordinator





## Cybersafety for students

### How to behave online

Staying safe online is partly up to how you behave. Think about:

- How am I portraying myself to others and why?
- Do I treat others respectfully? Do I treat others as I would like to be treated?
- How do I make decisions about my behaviour when online?
- What message am I giving the world with my photos online?
- What is the impact on me? My family and friends?
- How would I feel if my information or images were seen by others?
- Have I kept my personal details private?
- Who knows my passwords and my numbers?
- How do I respond to inappropriate behaviour from others?

### Bullying online (cyberbullying)

Bullying online (sometimes called cyberbullying) is using technology to deliberately and repeatedly bully someone else. It can happen to anyone, anytime, and can leave you feeling unsafe and alone.

Bullying online can include:

- abusive texts and emails
- posting unkind messages or images
- imitating others online
- excluding others online
- inappropriate image tagging.

Bullying online can be offensive and upsetting and you don't have to put up with it.

### If you are being bullied, stay CALM and THINK clearly:

- Do not respond to the message when you're angry or upset.
- Tell someone: a parent or carer, relative, adult friend or teacher.
- Ask your teacher if your school has a policy in place to deal with bullying if it happens online.
- You can speak to someone online at Kids Helpline <http://www.kidshelp.com.au/> or call them (free) on 1800 55 1800.

### Protect yourself on the phone

- Give your phone number to friends only.
- Keep your mobile phone away from those who shouldn't have your phone number.
- Use ID blocking on your phone to hide your number when you call others.
- Think about whether it is appropriate to send your messages or make a call.
- Regularly check privacy settings on your mobile phone.
- For help use the privacy features on your phone call your mobile company's customer care number.



## Cybersafety for students con't

### Protect yourself on social networking sites

- Regularly check and re-set the privacy settings on your social networking profiles
- Most social networking profiles start with minimum privacy; make sure you select the settings you need to share your personal information only with those you want to.
- Don't share your passwords, even with friends.
- Think about whether you would want other people to see your images; some images should not be posted in public places.

### Report it

- Keep records of calls or messages that are offensive or hurtful.
- Click the Report Abuse button on the site or visit the Office of the eSafety Commissioner's Report Cyberbullying section at <https://www.esafety.gov.au/complaints-and-reporting/offensive-and-illegal-content-complaints/report-offensive-or-illegal-content> for advice about reporting and direct links to social network and online gaming websites reporting pages.
- If you are physically threatened call the police in your state or territory.
- Report serious online bullying to <https://www.esafety.gov.au/complaints-and-reporting>

## FUNDRAISER FOR BPHS: ENTERTAINMENT BOOK

The Entertainment™ Fundraiser is a favourite with everybody at Banora Point High School. The Memberships sell for \$60, and we keep \$12 for every one we sell.

The Entertainment™ membership gives you access to thousands of **up to 50% off and 2-for-1 offers** for Gold Coast and Northern NSW best restaurants, cafés, attractions and the theme parks. Plus it offers the best in market prices for over 2,000 hotels and resorts that you can use whenever you like until 1 June 2019.

The Entertainment™ memberships are available as a Book (with a gold card and vouchers) or as a Digital Membership that puts all the offers in the Book, on your smartphone to redeem at the touch of a button.

**Pre-order yours today and you will receive \$260 in Early Bird Offers that you can use straight away (PTO)**

**To order your Book or your Digital Membership securely online visit:**

<http://www.entbook.com.au/1b44323>





# Year 12 Survival Plan

Year 12 is often seen as a year of stress for teens and their families, but these tips will help you and your teen not just survive, but thrive!

## Take a bearing

At the beginning of Year 12, it's important for your teen to consider their Year 11 results and whether they are on track for the final results they need. If there are any doubts, they need to talk to their course adviser or teachers about whether they should make any adjustments. It's a good idea for you to go to this meeting so that you can support your teen, while letting them lead the conversation.



## Learn from the past

Successful people spend time reflecting on their past performance in order to find ways to improve. Before Year 12 gets into full swing, encourage your teen to do this, using these questions as a guide:

- How well did I work in Year 11?
- What things helped me do well? How can I keep doing those?
- Are there things I could do differently this year?

## Keep things in balance

If your teen spends too much time studying, socialising or working and not enough sleeping, exercising or eating healthily, their learning and health are likely to suffer. Help your teen to work out how they will maintain a balance in their life, starting with a realistic schedule. Encourage them to stay connected with friends and family, and maintain interests outside school.

## Encourage help seeking

The most successful people recognise when they need help and go find it, so encourage your teen to see asking for help as a sign of strength, not weakness. Many schools offer weekly study sessions where tutors and teachers can provide one-on-one assistance, and most will have school counsellors your teen can talk to about broader issues. Make sure your teen knows what support is available at their school, and uses it if they need to.

There are also free and confidential telephone and web services for young people, such as [eheadspace](https://www.eheadspace.org.au) (1800 650 890). You can also contact eheadspace as a parent if you are ever concerned about the mental health of your teen (or any young person aged 12-25).

## Stay involved

While your teen is transitioning into adulthood, they still need you to stay actively involved in their education. Ideally your teen will see you as a coach or mentor, and be comfortable testing ideas with you, talking honestly about how they are going, and coming to you for advice. To be effective you'll need to stay across what is required at school, so make sure you go to parent/teacher interviews and other key meetings with the school.

## Become a time lord

An important part of this role is keeping track of all the dates that form part of the Year 12 calendar, including assignment due dates, exams, career days, university application deadlines, graduations and formals. Your teen's school will do their best to keep you informed, so check that they have your current contact details. Read all the notes, emails and newsletters they send, and make sure your teen does the same.

## Keep it in perspective

Year 12 is not an end in itself, but a step towards what your teen wants to do after school. There are many different ways to reach a particular career goal, so don't treat Year 12 as a 'make or break' year. Support your teen to do their best, with the confidence of knowing what the other options are if they don't do as well as they hope.

**Australian Government**

**Learning potential**

Learning Potential helps parents to be more involved in their child's learning, from the highchair to high school.

The **Learning Potential app** has lots of useful tips and ideas to help you make the most of those small opportunities in your busy day. Download it today, or try it online!

Get it on **GOOGLE PLAY** | Available on the **App Store**

The new **Learning Potential Resources** site has great activities you can do with your primary school child to help develop their literacy and numeracy skills. Some activities are offline, some are online, and all support the Australian Curriculum for primary school.

Check out the **Learning Potential Resources** website today!

## THOUGHT OF THE WEEK

“Don’t underestimate a child’s ability to do math.”

## SCHOOL &amp; COMMUNITY NEWS

## Statement of Accounts

The new look Statement of Accounts are currently being posted home for 2018.

General School Contributions, the Technology Levy and Elective Fees are used to provide essential teaching and learning equipment for students.

All parents are encouraged to pay their child’s contributions and relevant elective fees online via the school website.

Should you have any queries, please contact the office on 07 5513 1960.

## HOW DO I ACCESS ONLINE PAYMENTS?

The **\$ Make a payment** link can be found on the ribbon on the school’s Website. By selecting this link you will be taken to a secure Westpac payment page and follow the prompts.

<http://www.banorapnt-h.schools.nsw.edu.au/>

## SCHOOL &amp; COMMUNITY NEWS



### BACK TO BASICS

Schoolwear & Sportwear

#### UNIFORM STORE OPENING HOURS

2016-2017

##### TERM 1 & 4

Tuesday 12.30pm—3.00pm

Thursday 8.00am—11.00am

##### TERM 2 & 3

Thursday 8.00am—11.00am

*Uniform Store is located upstairs in J Block  
Credit Cards and EFTPOS accepted—sorry no cheques*



## Casuarina Beach Rugby Union

Expressions of interest for girls and women, wanting to be a part of the future of Rugby

#### Juniors U/13, U/15, U/17 and Open Women’s

#### Women’s Rugby 7’s Muster 2018

**DATE:** Wednesday 15 March

**TIME:** 5.00 – 6.00 pm

**WHERE:** Casuarina Rugby Fields, Casuarina

The 2018 information afternoon is on for new and existing players following will be a light skills session and training run –

**So bring your boots**

**Come and play Girls 7’s Rugby played locally**

[Interested](#)

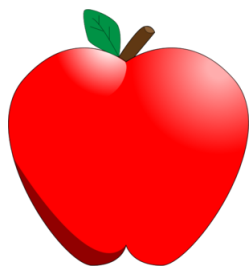
Contact our Woman’s Coach – Tony Wright (0434194413)

Email – [casuarinarugbyclub@gmail.com](mailto:casuarinarugbyclub@gmail.com)

[www.casuarinabeachrugby.com.au](http://www.casuarinabeachrugby.com.au)

Facebook – Casuarina Beach Rugby Club





## Canteen Menu 2017

### Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.50
Tuna	\$3.50
Lean Ham/Chicken Breast	\$3.50
Salad	\$3.50
Salmon	\$4.00

*Salad = lettuce, tomato, beetroot, carrot, cucumber*

### Extras

Salad	\$1.00
Avocado	\$1.00
Egg	50c

### Fresh Wraps

Salad with mayo	\$3.50
Chicken & salad w/mayo	\$4.50
Ham & salad w/mayo	\$4.50
Tuna & salad w/mayo	\$4.50

### Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.50
<small>Taco style mince with corn, avo &amp; sour cream</small>	
Sweet chilli tender wrap	\$4.50
<small>sweet chilli coated chicken tender w/sweet chilli sauce</small>	

### Daily Specials

#### Monday

Check specials board (specials change weekly)

#### Tuesday

Check specials board (specials change weekly)

#### Wednesday

Check specials board (specials change weekly)

#### Thursday

Eagle boys pizza (equal to 2 slices) \$3.50

Hawaiian, meatlovers, vegetarian, cheese

#### Friday

Nachos \$3.50

With sour cream and sweet chilli sauce

### Burgers - lettuce, cheese, tomato & beetroot w/ your choice of tomato BBQ, sweet chilli, aoli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.50
Chicken burger	\$4.50
Fish	\$4.50
Bacon & Egg Roll	\$4.00
Vegie	\$4.50

### Pies & Sausage Rolls

Sausage roll	\$3.50
Plain pie large	\$3.80
Spinach & ricotta roll	\$4.00
Flavoured pies	\$4.00
Sauce - tomato or BBQ	20c

### Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

### Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chipees	\$3.80
Macaroni cheese	\$3.80
Lasagne	\$3.80

### Drinks

Bottled water 600ml	\$1.50
Bottled water 750ml sip cap	\$2.00
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$2.00
Crazy lemon lemonade small	\$2.00
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N Go - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$3.00
Slushie Small	\$1.50
Slushie Large	\$2.50

### Fresh Sushi

Fresh Sushi	\$3.00
<small>Chicken &amp; avo, chicken teriyaki, tuna, honey soy chicken, tuna &amp; avo, prawn tempura, prawn sweet chilli, salmon &amp; avo, veggie tempura, salmon &amp; cream cheese salad, avo, iron, california roll (crab, avo &amp; egg).</small>	

### Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

### Extras in Salad Boxes

Egg	50c
Avocado	\$1.00
Chicken, ham, tuna	\$1.50

### Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.50
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.50
Jelly Cups	80c
Finger buns	\$2.00
Muffins	\$2.50

### Ice Treats

Frozen juice cup	80c
Many frozen cups	80c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00

Please note—the canteen has limited hot food items available at recess and lunch. To avoid missing out please place a lunch order before school.

