

## MAKE ONLINE PAYMENTS

From the 10 December 2014 it will be possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website ([www.banorapnt-h.schools.nsw.edu.au](http://www.banorapnt-h.schools.nsw.edu.au)) by selecting \$ Make a payment.

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called Other this to cover items not covered in the previous headings, Other can be used to make a complete payment of a school invoice.

When you access the \$ Make a payment you must enter:  
the students name, and  
class and reference number OR  
the students name, and  
date of birth.

These details are entered each time you make a payment as student information is not held within the payment system. **There is also the option to enter the Student Registration Number and Invoice number if you are aware of them, these are optional fields OR there is also the option to enter the Student Registration Number and Invoice number these are not used at our school, please leave blank.**

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.



## BANORA POINT HIGH SCHOOLS' TECHNOLOGY LEVY STATEMENT



Due to the change in teaching and learning in this the 21<sup>st</sup> Century, Banora Point High School relies further on 'now' technology and less on conventional text books.

Most of our classrooms have, Interactive White Boards, Projectors, Wireless Internet, Banks of Computers or Laptops to name just some equipment in daily use. We also have 5 photocopies to supply learning material to students.

Technology changes continually and the school have a Technology Team which keeps up with trends to deliver our students the best possible education and information.

The cost of technology is an extra strain on the schools' available funds. Not only the purchase costs, but also maintenance and consumables to keep everything working.

In July this year we employed a Technology Support Office three days per week. The TSO was originally funded by the Commonwealth Government when they introduced Y9-Y12 student laptops. As this program

has now ended we have kept the TSO on to continue maintaining and improving our computer systems. He is a highly experienced IT officer and his employment here allows teachers to in class teach with little interruptions of breakdowns.

Hence Banora Point High School will re-introduced a voluntary 'Technology Levy' in 2015 of \$50 per student per annum from year 7 to year 12 to cover these costs.

We ask parents to support this levy so we may continue the high standard of education Banora Point High School students are accustomed to.

## TERM 5 ACTIVITIES – TUESDAY AND WEDNESDAY WEEK 11

Once again we will be holding Term 5 activities on Tuesday and Wednesday of Week 11. This week all students will be asked to select ONE morning activity (which they will complete both Tuesday and Wednesday mornings) and ONE afternoon activity (which they will complete both Tuesday and Wednesday afternoons). Shown below are the activities available for the morning and afternoon sessions. Those activities that incur a cost have the cost shown next their name. This covers the activity for BOTH days.

### MORNING ACTIVITIES.

Tennis (\$5.00)  
Touch football / soccer.  
Golf (\$20.00)  
Board games.  
Surfing / Beach walking (\$18.00)  
Kayaking (\$24.00)  
Computer games.  
Car washing (Vietnam fundraising)  
Tie dye beach bags.  
Movies.

### AFTERNOON ACTIVITIES.

Gardening.  
Craft (\$5.00)  
Movies.  
Sushi making and Anime.  
Reading and computer games.  
Epic Skate (\$14.00)  
Christmas card making.  
Computer games.  
Fishing.

Mrs Clancy & Mrs Clurey  
Term 5 Coordinators.



## From the Principal

Mr Greg Smith

Year 12 celebrated their completion of the Higher School Certificate and their thirteen years at school with a Formal at Twin Towns Club a week ago. The students arrived in style, driven in sports cars, hot rods, fire trucks, and removalist vans. A large contingent of staff, family, friends and ex-students were present to watch the arrivals, as well as the presentation of Early Entries to university. Our students looked very mature and stylish in their formal attire. Southern Cross and Griffith University representatives were present and students seemed very pleased with the outcomes.

This group of students were involved in a range of university activities including SCU Head start, SCU Access, Griffith Health Senior High School Courses, and Griffith Uni GUEST program. This year we have students who will enter university in the greatest number of ways that I have ever heard available to a group of graduating students. There was also the Griffith Connect and Southern Cross STAR program which provided early entries. There were approximately fifty early entries being offered. It was a great night and congratulations to the successful students. We look forward to hearing the results of the HSC in a few weeks.

A recent evaluation of our Healthy Schools program has highlighted the significant impact that it has had around the school. These have included:

- A healthy workplace initiative for staff
- Individual assessments of students
- Specialised classroom activities
- Year 7 Healthy Lifestyle program
- Health promotions, including healthy eating flyers, healthy nutrition boards and interactive digital health displays

I believe that the activities of the program have contributed to our continuing emphasis on health and well-being of both our students and staff. I would like to acknowledge the dedication and hard work of our university clinical co-ordinator, Kirstin MacDonald and our school-based co-ordinator Marelda McLean. They have been pivotal in ensuring that the program has had clear directions and fitted in and enhanced existing programs in the school.

I have recently been informed that our Eco-man team managed a second place in the competition. It is an economics based program and is supported through the Titans. What is remarkable is our successful Year 10 students were competing against senior Business Studies students from other schools. Congratulations to the students and Mrs Wise for her support.





## REMEMBRANCE DAY 2014

Australian Airforce Leading Cadet **Brad Peiffer** was again involved in Remembrance day celebrations at the Currumbin RSL. Brad was honoured to be selected to carry the Australian flag.

This week Brad was also notified of his successful selection for the 10 day Corporals Course to be Held at Amberley Airforce Base at the end of the year. Brad who started flying at 13, received his Recreational Aviation Pilots licence at the age of 15, has over 60 hours of flying time including 7 solo hours. He is also undertaking his glider pilots licence with the AAFC and is a student pilot at Airways Aviation undertaking his General Aviation pilots licence.

It has been a very exciting week for Brad who has also been notified of his qualification to now fly solo in General Aviation. Brad expects to achieve his Private Pilots Licence as soon as he turns 17 and wants to fly for the Australian Airforce.





## TALENTED ATHLETES PROGRAM by Nathan Williams

On Wednesday 12/11/14 the TAP squad travelled to Mt Tamborine to participate in the Treetop High Ropes Course. This adventure set a variety of challenges for our students with balance and strength playing a big part in the students negotiating the variety of courses safely. All students were once again exemplary in their behaviour and willingness to get involved in the tasks that were set. With some student's having to overcome their fear of heights this challenge set an enormous task. Well done on your achievement.



Victory Ford  
www.victoryford.com.au



Tweed Coast Isuzu UTE  
www.tweedcoastisuzuute.com.au



Tweed Coast Chery  
www.tweedcoastchery.com.au



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www.victoryford.com.au



**BPHS HEALTHY SCHOOL PROGRAM** by Marelda McLean

## Whole School Cooking Demonstration

On Monday 17<sup>th</sup> November, Nutrition and Dietetic Students from Griffith University and a number of BPHS students implemented a lunchtime cooking demonstration for the school.

Three different food items; SuperfoodCacao Raw Bars, Healthy Tropical Pizza and Mango and Banana Smoothie were prepared and there were free samples for students and staff to try.

The activity was designed to introduce students and staff to healthy food items, which could be included in lunch boxes as healthy lunch and snack alternatives, and to allow them to taste test these food items. Additionally, the activity aimed to demonstrate cooking skills and how some healthy food items can easily be prepared.

On the day, brochures were available to take home including the recipes that were prepared and provided during the activity. Check out the recipes in this edition of the newsletter.

### A Big Thank you...

...to the BPHS students who helped the Griffith University students on the day;

Drew Jamieson and Rhiannon Ellis (HSC Drama students) for hosting the demonstration and advising the audience how the food items were being prepared

Jack Bryan, Kieran Clarke, Kayla Bailey, Emily Montford, Brendan St Claire and Courtney Damic for demonstrating how to assemble the food items

And Nicholas Bloor and Sam Doolan (Yr 10 Art students) for photographing the activity.

Thank you also to staff who helped facilitate the activity to ensure it ran smoothly; Mrs Jenny Clancy (HT TAS), Mrs Shelly Naughton (TAS Teacher), Mrs Deb Sandstrom (TAS Assistant), Ms Petrina Logan (Griffith University Supervisor), Miss Marelda McLean (THSP Secondary Curriculum Liaison Officer) and Miss Kirstin Macdonald (THSP Clinical Coordinator).

***The activity was a great success with positive feedback received from both students and staff***





## BPHS HEALTHY SCHOOL PROGRAM (Cont'd)



## BPHS HEALTHY SCHOOL PROGRAM

### Nutrition Information Board

A new nutrition information board located near the canteen was launched on Thursday the 20<sup>th</sup> November. This has been developed by the Griffith University Nutrition and Dietetic students who have been working in our school for the past five weeks. This board was developed in response to feedback from students who expressed an interest in receiving nutrition information via this means.

The information on the board has been designed in response to feedback from BPHS students and staff. The board includes information on:

- The Australian Guide to Healthy Eating (AGHE)
- Benefits of Healthy Eating
- Eat for Health
- Healthy Lunchbox alternatives
- Balancing Physical Activity and Food Intake
- What's in your Food?
- Healthy Recipes



*'Thank you to all members of BPHS community for welcoming us into your school and allowing us the opportunity to work with you and provide you with nutrition resources to contribute to healthier food choices. We have thoroughly enjoyed our time here and we wish you all the best and hope that the resources we have developed will be successful.'*

Trine Finnerud, Hayley Plint and Samantha Ashe, GRIFFITH UNIVERSITY NUTRITION & DIETETIC STUDENTS



## LEADING WITH ACTION WORKSHOPS by Nathan Williams

On Tuesday 18th November our Year 8 and 9 BPHS students hosted the Leading with Action workshops for the NSW Premier Sport leaders. Southern Cross High School, Alstonville High school and Richmond River High School are also involved in this program and our students were able to choose two sports that they could participate in on the day. Sport development officers were present for the following sports Rugby League, Soccer, Softball, Tennis, Water Polo, Hockey and Golf. All students were once again excellent in their participation and application to this very hot and humid day. Well done on your efforts!



## CAREERS NEWS by Jess Dreyer

## Southern Cross University



**SCU Head-Start** provides an opportunity for Year 11 and 12 students to gain direct entry and advanced standing into a variety of courses offered at Southern Cross University. Free from university fees, the program offers you the chance to gain a taste of university life, stimulate your interest in academic pursuits and enhance your educational performance and long term aspirations. The program has been designed for students who have the academic capability to succeed at university. Applicants are selected on merit, based on their academic performance, a personal statement and the recommendation of their school. I would like to congratulate the following students who have successfully completed their HEAD-START

**HEAD-START – Communication in Organisations**

- Tineka Frampton
- Jessica Neal

**SCU Access** provides an opportunity for Year 11 and 12 students to gain direct entry and advanced standing into a variety of Associate degrees offered at Southern Cross University. Free from university fees, the program offers you the chance to gain a taste of university life, stimulate your interest in academic pursuits and enhance your educational performance and long term aspirations. Applicants are selected based on recommendation from their school, submission of a registration form and a personal statement. On successful completion of the program participants will gain direct entry and advanced standing into a variety of Associate degrees offered at Southern Cross University. I would like to congratulate the following students who have successfully completed their ACCESS program and are receiving guaranteed admission into a Southern Cross University program.

**ACCESS CERTIFICATES – Language & learning in your Discipline**

- Alexandria Smith
- Abbey Walker
- Kailyn Kelly
- Mikaela Foster
- Ashlea Wharley

**Southern Cross University's STAR Entry Scheme** enables Year 12 students to gain early admission to SCU on the basis of their school's recommendation. The STAR Scheme matches an individual student to a particular SCU course based on their likelihood of success in their chosen discipline. I would like to congratulate the following students who are receiving a guaranteed admission to Southern Cross University through our valued partnership and the STAR Entry Scheme.

**STAR Early Entry**

- Alexandria Smith – Bachelor of Arts
- Ashlea Wharley – Bachelor of Arts
- Avalon Price – Bachelor of Nursing
- Brielle Quinane – Bachelor of Clinical Sciences
- Dominic Kellas – Bachelor of Information Technology
- Emily Williams – Bachelor of Social Science / Bachelor of Laws
- Ethan Grant – Bachelor of Nursing
- Gary Harkness – Bachelor of Clinical Sciences
- Jackson Myer – Bachelor of Business in Convention and Event Management
- Jackson Trinne – Bachelor of Environment Science / Bachelor of Marine Science & Management
- Jacob Gibbs – Preparing for Success
- Jake Pittorino – Bachelor of Engineering (Honours) in Civil Engineering



## CAREERS (Cont'd)

### STAR Early Entry



- Kasey Paget – Associate Degree of Arts
- Laura Kyle – Bachelor of Business / Bachelor of Arts
- Liam Richards – Bachelor of Clinical Sciences
- Mikaela Foster – Bachelor of Arts
- Monika Bryan – Associate Degree of Allied Health
- Morgan Cameron – Bachelor of Business
- Natalie Schofield – Bachelor of Nursing
- Nikki Randell – Associate degree of Allied Health
- Olivia Buchanan – Bachelor of Legal and Justice Studies
- Pakkanikporn Maisakul – Bachelor of Business in Tourism and Hospitality Management
- Rachel Grey - Bachelor of Social Welfare
- Raven Bosworth – Preparing for Success
- Rebekah Williams – Bachelor of Clinical Sciences
- Ryan Anspach – Bachelor of Social Science / Bachelor of Laws
- Syrahn Lock – Bachelor of Business Administration
- Tamika Rowlison – Bachelor of Business in Tourism and Hospitality Management
- Taneeka Hyatt – Bachelor of Business in Convention and Event Management
- Tom Dury – Bachelor of Engineering (Honours) in Civil Engineering
- Wanvipa Polpaibul – Bachelor of Speech Pathology

### Griffith University



Griffith Health Senior High School Courses are 2 year part time University courses which align with, and build on the Stage 6 Biology and PDHPE Syllabus. Griffith University offers Year 11 and 12 students the opportunity to study Griffith Biology and Griffith Exercise and Sports Science at the same time as they are undertaking the HSC. These programs incorporate activities and exercises such as practical classes, clinical laboratories, high school conferences, and demonstrations with lectures which value add to the existing secondary school subject and enables students to experience an integrated university course whilst completing their senior studies. This is a great opportunity to see what university can be like and successful completion of the course offers numerous benefits. I would like to congratulate the following students who have successfully completed their Griffith Health Senior High School Program and are receiving a guaranteed admission to Griffith University.

#### BIOLOGY Year 11/12 Program

- Emily Williams – Bachelor of Human Services/Bachelor of Criminology & Criminal Justice
- Jackson Trinne – Bachelor of Biomedical Science
- Natalie Schofield – Bachelor of Nursing
- Jessa Palencia – Bachelor of Health Science
- Gary Harkness – Bachelor of Biomedical Science
- Ethan Grant – Bachelor of Nursing
- Olivia Buchanan - Bachelor of Human Services/Bachelor of Criminology & Criminal Justice

## CAREERS (Cont'd)

### EXERCISE & SPORTS SCIENCE Year 11/12 Program

- Rebekah Williams – Bachelor of Health Science
- Joseph Whiteford – Bachelor of Exercise and Sports Science
- Syrahn Lock – Bachelor of Nursing
- Taneeka Hyatt – Bachelor of Nursing



Through the Griffith University Early Start to Tertiary Studies (GUESTS) Program, motivated students can study a university course while at high school. Griffith GUESTS students can choose from a wide range of Griffith's first year undergraduate courses. Students experience the challenge and excitement of university life, and on successful completion of the course have the chance to receive guaranteed entry into a related Griffith University program. I would like to congratulate the following student who have successfully completed their GUESTS program and are receiving guaranteed admission into a Griffith University program.

### GUESTS – Griffith University Early Start to Tertiary Studies

- Brittany Watsford – Bachelor of Criminology and Criminal Justice
- Blake Godfrey – Information Technology

The Griffith Connect Guaranteed Admission Scheme allows eligible students based on their Year 11 and Semester 1 Year 12 results, early guaranteed admission into Griffith University programs. This is a great testament to the students' achievements throughout senior school and we wish them luck in their tertiary studies next year. I would like to congratulate the following students who are receiving a guaranteed admission to Griffith University through the Griffith Connect, Valued Partners Program:

### CONNECT Early Entry

- Ryan Anspach – Bachelor of Laws / Bachelor of Government and International Relations
- Rachel Grey – Bachelor of Social Work
- Taneeka Hyatt – Bachelor of International Tourism and Hotel Management / Bachelor of Business
- Emily Williams – Bachelor of Laws / Bachelor of Government and International Relations
- Laura Kyle – Bachelor of Business / Bachelor of International Business

The Griffith Business Year 12 program aims to assist students in making the transition from school to university. Students can choose from 3 strands: Business Management; Commerce; or Tourism, Hotel, Event and Sport Management. I would like to congratulate the following student who has successfully completed their Griffith Business Year 12 program and who are receiving a guaranteed offer of admission.

### GRIFFITH Business School

- Laura Kyle – Bachelor of Business

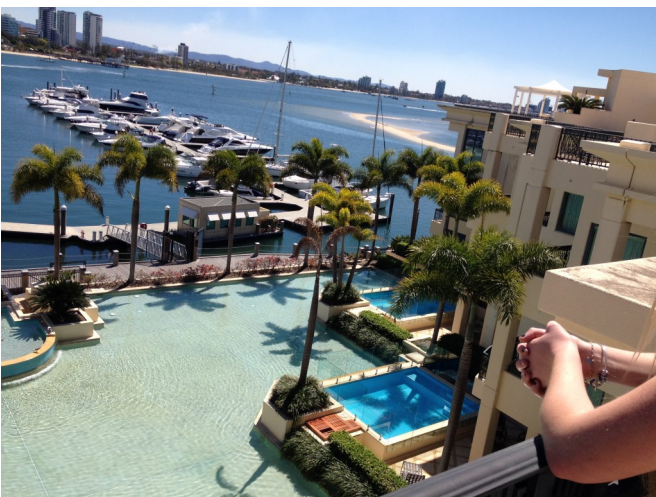
### University of New England Early Entries:

- Brittany Watsford Bachelor of Criminology
- Tom Durey Bachelor of Engineering Technology
- Emily Williams Bachelor Laws / Bachelor Arts



## CAREERS (Cont'd) - Year 11 at Versace

Recently the Year 11 Hospitality students attended an excursion at Palazzo Versace on the Gold Coast. Students were treated to a rare tour of the ballroom and function rooms, restaurants and rooms. Students even got to see where Snoop Dog stayed on his last visit. The place certainly had the WOW factor. After the amazing tour, students sat down to a 3 course meal and it was delicious. Thank you very much to Mrs Clancy for inviting me along for the day, it sure was a day to remember"





## VERSACE (Cont'd)







REDUCE RISK - INCREASE STUDENT KNOWLEDGE

[www.rrisk.com.au](http://www.rrisk.com.au)

## ***Adolescent Drinking Behaviour***

Young people aged 16-24 are amongst the heaviest drinkers in Australian society. In NSW, 46% of males and 43% of females in this age group are drinking at levels that could pose a serious risk to their health if they continue to drink at this level during their lifetime.

Over half of this group regularly drink to intoxication, which places them at risk of an alcohol related injury on any single drinking occasion. (NSW Health Statistics, 2011)

Young people are less likely than adults to be concerned about the negative consequences of heavy drinking. They are more at risk than adults as they are physically and psychologically immature, lack experience with alcohol, are more willing to engage in risk taking behaviour and are often unaware of the dangers of excessive consumption.

Choosing not to drink or learning how to drink responsibly can be among the most difficult tasks facing young people today. The earlier young people start drinking, the more likely they are to become high risk drinkers and experience alcohol related harm whilst they are young and in later life.

### **Alcohol and adolescent brain development**

The brain is not fully developed until about 25 years of age. Drinking alcohol to intoxicating levels during adolescence can result in permanent brain damage. Areas of the brain that control memory, learning, decision making and problem solving can be permanently affected.

Learning problems can result in poor exam results and life skills which will reduce future career options and employment. Lack of judgement often leads to greater risk taking and increased likelihood of violence or sexual assault. Regular heavy drinking can cause irrational and aggressive behaviour, inability to understand social cues, depression and anxiety.

For more information on the effect of alcohol on the developing brain, see <http://darta.net.au/wordpress-content/uploads/2013/02/ALCOHOL-AND-THE-DEVELOPING-BRAIN.docx.pdf>

### **Mental health**

Drinking at a young age increases the risk of mental health problems such as depression, anxiety, bipolar disorder, attention deficit disorder and increased risk of self harm, including suicide, delinquent behaviour and alcohol dependency in later life.

Look for information about the RRISK Program and risk taking at our website [www.rrisk.com.au](http://www.rrisk.com.au)

## MUSIC AND BRAVEARTS by Russ Timbs

On 28 October Music participated in the BraveArts end of year variety show, along with the other CAPA subjects. This show just gets bigger and better every year and it was pleasing to hear comments on the night such as "that was the best one yet !"

This is the first time that Yr 7 have successfully auditioned into the show and two of the four classes performed. 7m Performed "Surfboard" by Cody Simpson. Well done to the following;

### 7m Musicians

Tyler Murphy – key  
 Keam Clothier – key  
 Joel Sing-Guse – bass  
 Jasmine Way – drums  
 Jack Henderson – guitar  
 Kobi Swanton – guitar  
 Liz Sykes – vox  
 Bonnie Cather – vox  
 Maxine West – vox



7s Performed "We are done" by the Madden Brothers, and substituted the whistling part for Brass instruments, which sounded great, well done Alyssa Waldon with her awesome saxophone skills. Well done to the following;

### 7s Musicians

Amy Fairleigh - Bass  
 Katie Newman - vox  
 Christine Bacala - guitar  
 Emily Alman - guitar  
 Maddi Alman - key  
 Ciara Landon - key  
 Elijah Williams - drums  
 Pearse Voloder - key  
 Jaedyn Brown - guitar  
 Jemma Taylor - piano  
 Sienna Quinane - guitar  
 Alyssa Waldon - tenor sax  
 Carla Sykes - vox  
 Mathew Kilgariff – keys



10 songs were performed ranging from Yr 7 to Yr 12 and from a wide range of genres.

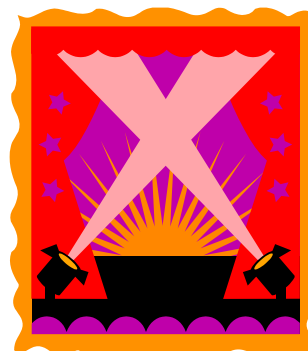
A huge thank you goes out to the support teams of volunteers which made the whole show possible. There is a 'thank you' party on Tues 18.11.14 which they are very much looking forward to.

### Audio Engineers.

Jordyn Parkes 7m  
 Zane O'Brien Phillips 7m  
 Drew Caynes 7A  
 Owen Boyd 7s  
 Jake DeGorgio Yr 9  
 Jarvis Titmarsh Yr 9

### Lights

Jake McCourt 7m  
 Aaron Sunter 7m  
 William Callaghan 7a  
 Rory Allerton 7a  
 Tyler Wilton Yr9  
 Ayden Hall Yr 10





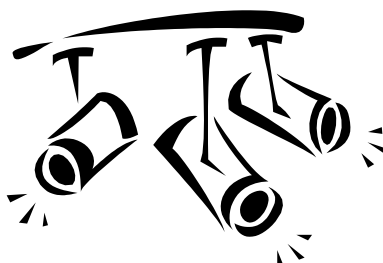
## MUSIC AND BRAVEARTS by Russ Timbs

### Managers

Carla Sykes 7s (back stage)  
 Jemma Taylor 7s (on stage)  
 Alyssa Waldon 7s (band)  
 Madi O'Mara Yr9 (on stage – coordinator)  
 Emily Baker-Noble Yr9 (back stage – coordinator)  
 Courtney McCure Yr10

### Camera

Katie Newman 7s  
 Ciara Landon 7s  
 Julie Xiao 7s (recording times)  
 Kyle Mayne 7s  
 Brock Watson 7s (coordinator)



### Roadies

Koby Swanton 7m  
 Kean Clothier 7m  
 Jack Henderson 7m  
 Dylan Rositano 7m  
 Joel Sing – Guse 7m  
 Alicia Tincknell 7a  
 Morgan Johnson 7a  
 Shanae Tyler 7a  
 Jake DeGorgio Yr 9  
 Tyler Wilton Yr 9  
 Corey Rush Yr 9  
 Jake Edward Yr 9  
 Jarvis Titmarsh Yr9  
 Jared Lock Yr 9  
 Maddie Pittorino Yr 9  
 Pacey Kolk Yr 9  
 Allison Bone Yr 10  
 Jean Kulmer Yr 10  
 Carol Wong Yr 10  
 Courtney McCure Yr10

The best items from the show were chosen for a 'Roadshow tour' of our Aurora schools in the last few weeks of the term. A huge thank you to the P&C for their continuing support, their BBQ's and treats keep our energy up and always make these events that much more special.

Lastly a special thank you to the rest of the CAPA team, their experience, energy and passion is legendary and they are an inspiration to me always.

On the 11 November, Year 10 Performed for the District P&C Meeting in the Library. We showcased two of our Brightest talents:

**Ayden Hall** played a solo piano piece called "Untitled" which was one of his many self compositions.

**Bailey Alpen** played a solo guitar piece called "Buried Alive" by Avenged 7Fold.

These were very well received and after a passionate request for an encore, Ayden jumped back on piano and completely improvised a 3rd performance.

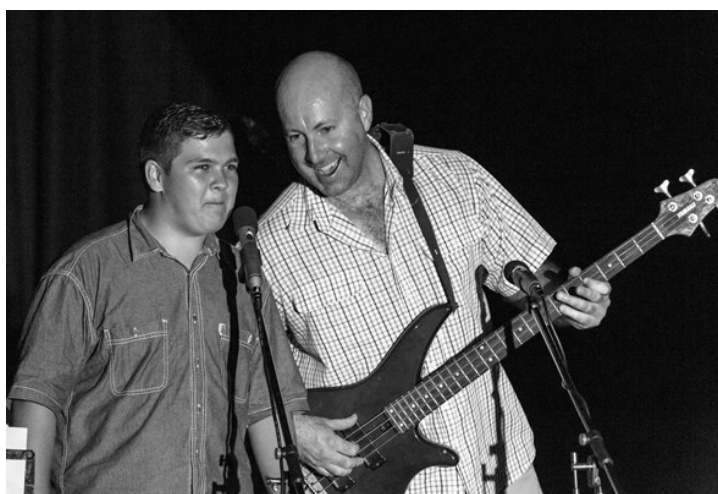
The District P&C members were very kind with their thanks and applause.

On the 14 November the Music Department supplied the PA and audio equipment for the Year 12 Formal which was a huge success. Well done Mr Todoroski.

This event was coordinated and run by **Jackson Myer** who is graduating this year. This will be Jackson's final show with us. During his time here, he has run, organised and coordinated more shows, events and discos than most people have had hot breakfasts. His professionalism and generosity will be missed, as will his awesome 'event management' skills. He leaves behind a legacy of well trained juniors taking over his role and a well set up Audio system in our Hall. Thanks for all the shows Jackson, best of luck in the future.

## Brave Arts 2014 by Ingrid Green

Brave Arts, the Creative and Performing Arts showcase was held on Tuesday 28th of October this year. It was a fantastic showcase of all the outstanding talent in Banora Point High School. The theme 'Back in Time' was driven by the Drama students who performed skits in between acts and presented the Dance and Music items throughout the show. Visual Arts and Photography students' works lined the walls of the hall, representing the excellent skills of our students in a variety of disciplines. The CAPA Faculty - Jasmine Duncalfe, Richard Timbs, Ingrid Green and Karen Preston - worked together to bring this outstanding show to the local community. Congratulations to all the students who were involved in this year's show as performers or technical assistants, it was a great success! See you next year!







## Brave Arts 2014



**SCHOOL NEWS** by John Leighton**CC and Me**

A select number of students from years 7 and 8 have embarked on a three year research project called CC and Me for Southern Cross University (SCU) and the NSW Government. This is not a school project; it is real research as to what 9 – 14 year olds think, feel, see, and hear about that most important issue facing the future of our planet – climate change.

On Monday (November 17th) they attended the first workshop at SCU where, in addition to being told of the importance of the issue and the value of what young people have to contribute, they were versed in how they can contribute by interviewing other young people, photos, writings and whatever other forms of expression their minds and hearts come up with.

The contributions of the just over 100 researchers from the Northern Rivers area will be, after being deemed by the SCU overseers as being appropriate, posted onto an online blog site similar to face book. Each researcher has his or her own avatar, can make friends, and interact with each other; inspiring and stimulating further discussions and ideas.

The research has the potential to influence future discussion and action by the NSW Government and, who knows, perhaps the United Nations or some other international body that is yet to be formed. This research project is a fantastic opportunity for these BPHS students and a valuable addition to their resumes.





## Families Against Violence Community Event 2014



Tweed Shire Integrated Response to  
Domestic & Family Violence Committee  
[www.tweeddvirc.net.au](http://www.tweeddvirc.net.au)



**“TAKE A STAND”** against Violence towards Women &  
Children in **OUR** Community by attending the  
Families Against Violence Community Event 2014

**Friday 12th December**

**Everyone WELCOME**

**Jack Evans Boat Harbour  
Gather at 5:30pm for 6pm Start  
(NSW Time)**

**Welcome to Country  
Cultural Dance Groups  
BBQ & Pizza Dinner Provided  
Guest Speakers & Local Performers  
Youth Speaking Out  
8:30pm Sista's Against Violence Lantern Parade**

**This year we are adding to the 110 metre Anti Violence Banner  
started in 2013 to create the longest banner in Australia!  
This banner will be paraded through the streets of Tweed Heads on  
Friday 12th December being part of the Sista's Against Violence  
Lantern Parade.  
Individuals or groups can contribute a segment of 120 width banner  
of any length.**

**For more information please contact Beck on 0447 397 015  
[couc2reb@police.nsw.gov.au](mailto:couc2reb@police.nsw.gov.au)**

## COMMUNITY NEWS



## Preparing you for your P's

TAFE NSW - WSI is now a provider of Safer Driver courses for young learner drivers

The Safer Drivers Course is available to learner drivers under the age of 25 who have completed at least 50 log book driving hours. **Earn 20 hours of bonus log book credit by completing a Safer Drivers Course.**

Enrol in a Safer Drivers Course:

**ENROL NOW**

Murwillumbah

Thu 27 November 2014

5:30 - 8:30 pm

[www.tafesaferdrivers.com](http://www.tafesaferdrivers.com) (02) 9208 0164



## Friends of the Pound and 100% Pets

Have your pet's photo taken with Santa!

Harvey Norman Complex, Greenway Drive, Tweed Heads South

6-7 December and 13-14 December

10am—2pm

**\$15.00**



Phone: 07 5524 8590 or

[www.friendsofthepound.com](http://www.friendsofthepound.com)



## COMMUNITY NEWS



## *Sign on Day for 2015 Netball Season:*

**31<sup>st</sup> January & 7<sup>th</sup> February 2015 9am-1pm  
NSW Time  
Chinderah Tavern, 66 Chinderah Bay Drive,**

### **Chinderah NSW**

#### **New players will need to bring Birth Certificate & Medicare Card to sign on.**

*KNC is offering members the opportunity to get a discount on their fees for 2015 Season. If you are able to help out with our fundraising raffles at Chinderah Tavern Fridays 3:30pm-4:45 we will offer \$20 per afternoon discount from your fees. For full terms and conditions visit the Kingscliff Netball Website.*

For more information relating to sign on please contact President Brooke Logan [kingscliffpresident@gmail.com](mailto:kingscliffpresident@gmail.com) 0451833445 or Secretary Courtney Jones [kncsecretary@gmail.com](mailto:kncsecretary@gmail.com) 0433332036

## **MAKING WOMEN WINNERS**

*Can you, or do you want to, play soccer?*

Tweed United Football Club is looking for female players of all ages and abilities to join their under 18's, Premier Women, Division 1 Women and Division 2 Women leagues.

Tweed United Football Club is a friendly, welcoming and thriving club that has been announced as **1 of only 10** Gold Coast clubs able to host Women's soccer on the Gold Coast for 2015. Over the past four years, Tweed United's Women's league has proven a strong force in the Gold Coast football arena having reached 3 grand finals and being offered the opportunity to continue hosting women's soccer.

With their very own personal trainer playing in the team and four coaches across all leagues, we guarantee you'll get fit, healthy and greatly improve your soccer skills all the while having fun. 😊

We welcome you to join in on preseason beach training sessions which are held on Thursday evenings at 6.30pm (NSW time) at Greenmount Beach to get a feel for the game (meet outside Greenmount Surf Club). Alternatively, please contact Siobhan or Armando if you have any questions or would like further information.

Siobhan: 0434 834205 / Armando: 0419 859 611



## SCHOOL AND COMMUNITY NEWS



  
**Banora Point**  
HIGH SCHOOL

**KIDS IN NEED**

**All Staff and Students are welcome  
to sign up for this year's**

**Annual Dragon Boat Festival**

**Sunday 30 November 2014**

**Jack Evans Boat Harbour (behind Twin Towns)**

**Start Time 8.00am DST**

***NB: Training Session 23 November 2014  
9.00 to 10.00am at the back of Seagulls Football Club***

**Student Registration \$7.00 Staff Registration \$10.00**

**To be paid at front office before 25 November 2014**

***All proceeds goes direct to  
Kids In Need***





# CANTEEN MENU

## 2014 MENU

### BANORA POINT HIGH SCHOOL

#### Daily Specials - pls order

##### Mondays

Filled Potatoes with sour cream & cheese	
• Ham .....	3.50
• Bolognese .....	4.00

##### Tuesday's

Tandori Chicken Wrap .....	4.00
Tandori Chicken with salad & Sour Cream	

##### Wednesday's

TBA .....	TBA
-----------	-----

##### Thursday's

Eagle Boys Pizza (equal to 2 slices) .....	3.50
• Hawaiian	
• Meatlovers	
• Vegetarian	
• Cheese	

##### Friday's

Nachos .....	3.50
with Sour Cream & Sweet Chilli Sauce	

#### Drinks

Bottled Water - 600ml .....	1.20
- 750ml sip cap .....	1.80
Milk - Plain 300ml .....	1.20
Poppers - apple, orange, tropical .....	1.60
Focus Water .....	1.80
Crazy Lemon Lemonade - small .....	1.80
- large .....	3.00
Slushie - small .....	1.50
- Large .....	2.30
Up N Go - Choc, Strawb, Banana, Vanilla .....	2.00
Flavoured Milk - 300ml .....	2.00
- 500ml .....	3.20
Iced Coffee .....	3.20
Hot Chocolate .....	2.50
Juice - 500ml - 35% .....	2.50
- 500ml - 100% .....	2.80
Iced Tea .....	2.50

<b>Boost Juices</b> - 350ml bottle .....	3.00
Energy Lift, Green Recovery, Wildberry Skinny, Superfruit Immune	

#### Ice Treats

Frozen Juice Cup .....	.70
Many Frozen Pops .....	.70
Calippo .....	1.00
Icy Twist .....	1.20
Paddle Pops .....	1.50
Paddle Pop Shaky Shakes .....	2.00
Frozen Yoghurt .....	2.00

**PLEASE NOTE:** Limited items will be available over the counter. To guarantee your choice is available, please pre-order. This can be done online at [www.munchmonitor.com](http://www.munchmonitor.com), or in person at the canteen. Orders can be placed for recess or lunch.

#### Sandwiches

Vegemite .....	2.00
Cheese .....	2.50
Egg - plain or curried .....	3.00
Tuna .....	3.00
Lean Ham / Chicken Breast .....	3.00
Salad .....	3.00
Baked Beans/Spaghetti .....	3.00
Salmon .....	4.00

• Salad = lettuce, tomato, beetroot, carrot & cucumber

#### Extras

Salad .....	1.00
Cheese/ Egg / Avocado .....	.50

#### Wraps

Salad with mayo .....	3.00
Chicken & Salad with mayo .....	4.00
Ham & Salad with mayo .....	4.00
Tuna & Salad with mayo .....	4.00

#### Special Wraps

Comes with Lettuce, tomato, cheese

Mexican Wrap .....	4.00
Taco style mince with corn, avocado & sour cream	
Sweet Chilli Tender Wrap .....	4.00
Sweet Chilli coated chicken tender with sweet chilli sauce	

#### Burgers

All burgers include lettuce, cheese, tomato & beetroot with your choice of tomato, BBQ, sweet chilli sauce, aioli or mayo.

Cheese Burger - beef & cheese .....	3.50
Hamburger .....	4.00
Chicken Burger .....	4.00
Fish .....	4.00
Veggie .....	4.00

#### Pies & Sausage Rolls

Sausage Roll .....	2.70
Plain Pie - small .....	2.20
- large .....	3.50
Flavoured Pies .....	3.80
Spinach & Ricotta Roll .....	3.00
Sauce - Tomato or BBQ .....	.20

#### Toasted Sandwiches

Ham & Cheese .....	3.50
Chicken, cheese & Avo .....	4.00

#### Others

Corn on Cob .....	1.20
Potato Wedges (cup) .....	3.00
Hot Dogs - fat free .....	3.00
Chicken Chipees .....	3.50
Macaroni Cheese .....	3.70
Lasagne .....	3.70

#### Fresh Sushi

Fresh Sushi .....	2.60
Chicken & Avocado, Chicken Teriyaki, Honey Soy Chicken, Tuna & Avocado, Tuna, Prawn Tempura, Prawn Sweet Chilli, Salmon & Avocado, Salmon & Cream Cheese, California (crab, avo & egg), Vegetable Tempura, Salad, Avocado, Inari	

#### Salad Boxes

Fruit Salad .....	3.50
Salad .....	3.50
Includes lettuce, tomato, corn, beetroot, carrot, cheese & cucumber	

#### Extras in Salad Boxes

Egg .....	.50
Avocado .....	.50
Chicken, Ham, Tuna .....	1.00

#### Snacks

Sumo Biscuits .....	.50
Fruit - Banana, Orange, Apple, seasonal fruit .....	1.00
Popcorn .....	1.20
Assorted Chips .....	1.20
Cheese & Bacon Rolls .....	1.80
Yoghurt .....	1.80
Finger Buns .....	2.00
Muffins .....	2.50

## COMMUNITY NEWS

**Point Danger  
Information Session!!**

Be prepared...  
for new adventure!



We are seeking expressions of interest from any families or community members who are interested in establishing a new Scout Group in the Coolangatta/Tweed Heads area at the Point Danger Scout Den on Scott Street Coolangatta.

For more than 100 years Scouts have offered a program to young people which helps develop them through teamwork and using their own initiative.

Scouts believe encouraging young people to “**be prepared**” is more important today than ever!

What should you be prepared for? Fun and adventure, team involvement, helping other people, being a leader, making friends, caring for the environment, and being a positive influence in your community.

**Come along to our Information Morning  
10am to 12pm on 29<sup>th</sup> November 2014**

**Point Danger Scout Hall  
2 Scott Street  
Coolangatta**

**For more information call**  
Call: 0409 573 900  
Email: [rdso.seq@scoutsqld.com.au](mailto:rdso.seq@scoutsqld.com.au)  
[www.scoutsqld.com.au](http://www.scoutsqld.com.au)  
[www.gcscouts.com.au](http://www.gcscouts.com.au)





## CAREERS INFO

### IS TAFE AN OPTION FOR YOU?

Enrol early ready for 2015.  
What course are you interested in?  
[www.tafegoldcoast.edu.au](http://www.tafegoldcoast.edu.au)



[www.northcoast.tafensw.edu.au](http://www.northcoast.tafensw.edu.au)



## UPCOMING EVENTS

### BPHS SCHOOL CALENDAR TERM 4

26–30 November  
School Spectacular—Sydney

19 December  
End of School Year



## SCHOOL & COMMUNITY NEWS



The next P&C Meeting for 2014  
will be held on

**Mon 1st December**

at 7.00PM DST

All new parents are most welcome to come along  
to support your child's school  
and meet other parents!

*We would love to see you!*

**Sunday 30 November**

**Kids In Need  
Dragon Boat Racing**



## COMMUNITY NEWS

### Rhythmic Gymnastics

Rhythmic Gymnastics combines elements of ballet, dance & gymnastics performed to music with the use of hand apparatus such as rope, hoop, ball, clubs & ribbon.



**COME ALONG & TRY THIS BEAUTIFUL & ELEGANT SPORT**

Corner of Florence & Adelaide Streets Tweed Heads

**MONDAYS** • 4.00 - 4.45 - Juniors - Level 1  
• 4.30 - 6.30 - Seniors - Level 1 - 4

- Develops posture & confident body movement
- Focuses on body awareness, hand-eye co-ordination, team spirit, confidence building & problem solving
- Provides a unique opportunity for children to express themselves to music



**(07) 5599 1714**



### Health Northern NSW Local Health Network

Children between 0-18 years who have a Medicare card are eligible for

FREE dental services at any of the NSW Health public dental clinics located at the Tweed Hospital, Pottsville Health One and East Murwillumbah Public School.

Please phone 1300 651 625 to register for an appointment.



### SCHOOL NEWS

#### Second Hand Uniform Shop

Our second hand uniform shop functions through the kind donations of parents and students who no-longer have use for their school uniforms. Through these donations, we are able to provide access to low cost uniforms. Any funds raised through the sale of second hand uniforms is deposited into the student welfare assistance fund, used to support students and their families during times of hardship.

Please approach the office administration staff regarding second hand uniform purchases. All donations of quality second hand uniforms are valued and appreciated.





## SCHOOL AND COMMUNITY NEWS



**Banora Point**  
HIGH SCHOOL

### BACK TO BASICS

Schoolwear & Sportwear

UNIFORM STORE

OPENING HOURS

2014-2015

TERM 1 & 4

Tuesday 12.30pm—3.00pm

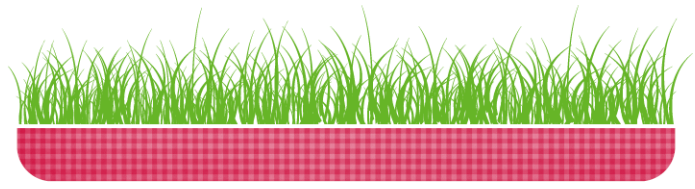
Thursday 8.00am—11.00am

TERM 2 & 3

Thursday 8.00am—11.00am

*Uniform Store is located upstairs in J Block*

*Credit Cards and EFTPOS accepted—sorry no cheques*



**PEDALS**

DRIVING SCHOOL

*"Friendly & Professional"*

QLD & NSW Accredited  
High Focus on Safe Driving  
Experienced Instructors  
Excellent Pass Rate  
Free lesson with Keys to Drive  
ADTA Member



**10%  
OFF YOUR  
FIRST LESSON**

**0421 797 087**

[www.pedalsdrivingschool.com.au](http://www.pedalsdrivingschool.com.au)

### THOUGHT OF THE WEEK

*Life is a great big canvas  
and you should throw  
all the paint you can  
on it*

*Danny Kaye*



**Banora Point**  
HIGH SCHOOL

## **BACK TO BASICS**

Schoolwear & Sportswear

**UNIFORM STORE OPENING HOURS**

**ORIENTATION DAY FOR YR 7 2015**

**WEDNESDAY 3 DECEMBER 2014**

**12.30—3.00pm**

**Tuesday 2, 9, 16 DECEMBER 2014**

**12.30—3.00pm**

**Thursday 4, 11, 18 DECEMBER 2014**

**8.00—11.00am**

*Uniform Store is located upstairs in J BLOCK*

*LAYBYS AVAILABLE November, December, January*

*EFTPOS, MASTERCARD, VISA, CASH (no cheques accepted)*







**Banora Point**  
HIGH SCHOOL

## **BACK TO BASICS**

Schoolwear & Sportswear

### **UNIFORM STORE OPENING HOURS** **SCHOOL HOLIDAY TIMES**

Tuesday 20 January 2015/10.00am-1.00pm

Thursday 22 January 2015/10.00am-1.00pm

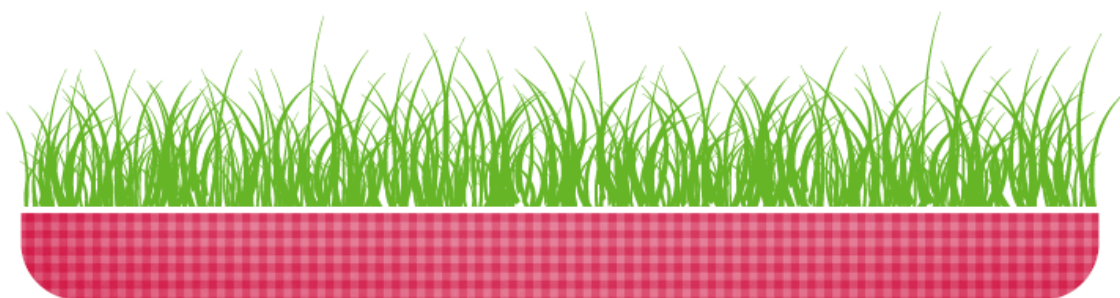
Friday 23 January 2015/10.00am-1.00pm

### **TERM 1 2015**

Tuesday 27 January 2015/8.00am-3.00pm

Wednesday 28 January 2015/8.00am-11.00am

Thursday 29 January 2015/8.00am-11.00am



## COMMUNITY NEWS

## We Support

Do **YOU** look after someone who has...

- \* long term illness?
- \* disability?
- \* mental illness?

Do **YOU** do things like...

shopping, cooking, cleaning, paying bills, help with showering & dressing, give medication & offer support then.....

**YOU** are a young CarerWe may be able to help **YOU** with.....

- \* Respite — need a break
- \* Help at home
- \* Getting to sport or other activities
- \* Tutoring or time to study

**Freecall™ 1800 052 222\***

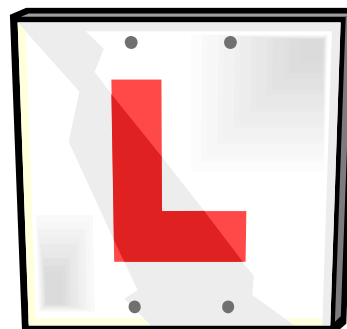
\*(Calls from mobiles charged at applicable rates)  
The Commonwealth Respite & Carelink Centre will talk to you and

**BANORA POINT**  
**DRIVING SCHOOL****SETTING DRIVING STANDARDS**

- 1st Class Driving Instructor
- One-to-one Learner Lessons  
(1hr=3hrs for 120hr quota)
- Automatic & Dual Control Manual
- Accredited RTA Age Testing Examiner

Lic No 9809

Contact Brian

**5524 7682**  
**0412 363 392**2014-2015  
**NSW Family Energy Rebate****\$150\***  
**TOWARDS**  
**ENERGY**  
**BILLS****APPLY**  
**ONLINE**  
**NOW!****2 MINUTES TO FILL IN A FORM**  
<https://applications.fer.trade.nsw.gov.au/>

\* eligibility criteria apply

**Trade & Investment**  
Resources & Energy**Apply before**  
**Midnight**  
**16 June 2015****FOR MORE INFORMATION & ASSISTANCE**

PHONE - Service NSW 13 77 88

EMAIL - [fer.program@trade.nsw.gov.au](mailto:fer.program@trade.nsw.gov.au)WEB - [www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate](http://www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate)



## STUDENT BEHAVIOUR

### FOCUS: I respect myself in sport and on excursions

This means:

- I wear the correct uniform and have the right equipment
- I am polite
- I try my best

## CHANGE OF INFORMATION

The school is installing a new roll marking/sms network system which requires up to date changes in email addresses and mobile telephone numbers of carers/parents. If you have changed your mobile in the past and feel you may not have informed the school would you please complete this form along with the email address.

Student Name ..... Year: .....

Father's Mobile No. .... Mother's Mobile No. ....

Home Telephone No. .... Emergency Contact No. ....

Comments .....

## PARENT EMAIL ADDRESS

### SCHOOL NEWSLETTER

We now endeavour to email our School Newsletter to parents directly to their email address. Our goal is to have our Newsletter a paperless one. We would appreciate it if you would update us with changes to your email address in order for us to keep you in the loop. Please fill in the section below and have your child bring it to the front office.

Our fortnight Newsletter is available on our website at [www.banorapnt-h.schools.nsw.edu.au](http://www.banorapnt-h.schools.nsw.edu.au)

Student Name/s: \_\_\_\_\_ Year: \_\_\_\_\_

Email Address School Newsletter to be forwarded to: \_\_\_\_\_