

SURF LIFESAVING

On Friday 16 September Banora Point High School students competed in the University of Queensland Secondary Schools Surf League titles at Coolangatta Beach. The best school age surf life savers competed in this high quality event.

BPHS students acquitted themselves extremely well, performing with distinction in a number of events across the day. A huge thank you to Surf Life Saving Queensland for the running of the carnival. The results on the day were as follows:

CHARLIE PHELPS (13 BOYS):

5th in the board heat
10th in the board final
15th in the swim
Second round of the flags

TOM HANSON (15 BOYS):

19th swim
15th ironman
8th sprint
12th board heat
Second round flag

OWEN PHELPS (15 BOYS):

5th board heat
12th board final
Sixth round flags

TOM DICK (OPEN BOYS):

12th board final
6th overall in flags

MARLEIGH DREYER (15 GIRLS):

6th sprint
24th swim
11th board final
Fifth round flag

A huge congratulations to Tom Hanson who competed in every event on the day.



SURF LIFESAVING CONT.



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Year 12 2016

*The Staff and Students of
Banora Point High School,
wish our Year 12 Students
the best of luck with your HSC exams
and your future endeavors*



Banora Point
HIGH SCHOOL

FUTSAL

BOYS JUNIOR TEAM

Our u14 and u16 boys Futsal teams competed in the FNC Futsal knockout at Byron bay on Thursday the 15 September. Both teams had a tough draw coming up against Southern Cross in their first game. Our junior team started well however found themselves a goal down after 5 minutes. Southern Cross put on 3 goals in 10 minutes before we eventually found the net with a Charlie Phelps special. The second half proved a tough contest with both teams working hard. Southern cross piled on a few more goals with Jeremy Simpson and Sam Rudge also adding to our tally. Original score 9-3.



Our next game was against Tweed River with Kye Whitely scoring a spectacular longer range effort. Sam scored a second goal with Jeremy Simpson also bagging another goal for a 3-0 win. Our final game saw us play Kingscliff in what was a close affair however some tenacious defence from Jack Lee saw a deflection off his foot and it ricochet into the Kingscliff goal. Kye also added another goal to his haul and Charlie Phelps helped out with a well placed shot. Final score 3-0.

BOYS SENIOR TEAM

Our senior team started well with a strong opening however once southern cross opened the scoring our boys found it hard to get back into the game. Their effort went rewarded in the second half with Tyson keys finishing from a Connor Dodson assist to score our only goal for this game. Final score 7-1.

Our second game we played Murwillumbah high in what was a very close game. The boys went into halftime chasing the game at 4-3 with Connor Dodson and Tyson keys scoring two goals. The second half saw the boys come out with an attacking mindset and they danced around the Murwillumbah defense with both Connor and Tyson adding to their tallies with one and two goals respectively. Banora win the game 6-5 with Tyson scoring his last game in the final 60 seconds to pinch the win.

Our final game saw us play Kingscliff and with fatigue kicking in we lost to Kingscliff 3-2 with a lacklustre performance. Well done to all boys for your efforts on the day.



FUTSAL

GIRLS JUNIOR TEAM

The under 14 and under 16 girls were drawn against Byron bay for their first round. Our junior girls went down 3-1 in a close fought battle with Byron taking the lead in the second half. Zoe Taylor west scored out only goal with a snap shot into the right corner. The loss meant the girls played Murwillumbah in the second game. We started the second game extremely well with Zoe Taylor west and Abbi Cush both featuring on the scoresheet. The girls held off a strong second half from Murwillumbah and took the win 2-0. Tweed river were our third opponent and a poor start saw tweed take the lead. We drew level with Chelsea Uiet-eendaal thumping a shot into the net. Tweed replied with two goals however Banora rallied with a Carla Sykes special. Banora rallied well however could not get the 3rd goal losing 3-2.

GIRLS SENIOR TEAM

Our senior girls won their first game against Byron bay 4-3 in what was a thrilling game. Behind at halftime the girls had a outstanding second half with Skye Townsend leading the charge. Our second game saw our girls into the top 4 with our opponents being Mullumbimby. Our girls put on a brave performance with Alys-sa Walden and Emily Alman working hard in defence. Skye Townsend was able to knock in a goal with Alys-sa adding a second however Mullumbimby were too strong and took the game 4-2. The draw saw Byron being played for a second time and once again the girls were too strong beating Byron convincingly. Lexi King and a Skye Townsend double gave Banora a 3-0 win. Well done to all the girls on your efforts.





P&C REPORT

Our next meeting will be held on **7 November 2016 at 7.00pm** in the front office conference room.

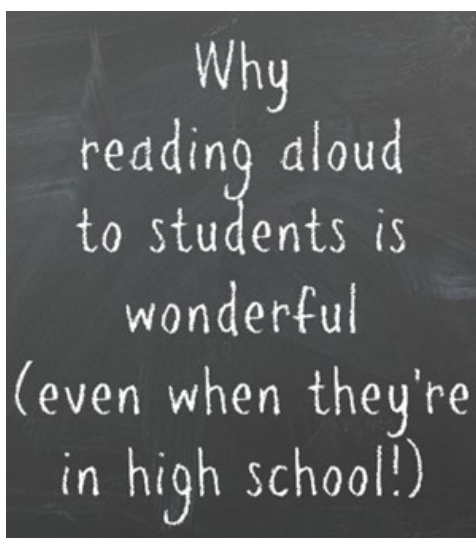
PLEASE COME ALONG!

We encourage other parents to come along for an informative hour or so of discussion and collaboration with staff and parents. The main focus of your P & C has been on information and contributions to policies in consultation with the school executive. P & C members are often invited to sit on committees, such as the School Finance Committee or staff merit selection panels, and make a direct contribution to helping shape the school for the benefit of all students. The knowledge of the way in which the School operates, the reasoning behind School policies and changes to curriculum, strategic directions and future planning is invaluable as a parent. It is also a perfect opportunity to build relationships with staff and other parents and members of your community. Members can be involved in as much or as little of the “work” as they are able and willing – no pressure!

Our last meeting was held on Monday 5 September 2016. Issues that were discussed included:

- Naplan results
- Purchasing blazers for new School leaders
- New signage for the School
- School uniform changes and proposed changes
- P & C Federation AGM motions
- Staffing changes
- Christmas dinner meeting proposal

If you would like to be on our email list and receive regular updates please send your contact details to bphspc@outlook.com



Read aloud early, later, and as often as possible

- Reading aloud is important from infancy through the high school years. Families and teachers can create and continue a tradition, introduce and reinforce the pleasures of reading, and, as children get older, set the stage for meaningful conversations about numerous topics.

THOUGHT OF THE WEEK

The best 6 doctors:
sunshine
water
rest
air
exercise
diet

sun-gazing.com

UPCOMING EVENTS



The next P&C Meeting
will be held on

Monday 7 November
at 7.00PM DST

All new parents are most welcome to come along
to support your child's school
and meet other parents!

We would love to see you!

SCHOOL & COMMUNITY NEWS

Kingscliff TAFE



Thursday 17 November 2016

Inviting Year 9, 10 and 11 students groups

Explore career options through interactive, hands on activities
and demonstrations in a vast range of industry areas.

Register your school's place

Date: Thursday 17 November 2016

Time: 9.30am – 3.00pm (EDST)

Where: Kingscliff TAFE Campus, Cudgen Road, Kingscliff

RSVP: 23 September 2016 to Aimee Tilton

P: 02 6674 7354 E: aimee.tilton@tafensw.edu.au

Please contact us if you require assistance with transportation

Call 1300 628 233

Visit www.northcoasttafe.edu.au



**Kingscliff
Campus**

Kingscliff Swimming Club



Free shirt &
cap for every
swimmer!

Sign-on 2016/2017 season
Tuesday 11th October 5:30-7:00pm
Kingscliff Aquatic Centre

Come and join our exciting swimming club!
Race at your own level, make new friends, give your training some direction.
Be part of the local club that produces Olympians & Paralympians!

Club season commences

**Tuesday
18th October 2016
5:45-7:30pm**

\$90 membership fee
discounts apply for additional
family members

Junior Dolphins 5-7 yrs
FREE

Your kids will
love club night!
Suitable for swimmers
of all ages.
BBQ available –
cheap prices



Contact **Peter** 0417 772 323
or Kingscliff Aquatic Centre 02 6674 0145
www.kingscliffswimming.org.au
kingyracesec@gmail.com



SCHOOL & COMMUNITY NEWS



If you need
Printing done in the library
please make sure you
have the money to
PAY for it minimum \$1.00 to be
added to your printing account

LEARN PUBLIC SPEAKING ON THE TWEED WITH TOASTMASTERS



Murwillumbah Club meets 2nd and 4th
Thursday every month at the Court House
Hotel (upstairs) Main Street, Murwillumbah
at 6:45pm for a 7:00pm start.

Tweed Valley Club meets 1st and 3rd
Wednesday at Cudgen Leagues Club
(upstairs) Wommin Bay Road, Kingscliff at
9:45am for a 10:00am start.

*Come and see how Toastmasers will benefit
your study, career, business– your LIFE.*

**PHONE Lynda 0434 103 409 and
Hazel 0427 281 819 for more information.**



Students personal items, in
particular bags, are no longer to be
left in the Office due to Work,
Health and Safety Issue.
Students can hire a locker for
\$20.00 per year



BACK TO BASICS Schoolwear & Sportwear

UNIFORM STORE OPENING HOURS

2015-2016

TERM 1 & 4

Tuesday 12.30pm—3.00pm

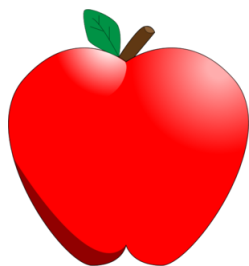
Thursday 8.00am—11.00am

TERM 2 & 3

Thursday 8.00am—11.00am

*Uniform Store is located upstairs in J Block
Credit Cards and EFTPOS accepted—sorry no cheques*





Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.00
Tuna	\$3.00
Lean Ham/Chicken Breast	\$3.00
Salad	\$3.00
Baked Beans/Spaghetti	\$3.00
Salmon	\$4.00

Salad = lettuce, tomato, beetroot, carrot, cucumber

Extras

Salad/Avocado	\$1.00
Cheese/Egg	50c

Fresh Wraps

Salad with mayo	\$3.00
Chicken & salad w/mayo	\$4.00
Ham & salad w/mayo	\$4.00
Tuna & salad w/mayo	\$4.00

Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.00
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Taco style mince with corn, avo & sour cream

Sweet chilli tender wrap	\$4.00
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sweet chilli coated chicken tender w/sweet chilli sauce

Daily Specials

Monday

Check specials board *(specials change weekly)*

Tuesday

Check specials board *(specials change weekly)*

Wednesday

Check specials board *(specials change weekly)*

Thursday

Eagle boys pizza (equal to 2 slices)	\$3.50
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Hawaiian, meatlovers, vegetarian, cheese

Friday

Nachos	\$3.50
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With sour cream and sweet chilli sauce



Banora Point HIGH SCHOOL Canteen Menu 2016

Burgers - lettuce, cheese, tomato & beetroot w/ your choice of tomato BBQ, sweet chilli, aioli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.00
Chicken burger	\$4.00
Fish	\$4.00
Veggie	\$4.00

Pies & Sausage Rolls

Sausage roll	\$3.00
Plain pie small	\$2.50
Plain pie large	\$3.50
Spinach & ricotta roll	\$3.80
Lamb & rosemary triangle	\$3.80
Flavoured pies	\$3.80
Sauce - tomato or BBQ	20c

Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chipees	\$3.50
Macaroni cheese	\$3.80
Lasagne	\$3.80

Drinks

Bottled water 600ml	\$1.20
Bottled water 750ml sip cap	\$1.80
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$1.80
Crazy lemon lemonade small	\$1.80
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N Go - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$3.00
Slushie Small	\$1.50
Slushie Large	\$2.50



Fresh Sushi

Fresh Sushi	\$2.70
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*Chicken & avo, chicken teriyaki, tuna,
honey soy chicken, tuna & avo, prawn tempura,
prawn sweet chilli, salmon & avo, vege tempura,
salmon & cream cheese, salad, avo, inari,
california roll (crab, avo & egg)*

Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

Extras in Salad Boxes

Egg	50c
Avocado	\$1.00
Chicken, ham, tuna	\$1.50

Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.20
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.50
Yoghurt	\$2.50
Finger buns	\$2.00
Muffins	\$2.50

Ice Treats

Frozen juice cup	70c
Many frozen cups	70c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00
Sorbets	\$2.50
Jelly Cups	50c



CHANGE OF INFORMATION

The school uses a roll marking/sms network system which requires up to date changes in email addresses and mobile telephone numbers of carers/parents. If you have changed your mobile in the past and feel you may not have informed the school would you please complete this form along with the email address.

Student Name Year:

Father's Mobile No. Mother's Mobile No.

Home Telephone No. Emergency Contact No.

Comments
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PARENT EMAIL ADDRESS

SCHOOL NEWSLETTER

We now endeavour to email our School Newsletter to parents directly to their email address. Our goal is to have our Newsletter a paperless one. We would appreciate it if you would update us with changes to your email address in order for us to keep you in the loop. Please fill in the section below and have your child bring it to the front office.

Our fortnight Newsletter is available on our website at www.banorapnt-h.schools.nsw.edu.au

Student Name/s: Year:

Email Address School Newsletter to be forwarded to: