

FROM THE SCIENCE FACULTY

SCIENCE AND ENGINEERING CHALLENGE 2017

On Thursday 22nd of June 2017 a band of keen scientists and engineers from Banora Point High School (BPHS) attended a Science and Engineering Challenge at Southern Cross University. The Science and Engineering Challenge encourages students in years 9 and 10 to consider careers in science or engineering, and to study the enabling sciences in senior high school. The challenge involved a number of day and half day activities ranging from bridge building to building a catapult. Other activities included 'Flat Pack' (designing a table and chair that collapses into a flat pack for transport), 'Grasping at Straws' (constructing a functioning bionic hand from straws, string and PVC pipe) and 'Helter Skelter Shelter' (constructing a tall earthquake proof tower from basic materials).

Mr Hey and I were lucky enough to accompany these students down to the Lismore Campus. BPHS students excelled in all of their activities and they did their school proud, not only in their achievement but also in their dedication, commitment and enthusiasm on the day.

Mr Mark Mackenzie
Class Teacher, Science Faculty



YEAR 11 BIOLOGY AND SENIOR SCIENCE EXCURSION

Last term Year 11 Biology and Senior Science students participated in a 2 day camp to complete field work for their courses. The weather was spectacular, and students visited places most had never been to before. The first stop was the Brunswick Nature Reserve, where students took a range of abiotic measurements in the mangrove ecosystem. A transect of plant species was undertaken and fauna was observed. The next stop was also in the nature reserve where quadrat sampling was undertaken, and different species of plants were observed in a coastal littoral rainforest ecosystem. We stayed at Dorroughby Outdoor Education Centre for the night where a campfire raged and students were able to cook “twists”, which is damper on a stick. The next day binoculars were taken over to the dam on the adjoining property and we could see platypuses. Later in the morning we reached the final stop for the trip – Minyon Falls in the Nightcap National Park. Further transects were under taken and more data collected on abiotic features in the rainforest. The day was completed with a walk through dense rainforest to the bottom of Minyon Falls. Everyone returned tired, but happy.

Ms Sheridan Hargreaves

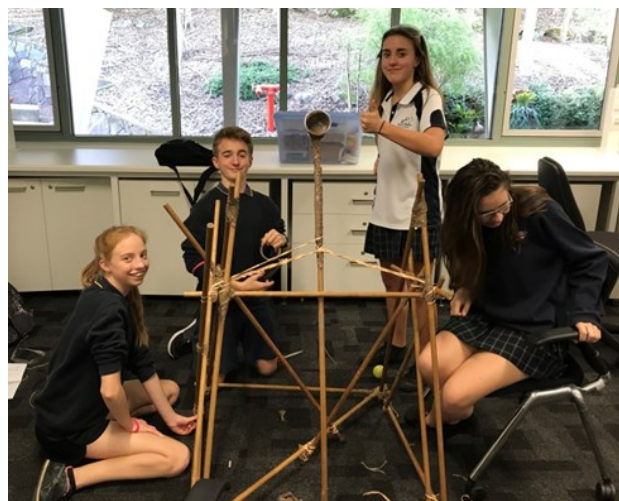
Relieving Head Teacher Science Faculty



YEAR 11 BIOLOGY AND SENIOR SCIENCE EXCURSION



SCIENCE AND ENGINEERING CHALLENGE 2017



FROM THE PRINCIPAL

EDUCATION WEEK

Education Week is a state-wide, annual event to celebrate public education in NSW. This year it will be held from 31 July to 4 August 2017.

The week highlights the achievements of public education and local schools, putting the spotlight on our students, our educators and the communities that support them.

This year's theme is I Learn, We Learn. It is a celebration of our schools' commitment to ensuring:

- **System-wide improvement** - Every student, every teacher, every leader and every school will improve every year.
- **High expectations for all** - A culture of high expectations for our students and our educators sets high standards, which leads to high achievement.
- **Personalised student learning** - By teaching to the strengths and needs of each individual, students will be better able to reach and exceed their potential.
- **Wellbeing** - Every student will be known, cared for and respected.
- **Creating stronger ties with local communities** - Parents and carers are our schools' partners in the education and wellbeing of each student. Partnerships with local businesses and industry create opportunities for our students to contribute to and thrive in society.

YEAR 12 TRIAL EXAMINATIONS

The TRIAL Examination period for our HSC students begins week 4 Term 3, Monday 7th August 2017. Year 12 students should be fine tuning their understanding and recall of course content which will be examined and have practiced examination questions in preparation for this significant assessment task. Earlier in the year, Mr Klose facilitated a study preparation workshop for students and parents. If you missed this valuable workshop, you can find the resource made available to students and parents on our website, <http://www.banorapnt-h.schools.nsw.edu.au/years/year-12>

Parents and carers of year 12 students, please look for the "Keeping Things In Perspective" letter in the mail.

PARTNERS IN LEARNING

We will also be participating in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carers views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, ipads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 21 August and 13 October 2017. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

FROM THE PRINCIPAL CON'T

TELL THEM FROM ME SURVEY

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our students also participated in a *Tell Them From Me* student survey in Term 1 this year. Asking students to complete the survey twice in one year allows us to identify trends in student responses as well as track engagement and motivation across the school year.

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 21 August and 13 October. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you **do not** want your child or children to participate, please return the form to school by **18th August**. Copies of the form and FAQs are available from: <http://surveys.cese.nsw.gov.au/information-for-parents>.

ATTENDANCE

EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!



Christopher Randle
Principal

FROM THE MATHEMATICS FACULTY

Following on from the completion of our first semester, I thought it was an opportune time to remind everyone of the support processes in place, for students in Years 7 to 10, to assist students completing assessment tasks.

Students are allowed to bring into their topic tests and examinations one A4 sheet of paper, with writing allowed on both sides of the paper, which is called a Learning Log. Students are given time in class to start preparing these Learning Logs, which should include information (both written and visual) to help them answer questions in the test.

Example of Learning Log

Pythagoras Theorem

hypotenuse

• opposite the angle

• longest side

$a^2 = b^2 + c^2$
 $= 10^2 + 11^2$
 $= 100 + 121$
 $= 221$
 $a = 14.9$

$a = 14.9$

Percentages

$\frac{1}{3} =$ (on calc)
 $\frac{1}{3} \times 100 = 33.3\%$

$5\% = 54/100 \div 2 = 27/50$

$0.25 = \frac{25}{100} \downarrow$
 $p = 25\%$

$25\% \text{ of } 365 =$ Find 10% 36.5
 2. Find 5% 18.25
 3. x 10% by 2 36.5
 4. Add 5% 36.5

13 out of 30 =
 $\frac{13}{30} = 0.433$
 $p = 100 \div 30 = 8.3$
 $13 \times 8.3 = 107.9$
 $107.9/100 = 1.079$

45 - 15% = $15/100 \times 45 = 6.75$
 $45 - 6.75 = 38.25$

155% x 60 = $155/100 \times 60 = 93$

1250mL bottle is increased by 40% for free, calculate new volume in L.
 1. $40/100 \times 1250 = 500$
 2. $1250 + 500 = 1750 \text{ mL}$
 3. 1.75L

Financial Maths

15% GST for GST exclusive figure of \$100.

$\$100 \times 15\% = \15 GST

To get the total GST inclusive figure simply add GST to GST exclusive amount.

$\$100 + \$15 \text{ GST} = \$115 \text{ GST inclusive}$

Formula for pre-GST prices.

$\$115 \times 8 - 03 = \15 GST so
 $\$115 - \$15 = \$100 = \text{pre GST amount}$

If a book that costs \$19.95 is on sale for 30% off, how much is the book?

$10\% \times 19.95 = 1.995$
 $1.995 \times 3 = 5.985 (30\%)$
 $19.95 - 5.985 = \$13.97$

A phone was discounted by 20% & now cost \$530 what's the original price?
 $80\% A = \$530$
 $a = \$530 \div 0.80 = \662.50

Ratios & Rates

boys & girls
 $4 : 3$

$36 : 24$
 $6 : 4$

$4 : 9 = 16 : 36$

$5 : 3 = 2$

Ingredients:
 Flour Sugar
 1 : 3

• Ratio of boys to girls is 4:3, there are 33 kids, how many boys?
 $4x + 3x = 33$
 $7x = 33$
 $x = 4.71$
 $4 \times 4.71 = 18.84 \approx 19 \text{ boys}$

• You can compare km/h

• They went for a 2 hour trip & drove an average speed of 30km. 60km/h

• If you get 200mL for \$2 but another shop gives you 175mL for \$2 which one's the best deal?

FROM THE MATHEMATICS FACULTY Con't

Once students have sat their topic tests, students are given a second opportunity to improve on their performance and improve their grade through the Test Correction Procedure. Once the teacher has marked their test, the students are given their test back and are allowed one week to complete the Test Correction Procedure. Students have been given an explanation of this process in class at the beginning of the year and there are posters outlining the procedure in Mathematics classrooms.

Test Correction Procedure Poster

TEST CORRECTION PROCEDURE

You have one week to complete test corrections. The week begins on the day that your graded test is handed back to you.

You may get help from your classmates, parents, or teacher (please make an appointment). However, make sure **you** understand your errors enough to explain them clearly.

You must do the following **on a separate sheet of paper** for each incorrect question or problem on the test:

- Number the problem/question and rewrite it.
- Write at least two **complete sentences** explaining what your error was and what you need to do to correct it. Write enough to prove that you understand it now.
- Show all work to correct the problem or question and include the right answer.

You can earn as much as half of the missed points back.

EXAMPLE SENTENCES:

"I made a mistake with exponent rules in the original expression. I should have added the exponents, but instead I multiplied them. To fix this, I will have to use the product rule instead of the power rule."

"My error was just a simple multiplication mistake. The volume for the cylinder that I found was twice as big as it should be because I accidentally multiplied the height and area of the base incorrectly. I wrote that 6×4 was 48. It was just a silly mistake."

Students are encouraged to take advantage of these supportive processes and to regularly seek advice and feedback from their teachers to help them through this.

It is also important for students to come to examinations prepared with correct mathematical equipment (calculator, geometry set, pens, pencils, erasers and sharpeners) to perform to the best of their ability. It was disappointing to see lots of students, especially in year 9, turn up to their half-yearly examinations this year without a calculator.

Assessment Tasks this Term

- Year 11** General Mathematics, Mathematics in Driving Assignment, Due Friday 4th August 2017
- Year 9** Trigonometry Assignment, students are currently completing practical components in class, students to check with their class teacher when their task is due
- Year 8** Ratios and Rates Assignment – will be handed out in Week 4
- Year 10** Similarity Assignment – will be handed out in Week 9

Mrs J Smith,
Head Teacher Mathematics Faculty

FROM THE CAREERS OFFICER

SCHOOL TO WORK

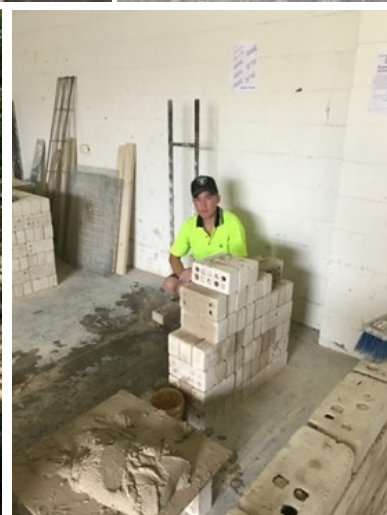
For the second time at Banora Point High School, students were extended an opportunity to participate in a Pre-Apprenticeship Course run by Mr Ian Hillen from GTK Construction. This was a 2 x 4 week block course where students earned a Certificate II in Construction and Bricklaying. Students attended this course instead of school and learned how to engage in work sites and work for tradespeople. They have gained valuable on-the-job training, their White Card, and are well on their way to a successful trade's career. A taster course will be offered in Term 4 2017, so if you are interested in having your child participate please get in contact with me.



A massive congratulation goes to the following boys, who received their outstanding portfolios from Ian on assembly last term.

Dylan Rositano
Aaron Sunter
Dylan Palmer
Joel Singh-Guse

Aaron has decided to continue his training and has begun Certificate III qualifications, which when finished, will have him 2nd Year Apprentice qualified.



FROM THE CAREERS OFFICER Con't

SCU HEAD-START

SCU Head-Start provides an opportunity for Year 11 and 12 students to gain direct entry and advanced standing into a variety of courses offered at Southern Cross University. Free from university fees, the program offers the chance to gain a taste of university life, stimulate your interest in academic pursuits and enhance your educational performance and long term aspirations.

The program has been designed for students who have the academic capability to succeed at university. Applicants are selected on merit, based on their academic performance, a personal statement and the recommendation of their Principal and Careers Adviser.

Applications for 2018 are now open and will close on 13th October 2017.

On Tuesday 18th July, I was privileged to attend the Graduation Ceremony for the Head Start cohort of 2017. This cohort also included 2 students from Banora Point High School. Samantha Storer in Year 12 and Sasha Salt in Year 11. I am very proud of these 2 girls who have succeeded in the "Communications and Organisation" Course for Head Start 2017.

Samantha has graduated with a Credit and Sasha has graduated with the highest mark ever of a Year 11 student receiving a High Distinction.

Southern Cross University has thanked Banora Point High School for their continued support of the Head Start program with a digital photo frame which will be on display in the front office.

Once again.... MASSIVE CONGRATULATIONS to these 2 students.

Ms Jessica Dreyer, Careers Officer



RECOGNITION OF ACHIEVEMENT

Ice Hockey

The Banora Point High School community wish to congratulate Joshua Salt in year 7 on his outstanding achievements in his chosen sport, ice hockey.

All of Joshua's dedication saw him being selected to attend the Ice Hockey Australia National Camp earlier this year. More recently, Joshua was selected by Ice Hockey Queensland for the very competitive Peewee State Team (Under 13's). Joshua will soon travel with the Queensland Peewee State Team consisting of 14 Players and 2 Goalies to the Ice Hockey Australia "Ginsberg National Championships" at Perth Ice Arena, Malaga, Western Australia from 9-12 August 2017. Joshua's position on the State Team is Forward on the Wing.

Joshua belongs to Southern Stars Ice Hockey at Acacia Ridge, Brisbane. He trains 3 times a week at both Acacia Ridge Ice and Gold Coast Ice, and plays League Games in Brisbane. Joshua has been playing Ice Hockey for 6 years, and has competed in regular League Competitions, In-house Comps and Ice Hockey Tournaments.

All the staff and students at Banora Point High School wish Joshua the very best with his upcoming competitions.



Congratulations to Celina Gooley
1st to finish her Premier Reading Challenge list of books
PRC finishes 25 August 2017

RECOGNITION OF ACHIEVEMENT

Rugby League

Congratulations to the U13 boys rugby league team who made the Country Cup FNC finals in Ballina on Tuesday 19th July 2017. The boys played 3 tough games on the day and unfortunately didn't progress to the next round however they played the game with a great spirit and showed that they can mix it with the best teams in the area. Congratulations to Kai Smallwood who was voted as our Most Valuable Player on the day.

Well done.

Mr Nathan Williams
CHS Sports Co-ordinator



Needing Assignment Help?

The Learning Hub is open for Assignment and Study help during the following times:

Tuesday	7.50am – 8.30am
Wednesday	Sport time 1.00pm – 2.30pm
Thursday	2.30pm-3.00pm
Friday	Lunch

Learning and Support Teacher



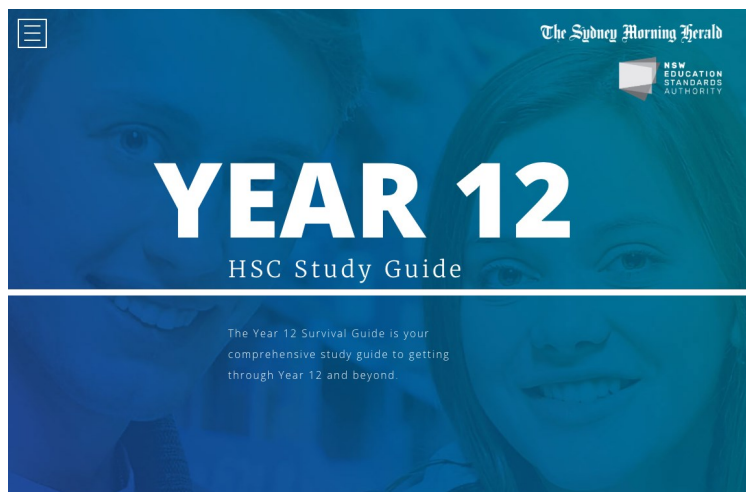
HOW FAMILY CAN SURVIVE THE YEAR + 10 KEY STUDY TIPS

MY DAUGHTERS RECENTLY FINISHED THE HSC. HERE'S HOW WE HELPED THEM.

<http://www.smh.com.au/national/education/hsc-study-guide-2017>

Stephanie Davison

Cheltenham Girls High School, parent



As a parent of two very different daughters who have undertaken the HSC in the past few years, I found a few strategies that made those stressful times more manageable.

Communication

Sometimes teens stress and don't talk. This can lead to further unnecessary stress. I found it useful to take a cup of tea and sit with them for five minutes to make sure they were OK and kept me in the loop. Often talking and helping them break up an assignment into smaller parts made the huge appear more achievable.

Planning

I found helping a child create a weekly planner noting when they plan to study, take breaks and do other things, to be calming. The plan was a guide, not a timetable, but it allowed an overall view of what should fit where. Have they taken on too many extracurricular activities this year? My girls gave up one sport each to limit outside commitments. However, it was important to maintain at least one activity to give them balance, structured exercise, a chance to mix with friends from outside school and release stress. We always included time for a walk and tea breaks. After a walk around the block, you can see with freshness and clarity.

Family

When we did our own final high school exams, it did not seem as all consuming, so it can be hard at first to realise it is now a different world. Some family functions may need to be missed when assignments and exams loom. You may receive backlash from relatives who do not understand. One missed family lunch will not hurt. However, we never let our daughters have dinner in their rooms. To keep routine, dinner was always together with discussion kept light and general.

Food

Being aware of their favourite healthy treats is important. Keeping fresh fruit, muesli bars and juice available gives them an opportunity to leave their rooms and grab something to refuel. Water, water, water is always the best choice. A good breakfast on exam day sets them up to perform at their best.

HOW FAMILY CAN SURVIVE THE YEAR + 10 KEY STUDY TIPS Con't

Study space

Yes, it's ideal for students to have a quiet study space at home, however, one daughter found study at the library suited her as there were fewer distractions and no noise. My eldest liked to arrive at school just prior to an exam, my second daughter preferred to be there early and study in the grounds. They both loved palm cards as a way to summarise and revise work. I indulged them both with pens of their choice. Writing long essays by hand is not as common now, so providing them with pens they found easy to write with helped.

As a parent you know your child. I knew with my first daughter, I needed to be around more to help keep her stress levels down, whereas my second daughter was less stressed when left alone to manage herself. The HSC is a hard time for family, however, it is not the end of the world. It is one way to move into the next step in life. While a good result is the easiest way into university, it is not the only way. So good luck and keep hugging your children tight, even when they wriggle away.

10 great study tips

Make yourself a study timetable and include breaks and activities other than study.

1. Colour code your notes.
2. Use highlighters.
3. Make posters and put them up where you can see them (your door, the bathroom mirror, on the fridge).
4. Record notes or information on your phone so you can listen to your notes when you walk, are on the bus or train.
5. Get a study buddy or form a study group. Not a social circle, a study group.
6. Share problems with friends, IRL and online.
7. Break down study tasks into pieces and tackle them one at a time.
8. Do practice papers under timed conditions.
9. Keep asking your teacher for feedback and help.

http://www.smh.com.au/national/education/hsc-study-guide-2017/advice/top-10-study-tips-20170530-gwg80q/?utm_source=TractionNext&utm_medium=Email&utm_campaign=NESA+News+29+May

THOUGHT OF THE WEEK



SCHOOL & COMMUNITY NEWS

**BACK TO BASICS**

Schoolwear & Sportswear

UNIFORM STORE**OPENING HOURS**

2016-2017

TERM 1 & 4

Tuesday 12.30pm—3.00pm

Thursday 8.00am—11.00am

TERM 2 & 3

Thursday 8.00am—11.00am

*Uniform Store is located upstairs in J Block**Credit Cards and EFTPOS accepted—sorry no cheques*

SCHOOL & COMMUNITY NEWS

North Kirra Surf Life Saving Club

North Kirra SLSC is looking for new members to join our great little club.

Patrolling our beach is a rewarding experience – where else can you contribute to the community but be in the best summer location at the same time.

In return, you receive access to free training, patrol uniforms, lunch when on patrol duty, ability to compete in various areas of surf sports and lifelong friendships.

**** Next Bronze Course – starting 13 August (every Sunday morning for 8 weeks)**
– contact our office now to sign up and become a lifesaver!



- Free training available across many courses – Bronze Medallion, First Aid, Advanced Resuscitation, IRB
- Develop life skills and surf awareness in a safe and fun setting making lifelong friends
- Small, family friendly club offering an encouraging and supportive environment
- Competition and Carnivals throughout the season if you have that competitive streak (carnival fees included)
- Social activities and events throughout the season
- 2 patrol shifts (8am-12.30pm/12.30-5pm every Sat, Sun, P.H.) – generally patrol once every 3 or so weeks

Join the lifestyle - it is never too late! Learn new surf skills, enjoy the beach with old and new friends and experience a great feeling of self-worth, contributing to your local community.

For more information, please contact our Surf Club Administration via surfclub@northkirra.com.au

**Introductory
Membership
Rate:
Just \$35 for
the season**
** Must be 15 years or
older

SCHOOL & COMMUNITY NEWS

COOLANGATTA SURF LIFE SAVING CLUB

Marine Parade Coolangatta Qld 4225 + Tel: 07 55368474 + Email: office@coolangattaslc.com.au + www.coolangattaslc.com.au



2017/2018

JOIN THE TEAM +Family+Fun+Friendship+Team Sport+Fitness+Gym+Coaching

LEARN TO +Pick a Rip+Paddle a Rescue Board+Operate an IRB+Row Surf Boats

EDUCATION +Free Training+Bronze+First Aid+CPR +Advanced Resuscitation

VOLUNTEER +Patrols+Water Safety+Officials+Team Managers+Age Managers

MEMBER BENEFITS +Up to 20% discount on food and beverage at the Surf Club Coolangatta



COOLANGATTA SURF LIFE SAVING CLUB



2017/2018
FAMILY
VALUE

MEMBERSHIP FEES

Family	\$110
Patrolling 18+	\$50
Patrolling U18	\$40
Nipper (U6-U14)	\$40
Non-Patrolling	\$70

NIPPERS SIGN ON

6th Aug 2017
3rd Sept 2017
10am-12pm

Pool Proficiency
South Tweed Indoor Heated Pool
Heffron Street, Tweed Heads
1pm-3pm

BRONZE/SURF RESCUE CERTIFICATE COURSES

Included in
membership fees
NO EXTRA COST!

Weekend Course
Sunday 8:00am-12:00pm
20th August—1st October 2017
21st October—16th December 2017

1 Week Course
8:30am-3:00pm daily
23rd September—1st October 2017
6th—13th January 2018

For further enquiries contact the office today! Tel: 07 55368474 Email: office@coolangattaslc.com.au

SCHOOL & COMMUNITY NEWS

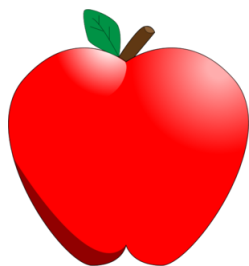
**2017/18 Tweed Heads and Coolangatta
Surf Club NIPPERS**

SIGN ON DAY



- | | |
|-----------------------------|----------------------|
| ✓ FAMILY FRIENDLY CLUB | SAFE SHELTERED BAY |
| ✓ LOADS OF PARKING | SUPER BANK |
| ✓ FREE UNIFORM | SURF SAFETY |
| ✓ FREE CARNIVALS | NEW BOARDS |
| ✓ RENOVATED CLUB | WATER SLIDES |
| ✓ CAFÉ PRECINCT | PARENT SOCIAL EVENTS |
| ✓ LOADS OF TRAINING OPTIONS | |
| ✓ WORLD CHAMPION COACHES | |

3rd SEPTEMBER BANORA POOL @ 9AM
BRING YOUR TOGS AND BIRTH CERTIFICATE



Canteen Menu 2017

Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.50
Tuna	\$3.50
Lean Ham/Chicken Breast	\$3.50
Salad	\$3.50
Salmon	\$4.00

Salad = lettuce, tomato, beetroot, carrot, cucumber

Extras

Salad	\$1.00
Avocado	\$1.00
Egg	50c

Fresh Wraps

Salad with mayo	\$3.50
Chicken & salad w/mayo	\$4.50
Ham & salad w/mayo	\$4.50
Tuna & salad w/mayo	\$4.50

Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.50
<i>Taco style mince with corn, avo & sour cream</i>	
Sweet chilli tender wrap -	\$4.50
<i>sweet chilli coated chicken tender w/sweet chilli sauce</i>	

Daily Specials

Monday	
Check specials board	<i>(specials change weekly)</i>
Tuesday	
Check specials board	<i>(specials change weekly)</i>
Wednesday	
Check specials board	<i>(specials change weekly)</i>
Thursday	
Eagle boys pizza (equal to 2 slices)	\$3.50
<i>Hawaiian, meatlovers, vegetarian, cheese</i>	
Friday	
Nachos	\$3.50
<i>With sour cream and sweet chilli sauce</i>	

Burgers - lettuce, cheese, tomato & beetroot w/

your choice of tomato BBQ, sweet chilli, aioli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.50
Chicken burger	\$4.50
Fish	\$4.50
Bacon & Egg Roll	\$4.00
Veggie	\$4.50

Pies & Sausage Rolls

Sausage roll	\$3.50
Plain pie large	\$3.80
Spinach & ricotta roll	\$4.00
Flavoured pies	\$4.00
Sauce - tomato or BBQ	20c

Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chipees	\$3.80
Macaroni cheese	\$3.80
Lasagne	\$3.80

Drinks

Bottled water 600ml	\$1.50
Bottled water 750ml sip cap	\$2.00
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$2.00
Crazy lemon lemonade small	\$2.00
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N Go - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$3.00
Slushie Small	\$1.50
Slushie Large	\$2.50

Fresh Sushi

Fresh Sushi	\$3.00
<i>Chicken & avo, chicken tenyaka, tuna, honey soy chicken, tuna & avo, prawn tempura, prawn sweet chilli, salmon & avo, vege tempura, salmon & cream cheese, salad, avo, inon, california roll (crab, avo & egg).</i>	

Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

Extras in Salad Boxes

Egg	50c
Avocado	\$1.00
Chicken, ham, tuna	\$1.50

Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.50
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.50
Jelly Cups	80c
Finger buns	\$2.00
Muffins	\$2.50

Ice Treats

Frozen juice cup	80c
Mony frozen cups	80c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00

Please note—the canteen has limited hot food items available at recess and lunch. To avoid missing out please place a lunch order before school.

