

ATHLETICS CARNIVAL

Our annual Athletics carnival was held on the 3rd of June. This was another magnificent day with very high student behaviour and participation. This year proved to be a close tussle for House Champion with only 26 points separating 1st and 3rd. Bradman house pipped Freeman at the post by one point with a total of 389 points. The final points score came in at:

BRADMAN: 389

FREEMAN: 388

O'NEIL: 363

THORPE: 278

AGE CHAMPIONS FOR 2015

12	Sam Rudge	Zoe Taylor-West
13	Lachlan Cook	Alycia Mason-McCleod
14	James Drew	Emily Alman
15	Jack Ainsworth	Kyra Dooley
16	Nathan Glen	Mekala Knight
17	Kaleb Green	Rachel Glen
AWD 12-16	Daniel Stevens Wiley	Holly Fittler



ATHLETICS CARNIVAL CONT.





From the Principal

Mr Greg Smith

Welcome back to second semester. We started off with a T5 shared School Development Day. We hosted the event which focused on effective collaboration. Approximately 300 teachers from the five Tweed Government High Schools attended. It was an inspiring presentation by Tonia Flanagan from Marzano Research Institute. Banora Point High School staff rallied to make a potentially complex organisation very manageable, and I thank them for their support. The five schools working together helps provide extra opportunities for students from all of our schools.

At this stage of the year many Year 12 students are looking at options for further study post HSC. They should speak to Mrs Dreyer, our Careers Advisor, about the different options and potential scholarships and bursaries that are available.

Applications for the Griffith Connect Academic Excellence Bursary are now open and close on Wednesday 30 September 2015. The Griffith Connect Academic Excellence Bursary is awarded to a high achieving student from each Griffith Connect Partner schools and is valued at \$3000. All high achieving students who are completing Year 12 in 2015 at a Griffith Connect Valued Partner School are invited and encouraged to apply.

To apply, eligible students can submit their applications through the [scholarships website](#).

From 2015, eligible students attending New South Wales Griffith Connect Partner schools have the opportunity to apply for Guaranteed Admission into a range of Griffith University programs through the Schools Recommendation Schemes (SRS). This scheme grants ATAR and International Baccalaureate (IB) Diploma students who are UAC applicants for undergraduate admission for 2015–16 eligible to apply.

Online SRS applications will open on Wednesday 5 August 2015 and close at 5.00pm, Wednesday 30 September 2015.

We have recently received the following information from Southern Cross University:

“Southern Cross University is excited to launch our 2016 STAR Early Entry Scheme

SCU is proud to support schools from across our regions to transition students with the appropriate academic ability and talent into our range of undergraduate degrees. The STAR Scheme focuses on working with schools to match individual students to a particular course based on their likelihood of success in their chosen discipline. Students can gain an early offer to study in 2016 at SCU on the basis of their school Principal's recommendation. The STAR scheme this year remains unchanged from last year using the fully online STAR Scheme Portal.

SCU Online Registrations

Online registrations open from 15 July 2015 and close 9 September 2015 via our STAR Entry Scheme website. The

online student registration should take students no more than five to ten minutes to complete. Students need to nominate a first and second preference course. Please note once a STAR registration has been submitted students will not be able to change their STAR preferences.

UAC & QTAC

To receive an offer, students will need to list the SCU course for which they have been recommended as their first preference in the following University Admissions Centres (UAC or QTAC) early offer rounds:

QTAC Early Offer Round on 26 November 2015 or UAC Early Offer Round on 3 December 2015”

Year 12 have commenced the final term of their HSC course. To assist students in their preparation for both the Trial HSC and the HSC itself I would suggest that they utilise resources made available by BOSTES. The following link will take you to ‘Advice for HSC students about examinations’. It includes advice for students sitting different types of HSC exams, 2015 rules and procedures links, feedback from last year’s examinations.

http://studentonline.bos.nsw.edu.au/go/exams/preparing_for_your_written_exams/advice-hsc-exams/

Tweed City is supporting local schools through a program called Scholar Dollars. From 9am Wednesday 15th July to Thursday 3rd September 2015 Tweed City Customers will be able to allocate points to help their school. The prizes allocated to winning schools are:

1st Prize: \$10,000 worth of technology

2nd Prize: \$3,000 worth of prizes and vouchers

3rd Prize: \$2,000 worth of prizes and vouchers

Customers need to present their Tweed City receipts at the Customer Service Desk and select a participating school to which they would like to allocate their points to – each dollar spent equals 1 point.

The Australian Veterans’ Children Assistance Trust (AVCAT) is a national independent charity helping the children and grandchildren of ex-service men and women to a better future through higher education. AVCAT administers scholarships to the children of those who have served our country in peace and war in the Australian Army, Navy and Airforce. Scholarship selection is on a need and merit basis.

The AVCAT Commemorative Bursary in recognition of 30 years of service to the veteran community. This special bursary is valued at \$15,000 and aims to financially assist an Australian veteran’s child as they pursue their university studies.

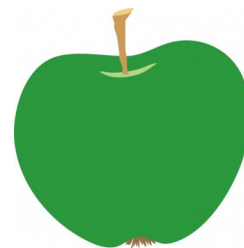
All applications are open on 18th August 2015, Vietnam Veterans’ Day, and strictly close on 31st October 2015.

For more information about AVCAT, please visit their [web-site](#).

Our next P&C meeting will be held on Monday 3rd August at 7pm.



THE EASY WAY TO BOOK SCHOOL INTERVIEWS



Dear Parents

Parent/Teacher/Student interviews will be held at the school from **3pm to 6pm on Tuesday 21st July 2015**. Bookings must be finalised before the 2.30pm, when bookings for this event will close.

For parents that do not have internet access, please contact the school on 07 5513 1960.. Interviews are strictly 10 mins and spaces are limited. If you require more time, please contact your teacher directly to make alternative arrangements.

Now you can book school interviews for the times that suit *your family*.

Go to www.schoolinterviews.com.au and follow these simple instructions.

You can encourage more traffic to your schools website, AND avoid parents typing in the wrong URL, if you ask parents to click on a link on YOUR school's website, instead of giving them our web address – use the following link*

<http://www.schoolinterviews.com.au/code> (the word "code" – not your event code)

Go

Simply enter the code and press "Go"

**THIS CODE CHANGES – DO NOT
USE YOUR LAST EVENT'S CODE**



Enter your details



Select the teachers you wish to see



Select the appointment times that suit your family best



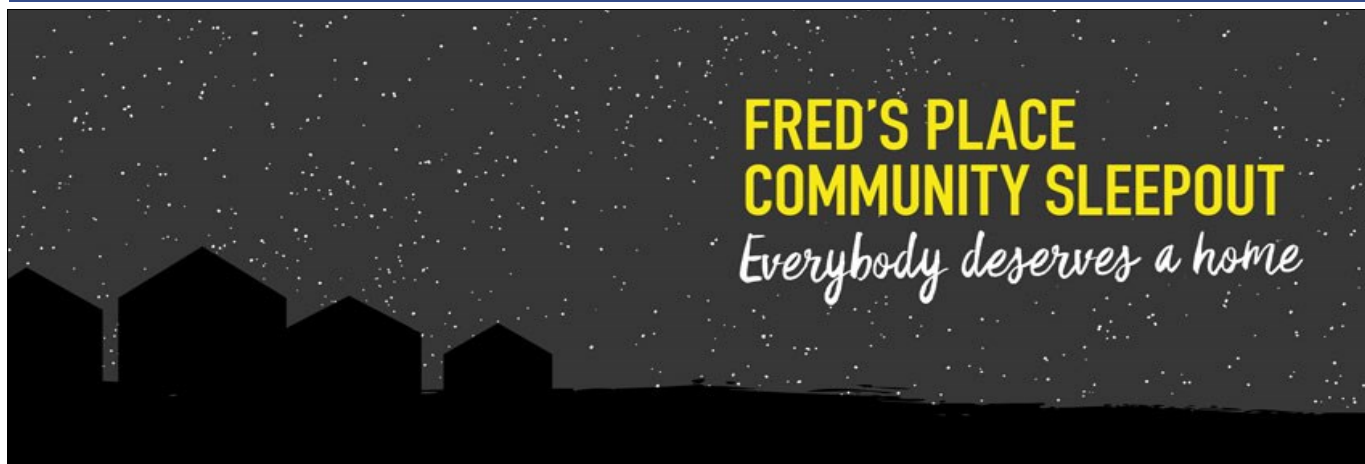
When you click **FINISH**, your interview timetable will be emailed to you automatically. If you do not receive your email immediately –

Check your junk mail folder AND make sure you have spelled your email address correctly

You can return to www.schoolinterviews.com.au at any time, and change your interviews - until the bookings close on 21st February at 4pm

You may change your bookings, any time prior to the closing date, by re-visiting the www.schoolinterviews.com.au website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact the school directly on: 07 5513 1960

We would love to hear what you think about online booking. If you get time, click on the "contact us" button on the www.schoolinterviews.com.au website, and leave some feedback - anonymously if you wish, but please include the school's name and suburb.



**PLEASE JOIN US AT THE FRED'S PLACE COMMUNITY SLEEPOUT AND EXPERIENCE FOR JUST ONE NIGHT
HOW PEOPLE FACING HOMELESSNESS LIVE EVERY DAY**

**THURSDAY, 30 JULY 2015
FROM 6.30PM
AT THE TWIN TOWNS MASONIC CENTRE, TWEED HEADS**

By signing up to participate in the Fred's Place Community Sleepout, you will be helping to raise awareness of homelessness in the Tweed community as well as raise much-needed funds for Fred's Place – an intervention and prevention support service that assists people experiencing or at risk of homelessness in the Tweed region.

Join Geoff Provest MP – event ambassador for this special night – and experience what it is like to sleep on the cold ground with just a sleeping bag and cardboard to protect you from the elements; hear a first-hand experience of homelessness; take a tour of Fred's Place; and bid on some fantastic live and silent auction prizes.

Registering is easy!

Please register today at <http://fredsplacecommunitysleepout.gofundraise.com.au>, start fundraising, and help us raise \$10,000 for Fred's Place.

As participant spots at the sleepout are limited, we do kindly ask that those who sign up to 'sleep out' on the night aim to personally raise a minimum of \$250. Thank you for your understanding.

Other ways you can support Fred's Place

Fred's Place receives no ongoing government funding so we rely heavily on the generous and ongoing support of the community. If you are unable to participate in the sleepout but would like to support Fred's Place, please consider making a donation, sponsoring the event, contributing an auction item, or donating an item from our 'wish list'. More information about how you can support this worthwhile cause can be found at <http://fredsplacecommunitysleepout.gofundraise.com.au>.

Further information

I would be more than happy to talk through the many ways you can get involved in and support the Fred's Place Community Sleepout. For further information or if you have any questions, please do not hesitate to contact me on the details below.

Thank you for your support and we look forward to a fantastic night!

Warm regards

Shaku

Shaku Robertson | Communications & Fundraising Manager

St Vincent de Paul Society | Lismore Diocesan Central Council

P 02 6621 5835 | M 0429 828 586 | E shaku@vinnieslismore.org

To support the Fred's Place Community Sleepout, visit our [website](http://fredsplacecommunitysleepout.gofundraise.com.au), like us on [Facebook](https://www.facebook.com/fredsplacecommunitysleepout), call 0429 828 586 or email fundraising@vinnieslismore.org

SEMESTER 1 MERIT PRIZE DRAW

On the 24th of June, BPHS held its Semester 1 merit prize draw. The draw is part of the schools Recognition System where students are awarded merit certificates for their:

- academic achievement
- contribution to school and/or community, and
- positive behaviour

This semester the major prize winners were:

- 1st prize Brooke Sheaffe
- 2nd prize Willis Forrest
- 3rd prize Brooklyn Crawford
- 4th prize Hannah Blake



Pictured from L to R: Brooklyn Crawford, Hannah Blake, Willis Forrest, Brooke Sheaffe

Congratulations to the prize winners and to all students who received merit certificates during semester 1.

BPHS would like to thank the following businesses for their very generous support of the merit draw.

The Good Guys, Tweed Heads South
Hoyts, Tweed City Shopping Centre
Zarrafra's, Banora Point

Lachlan Klose
Head Teacher Science





Start collecting for your school now

The Woolworths Earn & Learn program gives Schools and Early Learning Centres around Australia the chance to earn new educational resources.

Make a difference for your local school

- Simply shop at Woolworths and you will receive one Woolworths Earn & Learn Sticker for every \$10 spent.*
- Stick the Woolworths Stickers onto the Woolworths Earn & Learn Sticker Sheet inside.
- Once it's complete, pop it into a Collection Box at your school or local store. You can download more Woolworths Earn & Learn Sticker Sheets from our website woolworths.com.au/earnandlearn

*excluding tobacco, liquor and gift cards.

Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It's easy to earn valuable resources to help your local school, so start collecting your Woolworths Earn & Learn Stickers today.

Go to woolworths.com.au/earnandlearn for more information, terms and conditions and answers to frequently asked questions.



**COLLECTION BOX LOCATED
IN THE FRONT OFFICE AT
BANORA POINT HIGH
SCHOOL!**



UNDERSTANDING TEENAGERS



Struggling with your teenager's challenging behaviours?

Looking for ideas on how to communicate with your teenager?

Want to support your teenager to move safely through adolescence?

WHAT'S THE COURSE ABOUT?

Understanding Teenagers is a parenting course that aims to equip you with the knowledge and skills to support your child through adolescence. Form a better understanding of the changes in their behaviour and personality.

WHAT CAN YOU EXPECT?

Through information sessions, practical exercises, group discussions and brainstorming we will explore:

- The stages of child and youth development, including the impact of brain and hormone development
- Parenting styles, managing tension points and talking through challenging issues
- Different ways to respond to concerning behaviours
- Strategies for communication and conflict resolution that you can take away and 'try out'
- Strategies that other parents have found work well for them

WHAT WILL YOU LEARN?

- Increase knowledge about developmental changes
- How to reflect on your parenting style and how to manage your emotions
- Strategies for positive communication and how to hold difficult conversations with your teenager
- How to establish healthy boundaries and respond to challenging behaviour



WHAT OTHERS ARE SAYING ABOUT THE COURSE

"I found the course to be invaluable as it has given me the skills, confidence and understanding to approach my daughter in a different way than when she was younger. We now have a closer bond and I'm finding if situations do arise that challenge both of us, we are able to work it out"

"Helping me understand our granddaughter more and feel that as grandparents we will be able to support our daughter to a greater degree through this difficult time, thank you so much"

"Learning about myself and understanding that to have the ability to connect with my child I must be aware of my own emotions, fears and feelings. Learning how to control my own emotions, to better handle my child's emotion"

The course runs over 6 consecutive Wednesday evenings at Banora Point High School **starting 5th August from 5pm-7pm**.

COST: FREE

The costs will be covered by Banora Point High School. Tea, coffee and snacks will be provided.

CONTACT:

Bookings are essential

Please contact Banora Point High School on 07 5513 1960

For more information on the course go to www.thefamilycentre.org.au

happy children caring relationships strong community

MAKE ONLINE PAYMENTS

It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website (www.banorapnt-h.schools.nsw.edu.au) by selecting \$ Make a payment.

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called Other this to cover items not covered in the previous headings, Other can be used to make a complete payment of a school invoice.

When you access the \$ Make a payment you must enter:

the students name, and
class and reference number OR
the students name, and
date of birth.

Please do not pay for uniforms online as the uniform shop is privately owned.

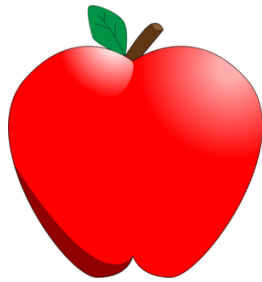
These details are entered each time you make a payment as student information is not held within the payment system. **There is also the option to enter the Student Registration Number and Invoice number if you are aware of them, these are optional fields OR there is also the option to enter the Student Registration Number and Invoice number these are not used at our school, please leave blank.**

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school. You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office.





Sandwiches

Vegemite	\$2.00
Cheese	\$2.50
Egg plain or curried	\$3.00
Tuna	\$3.00
Lean Ham/Chicken Breast	\$3.00
Salad	\$3.00
Baked Beans/Spaghetti	\$3.00
Salmon	\$4.00

Salad = lettuce, tomato, beetroot, carrot, cucumber

Extras

Salad	\$1.00
Cheese/Egg/Avocado	50c

Fresh Wraps

Salad with mayo	\$3.00
Chicken & salad w/mayo	\$4.00
Ham & salad w/mayo	\$4.00
Tuna & salad w/mayo	\$4.00

Special Wraps - lettuce, tomato, cheese

Mexican Wrap	\$4.00
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Taco style mince with corn, avo & sour cream

Sweet chilli tender wrap -	\$4.00
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sweet chilli coated chicken tender w/sweet chilli sauce

Daily Specials

Monday

Check specials board *(specials change weekly)*

Tuesday

Check specials board *(specials change weekly)*

Wednesday

Check specials board *(specials change weekly)*

Thursday

Eagle boys pizza (equal to 2 slices)	\$3.50
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Hawaiian, meatlovers, vegetarian, cheese

Friday

Nachos	\$3.50
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With sour cream and sweet chilli sauce



Banora Point HIGH SCHOOL Canteen Menu 2015

Burgers - lettuce, cheese, tomato & beetroot w/ your choice of tomato BBQ, sweet chilli, aioli or mayo

Cheese burger - beef & cheese	\$3.50
Hamburger	\$4.00
Chicken burger	\$4.00
Fish	\$4.00
Veggie	\$4.00

Pies & Sausage Rolls

Sausage roll	\$3.00
Plain pie small	\$2.50
Plain pie large	\$3.50
Spinach & ricotta roll	\$3.50
Lamb & rosemary triangle	\$3.80
Flavoured pies	\$3.80
Sauce - tomato or BBQ	20c

Toasted Turkish Bread

Ham & cheese	\$3.50
Chicken, cheese & avo	\$4.00

Others

Corn on the cob	\$1.20
Potato wedges (cup)	\$3.00
Hot dogs - fat free	\$3.00
Chicken chieees	\$3.50
Macaroni cheese	\$3.80
Lasagne	\$3.80

Drinks

Bottled water 600ml	\$1.20
Bottled water 750ml sip cap	\$1.80
Milk - plain small	\$1.20
Poppers - apple, orange, tropical	\$1.60
Focus water	\$1.80
Crazy lemon lemonade small	\$1.80
Crazy lemon lemonade large	\$3.00
Glee	\$2.00
Up N Go - choc, straw, banana, vanilla	\$2.00
Flavoured Milk 300ml	\$2.00
Flavoured Milk 500ml	\$3.00
Iced coffee	\$3.50
Hot chocolate	\$2.50
Juice 500ml 35%	\$2.80
Juice 500ml 100%	\$3.00
Iced Tea	\$2.70
Slushie Small	\$1.50
Slushie Large	\$2.50



Fresh Sushi

Fresh Sushi	\$2.70
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*Chicken & avo, chicken teriyaki, tuna,
honey soy chicken, tuna & avo, prawn tempura,
prawn sweet chilli, salmon & avo, vege tempura,
salmon & cream cheese, salad, avo, inari,
california roll (crab, avo & egg).*

Salad Boxes

Fruit salad	\$3.50
Salad	\$3.50

Extras in Salad Boxes

Egg	50c
Avocado	50c
Chicken, ham, tuna	\$1.00

Snacks

Sumo biscuits	50c
Eucalyptus drops	60c
Fruit - banana, orange, apple, seasonal	\$1.00
Assorted Chips	\$1.20
Cheese & bacon rolls	\$2.00
Vegemite & cheese scroll	\$2.00
Yoghurt	\$2.00
Finger buns	\$2.00

Ice Treats

Frozen juice cup	70c
Many frozen cups	70c
Calippo	\$1.00
Icy twist	\$1.20
Paddle pops	\$1.50
Paddle pop shaky shakes	\$2.00
Frozen yoghurt	\$2.00
Sorbets	\$2.50



THOUGHT OF THE WEEK

30 years from now,
 it won't matter
 what shoes you wore,
 how your hair looked,
 or the jeans you bought.
 What will matter
 is what you learned
 and how you used it.

UPCOMING EVENTS



The next P&C Meeting
 will be held on

Monday 3 August

at 7.00PM DST

All new parents are most welcome to come along
 to support your child's school
 and meet other parents!

We would love to see you!

SCHOOL & COMMUNITY NEWS

HSC Dance and Drama Performance Evening 2015

Banora Point High School invites you to preview this years HSC Dance and Drama works. The students have been working extremely hard throughout the year in preparing themselves for the fast approaching examination.

The showcase will begin at 6.00pm in the Movement Studio on Thursday 30th July.

Please support our students.



WANTED!



Does anyone have a cast iron camp oven to donate? If so Mr Lengyel would greatly appreciate one for the next Boys Group Camp.

If you wish to donate a camp oven or know of someone who is willing please contact the school on 07 5513 1960 or email banorapnt-h.school@det.nsw.edu.au and attention it to Mr Lengyel.


Thank you.

SCHOOL AND COMMUNITY NEWS

NSW Health Northern NSW Local Health District

ORAL HEALTH SERVICES FOR CHILDREN UNDER 18 YEARS

IT'S FREE!



Dental treatment for children under 18 years of age is free at NSW Public Dental Health Clinics.

NORTHERN NSW CLINICS Phone: 1300 651 625
Tweed Heads, Pottsville, Murwillumbah, Mullumbimby, Ballina, Goonellabah, Casino, Nimbin, Maclean, Grafton, Yamba

Banora Point HIGH SCHOOL

BACK TO BASICS
Schoolwear & Sportswear

**UNIFORM STORE
OPENING HOURS**

2014-2015

TERM 1 & 4
Tuesday 12.30pm—3.00pm
Thursday 8.00am—11.00am

TERM 2 & 3
Thursday 8.00am—11.00am

Uniform Store is located upstairs in J Block
Credit Cards and EFTPOS accepted—sorry no cheques


BANORA POINT
DRIVING SCHOOL

SETTING DRIVING STANDARDS

- 1st Class Driving Instructor
- One-to-one Learner Lessons
(1hr=3hrs for 120hr quota)
- Automatic & Dual Control Manual
- Accredited RTA Age Testing Examiner

Lic No 9809

Contact Brian
5524 7682
0412 363 392



The BRAVE PROGRAM.

If your child or teen has difficulties with anxiety or just seems to have too many worries, we would like to introduce you to BRAVE Self-Help – an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. It was developed by a group of researchers from the University of Queensland and now, with the support of *beyondblue*, this program is now freely available to all young people aged 8 -17 years old who are living in Australia.

BRAVE Self-Help provides strategies for children and teenagers to better cope with their worries. There are 4 programs available, one for children aged 8-12 years, one for teenagers aged 12-17 years and one for parents of children at these ages respectively. The program can be accessed as often as you like, from the comfort of your own home. For more information, or to register for the program, please visit www.brave4you.psy.uq.edu.au.

CHANGE OF INFORMATION

The school is installing a new roll marking/sms network system which requires up to date changes in email addresses and mobile telephone numbers of carers/parents. If you have changed your mobile in the past and feel you may not have informed the school would you please complete this form along with the email address.

Student Name Year:

Father's Mobile No. Mother's Mobile No.

Home Telephone No. Emergency Contact No.

Comments

PARENT EMAIL ADDRESS

SCHOOL NEWSLETTER

We now endeavour to email our School Newsletter to parents directly to their email address. Our goal is to have our Newsletter a paperless one. We would appreciate it if you would update us with changes to your email address in order for us to keep you in the loop. Please fill in the section below and have your child bring it to the front office.

Our fortnight Newsletter is available on our website at www.banorapnt-h.schools.nsw.edu.au

Student Name/s: Year:

Email Address School Newsletter to be forwarded to:



HELP!

Parents, if your child has some school shorts that are no longer required and you are happy to donate them back to the school, the Support Unit would GREATLY appreciate these!

