

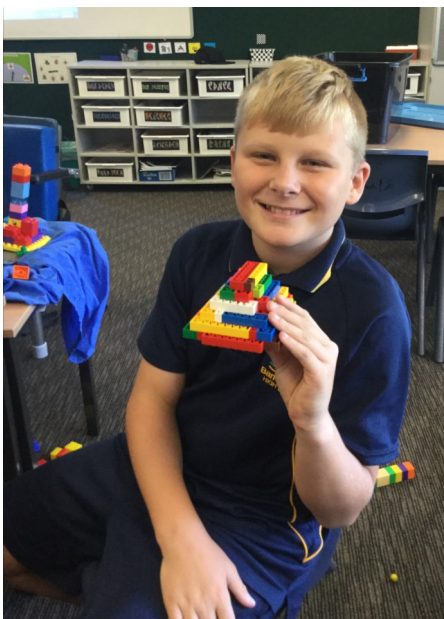
## SPECIAL EDUCATION FACULTY

Welcome and a happy 2018 to everyone reading this newsletter! We are excited about our new year, our new students and our programs are set to go.

Towards the end of 2017 we farewelled our Head Teacher, Deb Johnson who obtained a much sought after move close to family. Deb Johnson was passionate about her faculty and put in nine hard years of work to support students and their families. We shall miss her energetic self and wish her the very best in her new school.

This year we welcome Amanda Evans as Relieving Head Teacher and trust her qualities and abilities to be of great benefit to the Special Education Support Unit. The following staff remain as follows; Justine Hazell, Bridie Beard, Adela Melinz and a warm welcome to Cheryl Atkinson who has a three day a week post this term. Our SLSOs who support students and teachers are; Cindy Grace, Jo Stedman and Lisa Alman.

We also welcome our Year 7 students and their families to Banora Point High School. Our calendar throughout the year is constantly filled with events and meetings to support your child. We invite you to join events and participate in close dialogue concerning your child's individual educational program throughout high school. Important: The Swimming Carnival is held at the Oasis Pool, Banora Point next Wednesday the 14th February 2018. We welcome our support unit parents to join us for the swimming carnival.



# SPECIAL EDUCATION FACULTY CON'T

Various programs have been structured differently this Semester with Literacy and Numeracy periods held four days per week and supported by other programs on Wednesdays.

Work Experience and Community Access continue to be priorities for students especially in stage 5 and 6. Gaining opportunities to develop work skills and job possibilities are seen as paramount to the social, emotional, physical and mental well-being of students towards greater independence. Thank you to the business facilities for providing these opportunities. These opportunities are priceless.

Invitations will be periodically issued to parents to attend morning tea in the garden. Garden working bees will also feature this year and term meetings may herald "new" and seasoned parents to participate. Last year a special swimming program was run by two qualified staff members Amanda Evans and Jo Stedman and was very successful in observable progress witnessed by the staff.

Please remember we are here to support your child's education and are open to discuss any queries or issue with you. When deemed necessary please phone for an appointment for a suitable time.

All the best from the Special Education Support Unit staff at Banora Point High.

Ms Adela Melinz  
Classroom Teacher

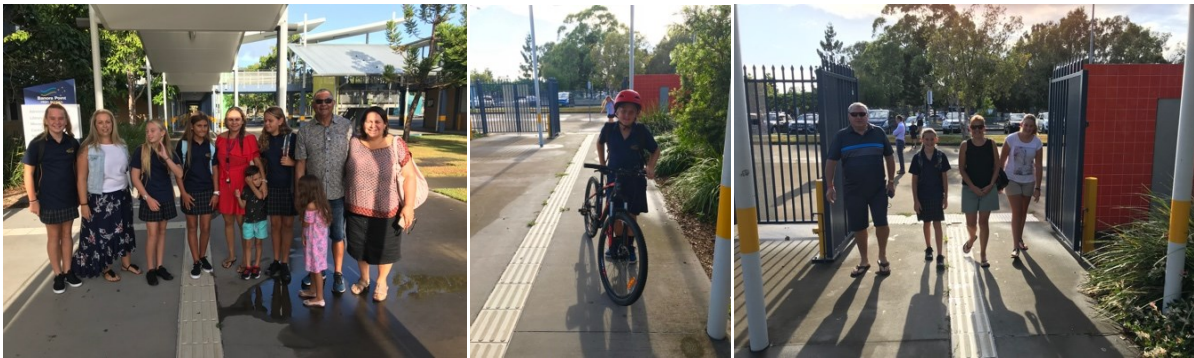


# FROM THE PRINCIPAL

“We foster an inclusive learning community, inspiring students to achieve their personal best by becoming lifelong learners, critical thinkers and healthy creative members of a global society.”

## FRESH START FOR YEAR 7

Our meet and greet BBQ for Year 7 students and parents occurred last week. Thank you to the parents, students and staff who attended. It was a great opportunity to meet with parents and get feedback on how our Year 7 students are transitioning to our school. The positive words shared by parents were evident when I visited classrooms. Students were focused and enjoying learning. Please be reminded that if you have any concerns regarding Year 7, please contact the Year Adviser Mrs Sheehan, our Girls Adviser Ms Verhoeven or the Deputy Principal 7 – 9 Mr Klöse, on the school number 07 5513 1960.



# FROM THE PRINCIPAL CON'T

## 2018 NEW STAFF

We have some changing faces at BPHS this year and I would like to introduce you to our new faces.

|   |   |   |   |  |   |
|---|---|---|---|--|---|
| <p>Mr Bachmann<br/>Deputy Principal<br/>10 - 12</p>                                 | <p>Mr Klose<br/>Deputy Principal<br/>7 - 9</p>                                      | <p>Ms Cooper<br/>Counsellor</p>   | <p>Ms Evans<br/>HT Special<br/>Education</p>  | <p>Ms Atkinson<br/>Special Education</p>   | <p>Ms Webster<br/>Learning and<br/>Support</p>  |
|    |    |    |    |    |    |
| <p>Ms Robinson<br/>English</p>  | <p>Ms Giblette<br/>English</p>  | <p>Ms Hunt<br/>English/HSIE</p>   | <p>Mrs Roworth<br/>HSIE</p>   | <p>Mr Taylor<br/>HSIE</p>  | <p>Mr McCallie<br/>PDHPE</p>  |
|   |   |   |   |   |   |
| <p>Mrs Jatyan<br/>Maths</p>   | <p>Mr Hammer<br/>Maths &amp; Science</p>  | <p>Ms Hargreaves<br/>HT Science</p>   | <p>Mr North<br/>Science/Maths</p>   | <p>Mr Kelly<br/>Science</p>  | <p>Mr Rimell<br/>TAS</p>  |
|  |  |  |  |  |  |
| <p>Mrs Swaddle<br/>School<br/>Administration<br/>Manager</p>                        |   |   |   |  |   |
|  |   |   |   |  |   |

# FROM THE PRINCIPAL CON'T

## SENIOR STUDENT FLEXIBLE ATTENDANCE

Banora Point High School's senior students are encouraged to adopt a mature, self-directed approach to learning. There are expanded privileges for senior students which bring increased responsibilities for individual actions and commitment. Senior students may find Study Periods are created in their timetable due to courses delivered through Distance Education, TAFE or Pathways programs. In such cases, senior students can make an application to the Deputy Principal 10 -12, Mr Bachmann, to seek approval for senior student flexible attendance. Information has been forwarded to all senior students and the provision for senior student flexible attendance started on Wednesday 7<sup>th</sup> February.

## PARENTS VISITING THE SCHOOL

Please be reminded for the safety and security of all your students at the school all visitors are required to present at the office to sign in and office staff will gladly support you to make contact with the appropriate person.

## KEEP AN EYE ON OUR UPCOMING EVENTS

- Swimming Carnival Wednesday 14<sup>th</sup> February
- School Photos Friday 23<sup>rd</sup> February – catchup day Monday 26<sup>th</sup> February
- POWER UP each Friday from 23<sup>rd</sup> February

Mr Chris Randle  
Principal

# BPBS SWIMMING CARNIVAL



The swimming carnival is on Wednesday February 14<sup>th</sup> at Oasis Swimming Pool, Banora Point.

Students have received permission notes last week. Please return this to the front office before Tuesday February 13<sup>th</sup>.

There is a **cost of \$4 upon entry**. Parents and caregivers are welcome to come and watch their children (no parental volunteers are needed this year). Please be aware that parents and caregivers attending the carnival will also need to pay \$4 to enter the pool.

Students are to meet at 8.30am at the pool gates where they will attend a roll call before competing in events. Those students who catch a bus to and from school, or who are dropped off early are to wait at the school gates for a teacher to escort them to the pool.

Students are encouraged to dress up however there is strict policy regarding body paint. Do not use body paint to colour your body. If you would like to colour your body please use coloured Zinc. Should body paint be brought with the student it will be confiscated or if is on a student they will need to wash this off.

Please discuss the safe diving guidelines provided in your permission note and we look forward to another successful carnival.

Regards  
Mr Williams  
Sports Organiser

## FROM THE DEPUTY PRINCIPAL YEARS 7 TO 9

Welcome back to the new school year to students, parents/carers and the wider school community. The start of the year is always very busy, with new staff and students settling into the school as well as a return to teaching or studies after a long break. A very warm welcome to our new year 7 students who were very excited on their first day of high school and have started their studies positively.

I would like to take this opportunity to report on the 2017 Recognition System including the semester 2, 2017 merit prize draw.

The draw is an important part of the schools Recognition System where students are awarded merit certificates for their:

- academic achievement
- application to studies
- contribution to school and/or community, and
- positive behaviour

The merit certificates students receive include a tear off section which is placed in a merit draw box. Once a semester the tear off sections are drawn from the box and prizes awarded. The second semester prize draw occurred at the Honours assembly.

In semester 2, 2017 the major prize winners were:

1<sup>st</sup> prize Elijah Williams, year 11

2<sup>nd</sup> prize Jasmine Kennedy year 11

3<sup>rd</sup> prize Joshua Byrne year 11



*Joshua Byrne, Jasmine Kennedy, Elijah Williams*

# FROM THE DEPUTY PRINCIPAL YEARS 7 TO 9 CON'T

Students were also awarded honours certificates based on the number of merit certificates they received throughout the year at both the semester 2 Sports/Honours/SRC assembly and the 2017 Presentation Day assembly.

The number of merit certificates received determines the level of Honours certificate awarded as follows:

- Honours Gold: 20 merit certificates
- Honours Silver: 16 merit certificates
- Honours Bronze: 12 merit certificates
- Honours: 8 merit certificates

Throughout 2017, 5 students performed at a consistently outstanding level to achieve an Honours Gold certificate. Congratulations to the following students:

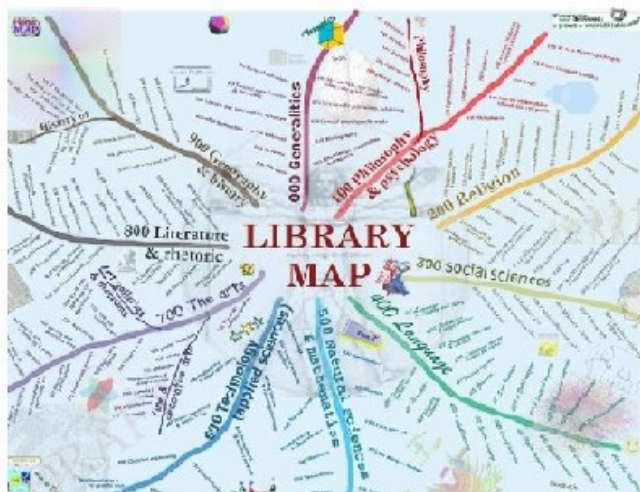
- Frances Carolan
- Zachary Churcher
- Liam Hanna
- Yasmine Router
- Taja Wagemaker

BPHS would like to thank the following businesses for their very generous donation of prizes for the merit draw.

Grill'd, Tweed City Shopping Centre  
BCC Cinemas, Coolangatta  
Zarrafra's Coffee, Banora Point  
Gelatto Messina, Coolangatta

Congratulations to the prize winners and to all students who received merit certificates throughout 2017 and best wishes to all students and staff for a successful year at BPHS in 2018.

Mr Lachlan Klose  
Deputy Principal



## Library opening times

|                  |                        |
|------------------|------------------------|
| <b>Monday</b>    | <b>8.00am - 2.30pm</b> |
| <b>Tuesday</b>   | <b>8.00am - 4.00pm</b> |
| <b>Wednesday</b> | <b>8.00am - 3.00pm</b> |
| <b>Thursday</b>  | <b>8.00am - 4.00pm</b> |
| <b>Friday</b>    | <b>8.00am - 3.00pm</b> |

**The Library is open every recess and lunch time, as well as before and after school.**

# SCHOOL PHOTOS



**click here**  
to view package options  
and order online

**advancedlife**  
school photography & print specialists



BANORA POINT HIGH SCHOOL  
School Photography Date:  
23/02/2018  
26/02/2018  
[ONLINE ORDER CODE](#)  
[Y9P P9L P2E](#)

Dear Parents,

School photography day is coming up very soon. Group and portrait photographs can be purchased by following the link above or by using the envelope.

Important Information:

- School photos purchased online DO NOT require envelopes returned to school\*
- Don't forget to order your sibling photos now
- **Late fees/additional charges will be applied for purchases after photo day**
- Photos will be returned to your school for distribution approximately six weeks after photos are taken

Past years' photographs including sports, co-curricular and representative groups available at school's **advancedlife** & your **advancedyou** photo sites (follow the link above)

\*Sibling photographs must be ordered either online or by order envelope prior to the day of photography. A photograph will not be taken without an order. Sibling photographs only apply to children enrolled at the school.

**advancedlife** would like to express our appreciation to BANORA POINT HIGH SCHOOL for placing your trust in us. Please remember we offer a 100% money back guarantee on our products to ensure your peace of mind. We would also love to receive your feedback or resolve any issues you may experience as fast as possible, to ensure your satisfaction. If you have any questions, comments or feedback relating to your advancedlife experience please contact us at-

**[enquiries@advancedlife.com.au](mailto:enquiries@advancedlife.com.au)**



# TALENTED ATHLETES PROGRAM SUMMER SUCCESS - KICKING GOALS!

Congratulations to Malachi Dumas who represented Australia as part of the U16 Australian Flying Boomerangs AFL team during the school holidays. Malachi travelled to Hong Kong and Fiji as part of this squad. A massive congratulations to Malachi and we know you will keep on kicking goals in 2018!!



The BPHS Talented Athletes Program is sponsored by McDonald's Banora Point

# TALENTED ATHLETES PROGRAM SUMMER SUCCESS - STRIVING FOR GOLD!

Congratulations to Bindi Ware who has qualified for a remarkable 3 events at the Commonwealth Games Swimming Trials starting February 28th.

This is an outstanding achievement Bindi and you have our whole school community behind you. We would like to throw out a massive congratulations to Bindi for all her hard work and enjoy the experience of racing against Australia's best swimmers.



The BPHS Talented Athletes Program is sponsored by McDonald's Banora Point

# FROM THE PDHPE FACULTY

## SENSITIVE ISSUES IN PDHPE

Personal Development, Health and Physical Education (PDHPE) is one of the key learning areas for students in Year 7 to 10. Our school's PDHPE program aims to provide opportunities for students to learn about, and practise ways of, adopting and maintaining a healthy, productive and active life. It also involves students learning through movement experiences that are both challenging and enjoyable, and improving their capacity to move with skill and confidence in a variety of contexts. It promotes the value of physical activity in their lives.



Our school's PDHPE program provides the opportunity for students to explore issues that are likely to impact on the health and wellbeing of themselves and others, now and in the future. These issues include physical activity, mental health, drug use, road safety, sexuality and sexual health, nutrition, respectful relationships, personal safety, diversity, gender roles and discrimination.

Some of the content of the program deals with sensitive issues. The school recognises this by teaching about these issues within the context of a developmentally appropriate program and by providing information to you about the program.

| Stage 4 (Year 7 and 8)  | Stage 5 (Year 9 and 10)   |
|---|---|
| <b>Relationships</b> <ul style="list-style-type: none"> <li>Adolescence and change</li> <li>Managing changes during puberty</li> <li>Recognising abuse</li> <li>Bullying and harassment</li> </ul>  | <b>Relationships</b> <ul style="list-style-type: none"> <li>Valuing difference and diversity</li> <li>Recognising and responding to abusive situations including family violence and date violence</li> </ul>   |
| <b>Drug Use</b> <ul style="list-style-type: none"> <li>Effect of drugs on health and wellbeing</li> <li>Legal and economic consequences of drug use</li> <li>Effect of other people's drug use</li> </ul>   | <b>Drug Use</b> <ul style="list-style-type: none"> <li>Effect on relationships</li> <li>Influence of cannabis use and other illicit drugs</li> </ul>  |
| <b>Sexual Health</b> <ul style="list-style-type: none"> <li>Understanding sexual feelings</li> <li>Gender expectations</li> <li>Rights and responsibilities in sexual relationships</li> <li>Sexually transmitted infections and blood borne viruses</li> </ul> | <b>Sexual Health</b> <ul style="list-style-type: none"> <li>Identifying and evaluating safe sexual health practices, including methods of contraception</li> <li>Sexual choices and their consequences</li> <li>Planning and managing sexual and reproductive health</li> </ul> |

Should you wish to discuss any aspect of the course or would like more information, please contact Josh Edwards on telephone 07 5513 1960 at the school.

# BANORA POINT HIGH SCHOOL P&C NEWS

The P&C had its first meeting for 2018 last week and welcomed some new faces. It is shaping up to be an exciting and successful year with new initiatives and fundraising events in the pipeline. Some of things to keep an eye out for include;

- Events entertainment book vouchers
- Easter Raffle - A signed "Broncos Jersey"
- Other Raffles - including sponsorship of major prizes from local business operators
- Fundraising events for the building of a new school Café including;
  - ⇒ Bunnings BBQ
  - ⇒ Grilled (Coolangatta) bottle caps fundraising

The P&C has committed to supporting the Mathematics faculty with the Maths Space site licence for all BPHS students. Please see staff from the Mathematics faculty if you have any questions regarding Maths Space.

The new girls shorts have recently sold out, there are more arriving in the coming weeks. They have proven a popular and successful addition to BPHS uniform.

The Rebel community kickbacks program will continue throughout 2018. Remember to mention BPHS when you purchase items from Rebel. The school gym recently received some new equipment thanks to this program. Rebel is also selling swim wear specifically designed for school house colours. You might like to purchase swim wear to support your child's house before the swimming carnival next Wednesday, 14th February.

P&C meetings are held on the first Monday of each month. The next meeting will also include our Annual General Meeting (AGM). All office bearer positions will become vacant and nominations for President, Vice President, Secretary and Treasurer will be voted for. Only financial members can make nominations but all new members are welcome to attend this meeting. The next meeting is scheduled for:

**Date:** Monday 5<sup>th</sup> March  
**Time:** 6:30pm  
**Where:** Conference room

Being a member of the P&C is the most beneficial way to be inclusive of school making decisions. It is a supportive environment enhancing relationships between the school and the community.

We would love to see you there.

Thank you  
P&C



## SCHOOL & COMMUNITY NEWS

# 5 STRATEGIES FOR DEALING WITH CYBERBULLYING

When you're experiencing cyberbullying, it can sometimes feel like you're stranded somewhere no-one else can get to, facing something that no-one else understands, and with nowhere to turn for help. But you're never alone. Cyberbullying affects more people than you might think, and there are steps you can take to deal with it.



### Strategy 1: Don't respond immediately

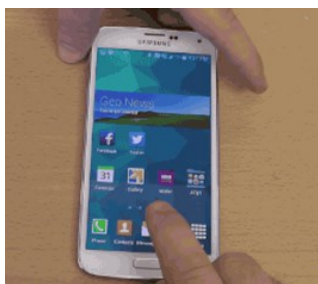
The aim of a lot of cyberbullying is to annoy, upset or confuse the person who is being targeted, so that they react emotionally. If you're being cyberbullied, keep in mind that the person who's targeting you wants you to respond.

A good strategy for dealing with this is not to give them what they're looking for. If someone says something to you online, tags you in a photo you don't like, or just generally does something unkind, put down your phone for an hour or more. Take that time to give yourself some emotional distance, and think carefully before you respond.

### Strategy 2: Follow up when you're calmer

After an hour, you'll probably feel a little calmer. Now you can go back online – maybe even with a friend or family member in the room with you – and get a proper feel for the situation before contacting the person who is cyberbullying you.

Using calm, neutral language, try to work out the situation with the person without letting them get to you. They might not even realise that you interpreted their actions as cyberbullying, and so a calm conversation is a good place to start.



### Strategy 3: Take screenshots

Screenshots are the best way for you to report an instance of cyberbullying. After all, the person who's cyberbullying you may delete their comment or photo when they realise that it might get them in trouble. Screenshots will ensure you always have a copy of what was said.

### Strategy 4: Try to stop compulsively checking posts

When you're in the thick of a cyberbullying attack, it can feel like the person who is cyberbullying you is literally in the room with you, shouting things in your ear and demanding your attention.

But it doesn't have to be that way. You can always limit your social media time to a few hours a day. That way, the bullying doesn't feel constant, and you can take a break from the online world to look after yourself.

"My self-care at the time was to take a bit of a break from social networking ... and to ensure that I spent a lot of quality time with family and friends. - Ashleigh, 23

You should never have to feel like you can't go online, but you can make sure you don't spend all day online dealing with bullying.

# 5 STRATEGIES FOR DEALING WITH CYBERBULLYING CON'T

## Strategy 5: Report and block

Most social media sites want to help you feel safe online. They don't want you to experience cyberbullying, either, so they have a lot of built-in tools to keep you safe. Just as importantly, they're always looking to introduce new technology to help you out.

If you've exhausted the reporting and blocking options within your social media platform and things are still really bad, you need to make a report to The Office of the Children's eSafety Commissioner by filling out this form.

Before you make a complaint, you need to:

- have copies of the cyberbullying material ready to upload (screenshots or photos)
- report the material to the social media service (if possible) at least 48 hours before filling out the form
- gather as much information as possible about where the material is located
- allow 15-20 minutes to complete the form.



## What can I do now?

- Hit up the Office of the Children's eSafety Commissioner.
- Talk to friends, family or your school counsellor about what's been going on.
- Find something else you can do for those times that you don't want to be online.

## SCHOOL & COMMUNITY NEWS



### INFORMATION FOR SCHOOL WATCH 2018

There has been a lot said lately about Cyber Bulling as well as Physical, in fact in Queensland recently a young student took her own life over this terrible practice.

We remind all concerned that this practise must stop and should anybody be affected by any type of bulling it should be reported to parents, teachers, and if necessary the School Liaison Police Officer at Tweed Police Station.

Another reminder travelling to and from school always try and walk with friends, there are safety in numbers, as we all know students walking alone that can be approached by people who could do harm. Remember if this happens yell as loud as you can and run then when you get to school or home report the incident immediately.

These are just a couple of reminders that are very important from School Watch/Neighbourhood Watch about safety for our children and we ask all concerned to make sure our young people are very much aware of these issues.

## SCHOOL & COMMUNITY NEWS

# SNAPCHAT....WE HAVE A PROBLEM

If you have allowed your primary school student or young teen a snapchat account, here's something you need to be aware of.

One of the search functions of Snapchat is providing too much information about their users. If the location services for the app are turned on a very concerning security problem is revealed. Snapchat has a very clever user retention strategy behind it. They lured in a whole generation based on the fact that their snaps would disappear after a short amount of time, so it became a second language for teenagers. A large percentage of kids say they use Snapchat because their parents don't. Also, if you turn off location services for snapchat you start to disable some of the photo filters, so kids won't turn off location services for Snapchat.



And there lies a BIG personal privacy and security issue that you and your children are not aware of and should be. Enter a school name or a suburb into the search feature on Snapchat and the app will deliver to you all of posts being made in proximity to the location. It will also suggest other schools (with other Snapchat account holders). Often this list will include the names of account holder and provides the individual searching locations with the option to add the account holder to their contacts. This raises two issues.

1. It provides evidence that numbers of students are using snapchat in and around school – often in defiance of the schools' mobile devices usage policy.
2. Complete strangers are able to target your child's Snapchat profile, using the school they attend as a way to find them. This issue is particularly disturbing.

Consider this possible scenario if you are not concerned by this information. A predator doesn't know the names or other regular locations of children attending any of the schools in the area that they may be, but simply by searching the school name in the Snapchat search feature, they are able to find regular users of Snapchat at these schools that are close to them.

Courtesy of Snapchat they are now able to add the accounts of any child they find, and may now happily follow their snaps, record or screen shot them.....and watch for other locations that appear regularly in a child's Snapchat feed, such as their home or regular place for sporting activity. They can also interact with the child through their account, and become "friends" with them on any other social media account. What can you do to minimise risk?

- Respect the age restrictions of 13+
- Build trust with your child by explaining why you insist the account be set to private.
- Ensure that Ghost Mode is enabled on the Snap Map, so account holder information is hidden.
- Turn the location services for the app off on the device.
- Regularly review with your child who interacts with their account.
- Ask your child to respect the schools mobile phone policy.

[www.safeonsocial.com](http://www.safeonsocial.com)

THOUGHT OF THE WEEK

SCHOOL & COMMUNITY NEWS

**BE STRONG**  
BUT NOT RUDE

**BE KIND,**  
BUT NOT WEAK

**BE BOLD,**  
BUT NOT BULLY

**BE HUMBLE,**  
BUT NOT TIMID

**BE PROUD,**  
BUT NOT ARROGANT

www.the36thavenue.com



**BACK TO BASICS**

Schoolwear & Sportswear

UNIFORM STORE  
OPENING HOURS

2017-2018

TERM 1 & 4

Monday 1.45pm - 3.00pm  
 Tuesday 1.45pm - 3.00pm  
 Thursday 8.00am - 11.00am

TERM 2 & 3

Thursday 8.00am - 11.00am

*Uniform Store is located upstairs in J Block*



SCHOOL & COMMUNITY NEWS

**KINGSCLIFF HOCKEY CLUB  
SIGN-ON DETAILS**

**WHEN:** Sat 17<sup>th</sup> Feb

**WHERE:** Merv Edwards Oval, Sand St, KINGSCLIFF  
(across the road from the Cudgen Leagues Club)

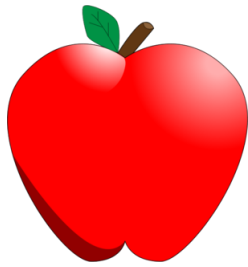
**TIME:** From 10 am

**Inquiries:** Donna Fay 0448 186 591, Greg Edwards 0407 457165,  
Brett Gray 0438 852768 or Ross Salmon 0421 489 921

Players for all Grades are required ie beginners, 5 to 9 yrs. along with Juniors to open  
Season begins early April, 2018







**Canteen Menu 2017**

**Sandwiches**

|                         |        |
|-------------------------|--------|
| Vegemite                | \$2.00 |
| Cheese                  | \$2.50 |
| Egg plain or curried    | \$3.50 |
| Tuna                    | \$3.50 |
| Lean Ham/Chicken Breast | \$3.50 |
| Salad                   | \$3.50 |
| Salmon                  | \$4.00 |

Salad = lettuce, tomato, beetroot, carrot, cucumber

**Extras**

|         |        |
|---------|--------|
| Salad   | \$1.00 |
| Avocado | \$1.00 |
| Egg     | 50c    |

**Fresh Wraps**

|                        |        |
|------------------------|--------|
| Salad with mayo        | \$3.50 |
| Chicken & salad w/mayo | \$4.50 |
| Ham & salad w/mayo     | \$4.50 |
| Tuna & salad w/mayo    | \$4.50 |

**Special Wraps** - lettuce, tomato, cheese

|  |        |
|--|--------|
| Mexican Wrap   | \$4.50 |
| <small>Taco style mince with corn, avo &amp; sour cream</small>        |        |
| Sweet chilli tender wrap -   | \$4.50 |
| <small>sweet chilli coated chicken tender w/sweet chilli sauce</small> |        |

**Daily Specials**

|  |        |
|--|--------|
| <b>Monday</b>  |        |
| Check specials board <small>(specials change weekly)</small> |        |
| <b>Tuesday</b>   |        |
| Check specials board <small>(specials change weekly)</small> |        |
| <b>Wednesday</b>   |        |
| Check specials board <small>(specials change weekly)</small> |        |
| <b>Thursday</b>  |        |
| Eagle boys pizza (equal to 2 slices)                         | \$3.50 |
| <small>Hawaiian, meatlovers, vegetarian, cheese</small>      |        |
| <b>Friday</b>  |        |
| Nachos   | \$3.50 |
| <small>With sour cream and sweet chilli sauce</small>        |        |

**Burgers** - lettuce, cheese, tomato & beetroot w/  
your choice of tomato BBQ, sweet chilli, aoli or mayo

|                               |        |
|-------------------------------|--------|
| Cheese burger - beef & cheese | \$3.50 |
| Hamburger                     | \$4.50 |
| Chicken burger                | \$4.50 |
| Fish                          | \$4.50 |
| Bacon & Egg Roll              | \$4.00 |
| Veggie                        | \$4.50 |

**Pies & Sausage Rolls**

|                        |        |
|------------------------|--------|
| Sausage roll           | \$3.50 |
| Plain pie large        | \$3.80 |
| Spinach & ricotta roll | \$4.00 |
| Flavoured pies         | \$4.00 |
| Sauce - tomato or BBQ  | 20c    |

**Toasted Turkish Bread**

|                       |        |
|-----------------------|--------|
| Ham & cheese          | \$3.50 |
| Chicken, cheese & avo | \$4.00 |

**Others**

|                     |        |
|---------------------|--------|
| Corn on the cob     | \$1.20 |
| Potato wedges (cup) | \$3.00 |
| Hot dogs - fat free | \$3.00 |
| Chicken chipees     | \$3.80 |
| Macaroni cheese     | \$3.80 |
| Lasagne             | \$3.80 |

**Drinks**

|  |        |
|--|--------|
| Bottled water 600ml                    | \$1.50 |
| Bottled water 750ml sip cap            | \$2.00 |
| Milk - plain small                     | \$1.20 |
| Poppers - apple, orange, tropical      | \$1.60 |
| Focus water                            | \$2.00 |
| Crazy lemon lemonade small             | \$2.00 |
| Crazy lemon lemonade large             | \$3.00 |
| Glee                                   | \$2.00 |
| Up N Go - choc, straw, banana, vanilla | \$2.00 |
| Flavoured Milk 300ml                   | \$2.00 |
| Flavoured Milk 500ml                   | \$3.00 |
| Iced coffee                            | \$3.50 |
| Hot chocolate                          | \$2.50 |
| Juice 500ml 35%                        | \$2.80 |
| Juice 500ml 100%                       | \$3.00 |
| Iced Tea                               | \$3.00 |
| Slushie Small                          | \$1.50 |
| Slushie Large                          | \$2.50 |

**Fresh Sushi**

|   |        |
|---|--------|
| Fresh Sushi   | \$3.00 |
| <small>Chicken &amp; avo, chicken teriyaki, tuna, honey soy chicken, tuna &amp; avo, prawn tempura, prawn sweet chilli, salmon &amp; avo, veggie tempura, salmon &amp; cream cheese, salad, avo, iron, california roll (crab, avo &amp; egg).</small> |        |

**Salad Boxes**

|             |        |
|-------------|--------|
| Fruit salad | \$3.50 |
| Salad       | \$3.50 |

**Extras in Salad Boxes**

|                    |        |
|--------------------|--------|
| Egg                | 50c    |
| Avocado            | \$1.00 |
| Chicken, ham, tuna | \$1.50 |

**Snacks**

|   |        |
|---|--------|
| Sumo biscuits                           | 50c    |
| Eucalyptus drops                        | 60c    |
| Fruit - banana, orange, apple, seasonal | \$1.00 |
| Assorted Chips                          | \$1.50 |
| Cheese & bacon rolls                    | \$2.00 |
| Vegemite & cheese scroll                | \$2.50 |
| Jelly Cups                              | 80c    |
| Finger buns                             | \$2.00 |
| Muffins                                 | \$2.50 |

**Ice Treats**

|                         |        |
|-------------------------|--------|
| Frozen juice cup        | 80c    |
| Many frozen cups        | 80c    |
| Calippo                 | \$1.00 |
| Icy twist               | \$1.20 |
| Paddle pops             | \$1.50 |
| Paddle pop shaky shakes | \$2.00 |
| Frozen yoghurt          | \$2.00 |

Please note—the canteen has limited hot food items available at recess and lunch. To avoid missing out please place a lunch order before school.

