

TALENTED ATHLETE PROGRAM



GOLD COAST SUNS EXPERIENCE

During Week 5 the TAP squad travelled to Metricon stadium to partake in a tour of the home of the mighty Gold Coast Suns. Led by Suns community director and current player Adam Saard the squad were able to look at a behind the scenes tour of the grand stadium. We were able to go into the players dressing rooms and get a close look at what the players experience on game day. We were also able to take a look at the \$150 million dollar development next door to Metricon stadium which will be partially complete by October. This development totals over \$300 million in

funds used to build a AFL based club on the Gold Coast (\$150 million to build Metricon Stadium). Can you smell a premiership?

With a small skills session at the end of the tour both Declan Forbes and Bindi Ware showed us their kicking skills staking claim as the longest punter in the TAP squad.

ICE SKATING

The squad finished the day with a trip to Iceland to participate in an unusual sport for our climate 'ice skating'. The Alman twins (Madison and Emily) were our most consistent skaters completing what seemed like 100 laps whilst Jamie Swain took to the ice like she was straight out of the movie Frozen. There were calls of 'Elsa' from the grandstands. Well done to all students on your behaviour on the day.



Victory Ford
www.victoryford.com.au



Tweed Coast Isuzu UTE
www.tweedcoastisuzuute.com.au



Tweed Coast Chery
www.tweedcoastchery.com.au



Victory Financial Services
www.victoryford.com.au

WEAR IT PURPLE DAY



On the 17th May 2016, Banora Point High School celebrated the annual global event of 'Wear It Purple Day', the International Day Against Homophobia and Transgenderphobia. This event aimed to raise awareness of diverse sexualities and gender identities.

OUR AIM AND ACHIEVEMENTS

Our intention for the day was to have our community know and feel it is acceptable to be transgender and homosexual or anything in between, and to not be ashamed of who they are, as we value a person as a whole and encourage equality. Thanks to all of our students and staff participation in the event, dressing up in purple shirts, shorts and costumes, we raised \$245 and the money was donated to [Headspace](#), a youth mental health foundation.

Carol Wong

Year 12 Senior Councillor SRC

JUNIOR DEBATING TEAM PREPARING TO CONTEND

Banora Point's Junior Debating Team have been busily preparing for the opening rounds of the annual Premiers Debating Challenge for the North Coast Region. A small team of dedicated students from year 7 and 8 have given up their Thursday afternoons to research and mock debate with the help of Ms Nizette and Mr White from the English faculty.

WHO AND WHEN

The team comprising of Christian Smith, Declan Seckold, Dale McGregor, Holly Erskine and Kayla Olgin-Smith have continued to improve in their research skills, argument structure and public speaking skills and are ready for their next challenge. The first round of debates will take place at Banora Point High School on June 9 with the second round to commence just two weeks later. Going up against local rivals from Tweed River High School in the first two rounds have the team excited about the prospects, and we wish them all the best in the upcoming challenge.



HALF YEARLY EXAMS AND ASSESSMENTS

Our half yearly exam and assessment period has been completed with Year 9 and 10 completing their exams last week. Students will be receiving valuable feedback regarding their work, followed by half yearly reports being made available at the end of term 2 for students and parents.

SENIOR STUDENT PROGRESS

Mr Randle has completed the coordination of our term 2 Year 10, 11 and 12 review of student progress. Letters will be sent to parents this week acknowledging the wonderful effort and achievement of a large number of students. This is one of many methods we implement to recognise the great work of the students at Banora Point High. The process has also identified a small number of students who will commence a program of improvement.

P&C REVIEWING OUT OF ZONE POLICY

Our June P&C meeting will be held this evening, Monday 6th June at 7pm in our conference room. One of the issues that will be discussed is possible changes to our Out of Zone policy. Please come along and join this important part of our school community.

SCHOLARSHIPS NOW OPEN

The 2017 NSW DoE Teacher Education Scholarship Program and Great Teaching Inspired Learning Cadetship and Teach.Rural Scholarship are now open!

More can be found out about the programs at teach.nsw.edu.au/getpaidtostudy. There are great financial incentives and the guarantee of a permanent teaching position!

Applications for the scholarship programs are closing on Friday 16 September 2016.

Greg Smith

Principal



Banora Point High School

Saturday 2nd July
ELECTION DAY
Venue : Carpark Area BPHS
Time : 8am - 12pm
\$20 per site
to book your site contact
Ros 0410 629220
Or
Brad 0488 048656

WHOOPIING COUGH INFORMATION

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.

SPREADING OF WHOOPING COUGH

Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.
- A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.
- Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for [information for childcare and schools about whooping cough](#).

Greg Smith
Principal



Preventing and Treating Children's Colds

A cold, or upper respiratory tract infection, is the most common cause of illness in children and adults. More than 200 different viruses can cause the common cold, which is why it is not possible to vaccinate against the infection.

Children and Colds

Adults have between 2 to 4 colds a year, whereas children average three to eight colds every year. A child's immune system is less well developed compared to an adult's, so they are more vulnerable to infection. There is no need for bed rest if your child has a cold, moderate activity is fine if your child is happy to be active. Your child may not feel like eating, but make sure they drink lots of fluids. Appetite will return as your child starts to feel better.

Prevention

The viruses that cause colds are spread by sneezing, coughing and hand contact. You can reduce the risk of spreading the common cold by doing the following;

- Get your child to wash his/her hands regularly and thoroughly, particularly after sneezing, coughing or blowing their nose
- Clean surfaces regularly to keep them free of germs
- Avoid children sharing cups, plates, cutlery and kitchen utensils
- Use disposable paper towels to dry your child's hands and face, rather than shared towels and always dispose of the paper towels after use.

Pharmacist's Advice and Treatment

Cough and cold medicines should not be given to children under 6 years of age, so ask your Pharmacist for the most suitable treatment. Here are simple some techniques to help your child recover from their cold:

- Encourage your child to drink plenty of fluids
- Children's formula paracetamol or ibuprofen may be used to help relieve pain and fever in children.
- Vapour rubs can help to soothe the symptoms of a cold in babies and young children. Apply the rub to your child's chest and back. Don't apply it to their nostrils because this could cause pain and breathing difficulties.
- Nasal saline drops or sprays can help relieve the symptoms of nasal congestion in babies and young children.

For more information please come and see your friendly Ramsay Pharmacist, or call us anytime.

Ramsay Pharmacy John Flynn - Open 24 Hours, 7 Days

Ground Floor, John Flynn Private Hospital
42 Inland Drive, Tugan QLD, 4224
Ph: 07 5507 3000

For location maps please see www.ramsaypharmacy.com.au



ATHLETICS CARNIVAL WRAP UP

Congratulations to all Banora Students on your efforts at this year's Athletics carnival. The day was highly successful with the participation and spirit being at an excellent standard.

Students who finished in the top 2 for each event in their respective age groups will qualify for Zone at Cudgen on Friday 24th June.

Congratulations to the following students on achieving age champion:

Age	Girl	Boy
12	Angela Gray	Kai Smallwood
13	Zoe Taylor-West	Sam Rudge
14	Alycia Mason-McCloud	Travis Smith
15	Emily Alman	James Drew
16	Mary O'Loan	Shaun Beazleigh
17	Celestine Nicholson	Nathan Glen
AWD	Lauren Grimwood	Hayden Armstrong-McKelvey

HOUSE CHAMPION FOR 2016

House	Points
Freeman	418
Bradman	360
O'Neil	302
Thorpe	297

Well done to Freeman house on maintaining your Athletics Champion status!!

Mr Williams



MORE PHOTOS OVERLEAF



PHOTOS CONT.



THOUGHT OF THE WEEK

LOVING
YOURSELF
IS THE
GREATEST
REVOLUTION

UPCOMING EVENTS



The next P&C Meeting
will be held on

Monday 6 June

at 7.00PM DST

All new parents are most welcome to come along
to support your child's school
and meet other parents!

We would love to see you!

SCHOOL & COMMUNITY NEWS



ECO RANGERS

Take a walk on the wild side
these school holidays!

Eco Rangers at Currambin Wildlife Sanctuary provides
a unique opportunity for children to get up close
with wildlife during the school holidays.

Ages: 6-12 years inclusive

Dates: January, Easter and June/July
school holidays - check
our website for details

Time: 8.30am-4pm

Cost: \$60 per child per day
Includes a full day of supervised
animal activities and games, lunch
and a photo with an animal.

Each day has a different theme;
mammals, reptiles, birds, frogs and
mini-beasts. Pick your favourite
theme or come for the week
and experience them all!



For more details and to book please
visit www.cws.org.au/eco-rangers



CREATURE KEEPERS

Do you love wildlife?

Creature Keepers gives teenagers a real
hands-on experience and an insight
into working in the zoo industry.

With a different theme each school holidays including reptiles,
birds and mammals, there is so much to learn and explore!

Ages: 12-17 years inclusive

Dates: Each school holidays - see website for details

Time: 8.15am - 3pm (two full days)

Cost: \$135 per child. Includes a photo with an
animal, morning tea, lunch and a certificate.



For more details and to book please visit
www.cws.org.au/creature-keepers

NICHOLAS JOHNS LIVE IN

PRESENTED BY THE COMEDY EMPIRE

CONDONG LAUGHS 2016

as seen on **comedy**

UNCENSORED FUNDRAISING

COMEDY NIGHT

PLUS FIONA MCGARY (COMIC MC)
& SPECIAL GUEST COMIC MICHAEL CONNELL
(AS SEEN ON THE FOOTY SHOW, THE COMEDY CHANNEL & MORE)

\$35.00
(ALL ARE DOOR-TO-DOOR OFFERS)

COMEDY NIGHT FUNDRAISER
PROUDLY SUPPORTING
Murwillumbah High School P&C Association

VENUE:
Condong Bowling Club
McLeod St Condong
Australia

DATE:
6th Aug 2016
Doors Open 7:00pm
Show Starts 8:00pm

GET YOUR TIX:
Nicole: 0422 489 698

GET YOUR TIX:
Tickets will also be available at Murwillumbah
High School front office.

GET YOUR TIX - ONLINE:
<http://condong.eventbrite.com.au>

PROUDLY PRESENTED BY
The Comedy Empire

COMEDY FUNDRAISING SPECIALISTS

WARNING: Show may contain bad language and adult themes. Tickets are non-refundable and no concessions are subject to change without notice.

SCHOOL & COMMUNITY NEWS

Seeking Volunteer Host Families

Are you interested in different cultures and foods, learning about the world and different ways of thinking? WEP Australia is now looking for volunteer host families for our Italian exchange students due to arrive this July.



Why host?

Hosting an exchange student gives Australian families the opportunity to share their life and culture with young people from around the world for a term, semester or year. It is about discovering another culture, encompassing different traditions and practices, and supporting a new family member.

WEP host families are welcoming, curious and excited to have the opportunity for new experiences. They are people who would like to discover another culture, another way of life and traditions, and enjoy seeing Australia through the eyes of their exchange student. To be a WEP host family means offering this exciting opportunity to an equally curious and enthusiastic high school exchange student.



How does it work?

Host families choose their student and are responsible for providing the exchange student with a room (can be shared with sibling of same sex and similar age), meals and most importantly a welcoming family environment. In return, families will gain a new family member and friend for life.

All WEP students come with their own spending money and insurance.

Choose Your Student:

Samuele: "I love the ocean so of course my passion is swimming! I have been training for 10 years now and compete in races every week. I also really enjoy watching racing cars and am fascinated by astronomy. In fact, my dream is to one day become a skilled aerospace engineer for NASA. I can't wait to meet you!"

Niccolo: "Ciao! I attend an art school in Italy because I am passionate about drawing and painting. I am also a great sportsman and enjoy playing soccer and swimming, but I especially love water polo. I am extremely sociable and love making new friends. I can't wait to meet my host family and make new friends in Australia!"

Find out more now!

Request a comprehensive information pack, including student profiles.



Sylvia Kelly
World Education Program Australia
For the cost of a local call: 1300 884 733
Email: info@wep.org.au
www.wep.org.au

Simon & Melissa, host parents of Valeria from Italy:

We found the process of choosing your own student fantastic, as we feel Valeria has been very well suited to our own family. We appreciated the visits and emails from our coordinator and the information packs have been very helpful. Thank you WEP for providing our family with an experience we'll look back on with fond memories. We hope it has given our own children a desire to travel when they are older and it has given us all lifelong friends in Valeria's family.



THE TWEED HOSPITAL AUXILIARY "MINI-FETE"

HELD IN THE HOSPITAL CAR PARK GROUNDS
(POWELL STREET—TWEED HEADS)

SATURDAY 18TH JUNE
FROM 7.30AM-1.00PM

BABY STALL
PLANT STALL
TOY STALL
CRAFT



JEWELLERY REMNANTS
TRASH AND TREASURE
BOOK STALL
CAKE STALL
SAUSAGE STALL
RE-LOVED STALL



ALL FUNDS RAISED GO TO BUYING
EQUIPMENT FOR TWEED HOSPITAL

APPLICATIONS FOR OUR NEXT ROUND OF BLUE STAR CITIZENSHIP IS NOW OPEN!

BLUE STAR is aimed at young people aged
16 – 18 years

On completion participants are able to gain
their first aid certificate, certificate 1 in Ac-
tive Volunteering and also choose to com-
plete their Duke of Edinburgh Bronze Level
Award!

Program cost: \$100

FOR AN APPLICATION PACK PLEASE REPLY
VIA EMAIL (see left) OR CONTACT YOUR LO-
CAL PCYC!!

Applications close Friday 24th June 2016 –
places are limited!

2016 PROGRAMS

BLUE STAR

BLUE STAR is a youth development and leadership program created by PCYC to assist in creating "young leaders for tomorrow" in our local communities. The program gives practical, real-life skills that young people can apply to work and family, helping them on their way to becoming great community leaders.

CITIZENSHIP

Citizenship is your first step in your leadership journey with PCYC NSW. By committing to complete our Citizenship level, you will be required to attend two camps (dates below) and complete a minimum of 20hrs of volunteering at your local PCYC in between. On completion you will receive your First Aid Certificate, a Certificate 1 in Active Volunteering, as well as have the opportunity to complete your Duke of Edinburgh Award – Bronze level.

CITIZENSHIP – SUMMER GROUP CAMP 1: 18 – 21 Jan – Myuna Bay Sport & Rec CITIZENSHIP – AUTUMN GROUP CAMP 1: 11 – 14 Apr – Sydney Academy of Sport CITIZENSHIP – WINTER GROUP CAMP 1: 4 – 7 July – Myuna Bay Sport & Rec	CAMP 2: 11 – 14 Apr – Sydney Academy of Sport CAMP 2: 4 – 7 Jul – Myuna Bay Sport & Rec CAMP 2: 26 – 29 Sept – Myuna Bay Sport & Rec
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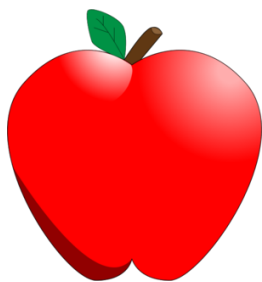
2016 BLUE STAR LEADERSHIP GROUP

Leadership is the next level of your leadership journey with PCYC NSW. By committing to our Leadership level, you will be required to attend 3 camps (dates below) and complete a minimum of 30hrs of volunteering at your local PCYC in between. Leadership gives you the confidence to become a young leader within your community and gives you the tools to develop and lead an activity within your local club.

CITIZENSHIP – SUMMER GROUP CAMP 1: 18 – 21 Jan – Myuna Bay Sport & Rec CAMP 3: 4 – 7 July – Myuna Bay Sport & Rec	CAMP 2: 11 – 14 Apr – Sydney Academy of Sport
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FOR MORE INFORMATION, CONTACT:
 Blue Star Co-ordinator
 Mob: 0407 252 913
 Email: bluestar@pcycnsw.org.au
 or contact your local PCYC club

pcycluestar.org



Canteen Menu 2016



Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.00
Tuna	\$3.00
Lean Ham/Chicken Breast	\$3.00
Salad	\$3.00
Baked Beans/Spaghetti	\$3.00
Salmon	\$4.00

Salad = lettuce, tomato, beetroot, carrot, cucumber

Extras

Salad/Avocado	\$1.00
Cheese/Egg	50c

Fresh Wraps

Salad with mayo	\$3.00
Chicken & salad w/mayo	\$4.00
Ham & salad w/mayo	\$4.00
Tuna & salad w/mayo	\$4.00

Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.00
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Taco style mince with corn, avo & sour cream

Sweet chilli tender wrap -	\$4.00
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sweet chilli coated chicken tender w/sweet chilli sauce

Daily Specials

Monday

Check specials board *(specials change weekly)*

Tuesday

Check specials board *(specials change weekly)*

Wednesday

Check specials board *(specials change weekly)*

Thursday

Eagle boys pizza (equal to 2 slices)	\$3.50
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Hawaiian, meatlovers, vegetarian, cheese

Friday

Nachos	\$3.50
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With sour cream and sweet chilli sauce

Burgers - lettuce, cheese, tomato & beetroot w/ your choice of tomato BBQ, sweet chilli, aioli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.00
Chicken burger	\$4.00
Fish	\$4.00
Veggie	\$4.00

Pies & Sausage Rolls

Sausage roll	\$3.00
Plain pie small	\$2.50
Plain pie large	\$3.50
Spinach & ricotta roll	\$3.50
Lamb & rosemary triangle	\$3.80
Flavoured pies	\$3.80
Sauce - tomato or BBQ	20c

Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chipees	\$3.50
Macaroni cheese	\$3.80
Lasagne	\$3.80

Drinks

Bottled water 600ml	\$1.20
Bottled water 750ml sip cap	\$1.80
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$1.80
Crazy lemon lemonade small	\$1.80
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N Go - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$2.70
Slushie Small	\$1.50
Slushie Large	\$2.50

Fresh Sushi

Fresh Sushi	\$2.70
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Chicken & avo, chicken teriyaki, tuna,

honey soy chicken, tuna & avo, prawn tempura,

prawn sweet chilli, salmon & avo, vege tempura,

salmon & cream cheese, salad, avo, inari,

california roll (crab, avo & egg).

Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

Extras in Salad Boxes

Egg	50c
Avocado	\$1.00
Chicken, ham, tuna	\$1.50

Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.20
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.50
Yoghurt	\$2.50
Finger buns	\$2.00
Muffins	\$2.50

Ice Treats

Frozen juice cup	70c
Many frozen cups	70c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00
Sorbets	\$2.50



CHANGE OF INFORMATION

The school is installing a new roll marking/sms network system which requires up to date changes in email addresses and mobile telephone numbers of carers/parents. If you have changed your mobile in the past and feel you may not have informed the school would you please complete this form along with the email address.

Student Name Year:

Father's Mobile No. Mother's Mobile No.

Home Telephone No. Emergency Contact No.

Comments

PARENT EMAIL ADDRESS

SCHOOL NEWSLETTER

We now endeavour to email our School Newsletter to parents directly to their email address. Our goal is to have our Newsletter a paperless one. We would appreciate it if you would update us with changes to your email address in order for us to keep you in the loop. Please fill in the section below and have your child bring it to the front office.

Our fortnight Newsletter is available on our website at www.banorapnt-h.schools.nsw.edu.au

Student Name/s: Year:

Email Address School Newsletter to be forwarded to:



BACK TO BASICS

Schoolwear & Sportswear

UNIFORM STORE OPENING HOURS

2015-2016

TERM 1 & 4

Tuesday 12.30pm—3.00pm

Thursday 8.00am—11.00am

TERM 2 & 3

Thursday 8.00am—11.00am

*Uniform Store is located upstairs in J Block
Credit Cards and EFTPOS accepted—sorry no cheques*

