

On The Waves

Banora Point High School

2 Eucalyptus Drive Banora Point NSW 2486 T 07 55131 960 F 07 55 131 220 E banorapnt-h.school@det.nsw.edu.au



Term 4 Week 4A

Monday 27 October 2014



Year 7 Supernova

By Kim Clurey

Late News

On Monday, the 28th of July, the Year 7 'Supernova' class kicked Education Week off with their Images of Greatness celebration night. The night was the culmination of 20 weeks of research and preparation designed to showcase the talents and knowledge of our selective Year 7 class.

In this project, the students researched an eminent individual and developed oral and visual representations that captured the essence of their achievements. Students dressed as their chosen personality and constructed displays that visually communicated why they were considered great. After enjoying a sausage sizzle and light refreshments, parents, grandparents and friends were dazzled by the on stage performances of the students before casually wandering around the displays and interacting with the personalities.

Steve Jobs, Anne Frank, Oprah Winfrey, Nelson Mandela, Captain James Cook and David Attenborough were all present and willing to share their experiences with those in attendance whilst Stephen Hawking told tales of how he lives with his disability. All the displays were outstanding and highly engaging. A big thanks to all the students, parents and behind the scenes workers who made the night the great success it was.



SUPERNOVA (Cont'd)

The final word goes to some of our students who in their evaluations of the experience wrote:

'This was a very good research project that really helped me improve my presentation skills'

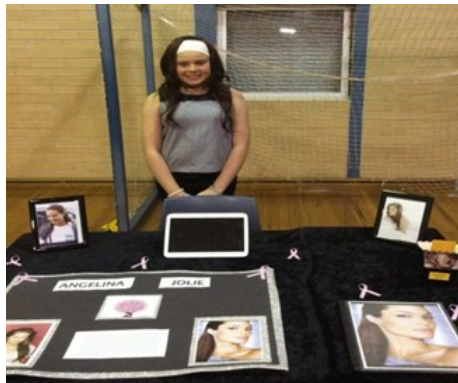
'It was well organised, fun to learn more about someone we admire and fun to present their life as if we were them'

'I liked the whole experience, it was great to learn about inspirational people'

'I liked saying the speech in front of everyone, walking down the red carpet and having a question box'

'I liked researching my chosen person and getting dressed up'.

Kim Clurey
Supernova Teacher



YEARS 9, 10 & 12

Year 9 & 10 Commerce Excursion to Robina.

On the 4th of September, 55 Year 9 & 10 Commerce students travelled to Robina Town Centre to undertake research for the two units they have been studying in class. The Year 10 students have been looking at running your own business, so the excursion gave them valuable information they could use in their business plans for the Earn & Learn program. The Year 9 students have been studying the topic 'Promoting & Selling'. While at Robina, the students had to complete an assessment task, where they had to investigate and evaluate the marketing strategies being used by businesses to sell their products. All the students had a great time at Robina and their behaviour & work ethic should be congratulated. They were excellent ambassadors for Banora Point High School.

Year 12 Legal Studies Lecture Day at Southern Cross.

On the 22nd of August, eight Year 12 Legal Studies students travelled to Southern Cross University in Lismore for a HSC study day. The students were given the opportunity to listen to lectures on Crime, Family and Human Rights, which were presented by a senior HSC marker. I would like to congratulate the students for giving up quite a lot of their own time to attend this day – it certainly shows their commitment to their studies.

Kim Clurey
HSIE Teacher



On the 14th of August, 35 Year 9 students travelled to the EKKA at Brisbane. While there the students got to experience many aspects of rural communities, which complimented the work on 'Communities' which they had been completing in class. This included spending time in the animal nursery, watching the animal judging, checking out the horticultural displays and taste testing many different types of foods. This was a great day and the students should be congratulated on their maturity and cooperation while on the excursion.



YEAR 9 EKKA by Kim Clurey



From the Principal

Mr Greg Smith

Our Working Bee was held on Sunday 19th October. Once again it was well supported and proved to be a very successful day. Painting was a key focus, with five classrooms being completed along with a large amount of external painting. New gardens were established, signs updated and classroom furniture was cleaned. I would like to thank our P&C, staff, students, parents and community members who gave up their Sunday to help improve our facilities.

Information is constantly being added to our website as new policies and processes are put in place. Policies can be found under the 'Our School' tab which links to policies and plans including the Homework Policy and Anti-bullying plan. These have been developed after consultation with staff, student and parent representatives. If there are particular areas of interest that you would like to see included on our website to improve communications, please contact the school with your suggestions.

Our 2015 – 2017 planning process is well under way with the development of our school vision statement and core values. Currently we are working on our three key strategic directions. These will be discussed further at the next P&C meeting, held at 7.00pm on Monday 3rd November. New members are always welcome.

Tickets for the 2014 Schools Spectacular – 'This is Australia' are now on sale. The Schools Spectacular is an outstanding production featuring over 3,500 singers, dancers and musicians representing over 400 public schools from across the state.

This year's show pays tribute to the diversity that Australia offers, not only in its landscape but through the people and the history of our nation.

The 2014 Schools Spectacular will be held at the Qantas Credit Union Arena (formerly the Sydney Entertainment Centre) on:

Friday 28 November 2014	12:00pm
Schools' preview	
Friday 28 November 2014	7:30pm
Official opening night	
Saturday 29 November 2014	1:00pm
Matinee	
Saturday 29 November 2014	7.30pm
Evening performance	

This year's ticketing has been changed with the introduction of a family ticket (two adults and two juniors) for all performances other than the Schools' preview. In addition, there is a new tiered ticketing structure – Platinum, Gold and Silver – to provide a range of pricing options for individuals and families.

For further ticket information and to make bookings, please visit www.schoolsspectacular.com.au

SCHOOLS 2013
SPECTACULAR™
30 spectacular years

BRAVEARTS



You are cordially invited to
Banora Point High School's annual performance...

BRAVEARTS 2014!

Experience the full breadth of our students' skills in
Drama, Dance, Music and Visual Arts.

We are welcoming all students, staff, families & members of the community
to attend this event on

Tuesday 28th October at 6:30pm

The show will run for approximately two hours and we look forward to
entertaining you!

Tickets are sold only at the door and they are
\$3 for a student and \$5 for an adult.

This money goes towards supporting Creative and Performing Arts
initiatives in the school.

There will also be a P&C BBQ held before the show begins. See you there !



SCHOOL NEWS

MUSICAL ACHIEVEMENTS



Hi folks, it is a great time of year to enjoy some of the many successes of Musicians at BPHS. Here are a few highlights.

10.10.14 - Amy Fairleigh of Yr 7 was awarded a 'Merit Certificate' for her outstanding commitment and effort to her Violin studies. She has already become eligible for her first 'badge of recognition' for String Group. Well done Amy.

10.10.14 - Ayden Hall of Yr 10 was invited to do an advanced Audio Engineering training course through his church. He then intends to pass on the skills and knowledge to other students at BPHS.

17.10.14 - Brandon Morgan of Yr 10 has confirmed a place in the "Urban Star" beat boxing competition in Sydney, in the category of 'Comping'. We will keep you posted on the results of this extraordinarily talented and motivated young man.

22.10.14 - The senior Brass Trio performed two songs at the CAPA awards assembly; 1. Sawmill Creek and 2. Regal March.

Alyssa Waldon of Yr 7, played Tenor Saxophone,

Owen Boyd also of Yr 7, played Trumpet,

And Mr Timbs played Trombone.

Judging by the generous positive feedback around the school, the performance was well received. Well done Yr 7.



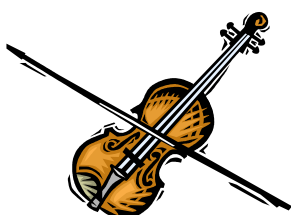
Lastly it was extremely inspiring to see, that after asking for Music Auditions for the upcoming **BraveArts show** (which is **Tues 28.10.14 starting** at 6.30pm) I had over 20 quality items volunteered which sadly had to be culled to the 10 best.

It is truly a credit to the students of BPHS that this high level of passion and commitment to extra-curricular activities, is a thing of regularity at this school.

It is also fantastic to see so many of the ex- Yr 12 students returning voluntarily to help with the BraveArts show in various roles such as; performing, tech support, and junior student mentoring.

A reminder to the learning community, that there are still a large number of Brass, Woodwind, and String instruments available for students to learn on. The first step is to let myself (Mr Timbs) know that you or your student is interested. Keep in mind, if you leave it till next year, you may miss out due to the new Yr 7 students arriving.

Mr Timbs.
Music Teacher.



24 October 2014

Whooping Cough (Pertussis) Alert

There has been a recent case of whooping cough (pertussis) in a person that attends Banora Point High School.

Coughing spreads the infection to others nearby. Whooping cough caught at school can spread to any other members at home. Whooping cough can be especially dangerous for babies.

Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. Older children may just have a cough that is persistent and is worse at night. The infection can occur even in fully-vaccinated children.

What should people sick with pertussis do?

Pertussis is readily spread from an infected person to others by coughing and sneezing. If left untreated, it can be spread for up to three (3) weeks after the start of the infected person's cough.

Do not attend work, school or a childcare facility if you or any household members:

Have a cough as described above. Please see your doctor.

Are being tested for whooping cough by your doctor and waiting for test results.

Are being treated with antibiotics for whooping cough for at least five (5) days after starting the
medicine

Keep coughing children away from babies.

Whooping cough vaccines give good protection against infection but immunity fades. If your school-aged child has younger siblings, it's a good idea to check that they are up to date with their vaccines.

For further advice, please call the Public Health Unit (02) 6620 7585 or NSW Health website

<http://www.health.nsw.gov.au/Infectious/factsheets/Factsheets/pertussis.PDF>



REDUCE RISK - INCREASE STUDENT KNOWLEDGE

www.rrisk.com.au

Talking to Young People about Alcohol and Drugs

It is best for education about alcohol and drugs to begin before young people are exposed to personal decisions about their use. Young people who have accurate information, coping and decision making skills and understand the issues, will be in a good position to make responsible decisions about alcohol and drugs.

Parents provide a powerful role model when it comes to drinking and attitudes to alcohol and other drugs. Take time to talk. Sitting down with the young person in your care and mapping out a plan of action and what to say if they are offered drugs or alcohol can help equip them for the almost inevitable real event. Listen to what the young person in your family says about alcohol and drugs and follow up with a discussion. Take the opportunities when they come up during everyday activities, for example:

When you pour a glass of alcohol

When alcohol or other drugs are mentioned on TV or other media

When using or giving out medicines

When your young person has an assignment on alcohol, smoking, medicines or other drugs.

It is important to understand that in some situations young people may take risks. Sitting down afterwards and helping them identify where things started to go wrong enables them to consider what they could do differently the next time they are faced with a similar situation.

Australian Alcohol Guideline for Children and young people under 18

Not drinking alcohol is the safest option.

For children under 15

Parents and carers are advised that children under 15 years of age are at the greatest risk of harm from drinking and that for this age group, not drinking is especially important.

For Young people aged 15-18 years

The safest option is to delay the initiation of drinking for as long as possible.

Australian Alcohol Guidelines to reduce health risks from drinking alcohol. National Health and Medical Research Council, 2009 can be found at http://www.nhmrc.gov.au/files_nhmrc/file/publications/synopses/ds10-alcohol.pdf

Look for information about the RRISK Program and risk taking at our website www.rrisk.com.au

COMMUNITY NEWS



Representative Netball Trials for 12, 13 & 14 YEARS

Selectors- N. Cusack and Coach of state teams in each age

25th October 12-14s 8-12am

1st November Final selections

**PLEASE ARRIVE 30 MINUTES PRIOR TO ALLOCATED TIMES
FOR SIGN ON AND WARM UP**

12s.....8-10am

13s.....9-11am

14s.....10-12am

NOMINATIONS CLOSE 18th October 2015

Nominations will be accepted via email to repconvenor.tweednetball@gmail.com

with a direct deposit into

TWEED NETBALL ASSOCIATION

ST GEORGE BANK

BSB: 112-879

Account: 438 852 291

(please attach reference number with direct deposit payments)

OR AT THE CLUB HOUSE

18th October 9-11 AM

For More information visit

<http://www.tweed.qld.netball.com.au/>

SCHOOL AND COMMUNITY NEWS




Banora Point
HIGH SCHOOL

KIDS IN NEED

**All Staff and Students are welcome
to sign up for this year's**

Annual Dragon Boat Festival

Sunday 30 November 2014

Jack Evans Boat Harbour (behind Twin Towns)

Start Time 8.00am DST

***NB: Training Session 23 November 2014
9.00 to 10.00am at the back of Seagulls Football Club***

Student Registration \$7.00 Staff Registration \$10.00

To be paid at front office before 25 November 2014

***All proceeds goes direct to
Kids In Need***



CANTEEN MENU

2014 MENU

BANORA POINT HIGH SCHOOL

Daily Specials - pls order

Mondays

Filled Potatoes with sour cream & cheese	
• Ham	3.50
• Bolognese	4.00

Tuesday's

Tandori Chicken Wrap	4.00
Tandori Chicken with salad & Sour Cream	

Wednesday's

TBA	TBA
-----------	-----

Thursday's

Eagle Boys Pizza (equal to 2 slices)	3.50
• Hawaiian	
• Meatlovers	
• Vegetarian	
• Cheese	

Friday's

Nachos	3.50
with Sour Cream & Sweet Chilli Sauce	

Drinks

Bottled Water - 600ml	1.20
- 750ml sip cap	1.80
Milk - Plain 300ml	1.20
Poppers - apple, orange, tropical	1.60
Focus Water	1.80
Crazy Lemon Lemonade - small	1.80
- large	3.00
Slushie - small	1.50
- Large	2.30
Up N Go - Choc, Strawb, Banana, Vanilla	2.00
Flavoured Milk - 300ml	2.00
- 500ml	3.20
Iced Coffee	3.20
Hot Chocolate	2.50
Juice - 500ml - 35%	2.50
- 500ml - 100%	2.80
Iced Tea	2.50

Boost Juices - 350ml bottle	3.00
Energy Lift, Green Recovery, Wildberry Skinny, Superfruit Immune	

Ice Treats

Frozen Juice Cup70
Many Frozen Pops70
Calippo	1.00
Icy Twist	1.20
Paddle Pops	1.50
Paddle Pop Shaky Shakes	2.00
Frozen Yoghurt	2.00

PLEASE NOTE: Limited items will be available over the counter. To guarantee your choice is available, please pre-order. This can be done online at www.munchmonitor.com, or in person at the canteen. Orders can be placed for recess or lunch.

Sandwiches

Vegemite	2.00
Cheese	2.50
Egg - plain or curried	3.00
Tuna	3.00
Lean Ham / Chicken Breast	3.00
Salad	3.00
Baked Beans/Spaghetti	3.00
Salmon	4.00

• Salad = lettuce, tomato, beetroot, carrot & cucumber

Extras

Salad	1.00
Cheese/ Egg / Avocado50

Wraps

Salad with mayo	3.00
Chicken & Salad with mayo	4.00
Ham & Salad with mayo	4.00
Tuna & Salad with mayo	4.00

Special Wraps

Comes with Lettuce, tomato, cheese

Mexican Wrap	4.00
Taco style mince with corn, avocado & sour cream	
Sweet Chilli Tender Wrap	4.00
Sweet Chilli coated chicken tender with sweet chilli sauce	

Burgers

All burgers include lettuce, cheese, tomato & beetroot with your choice of tomato, BBQ, sweet chilli sauce, aioli or mayo.

Cheese Burger - beef & cheese	3.50
Hamburger	4.00
Chicken Burger	4.00
Fish	4.00
Vegie	4.00

Pies & Sausage Rolls

Sausage Roll	2.70
Plain Pie - small	2.20
- large	3.50
Flavoured Pies	3.80
Spinach & Ricotta Roll	3.00
Sauce - Tomato or BBQ20

Toasted Sandwiches

Ham & Cheese	3.50
Chicken, cheese & Avo	4.00

Others

Corn on Cob	1.20
Potato Wedges (cup)	3.00
Hot Dogs - fat free	3.00
Chicken Chipees	3.50
Macaroni Cheese	3.70
Lasagne	3.70

Fresh Sushi

Fresh Sushi	2.60
Chicken & Avocado, Chicken Teriyaki, Honey Soy Chicken, Tuna & Avocado, Tuna, Prawn Tempura, Prawn Sweet Chilli, Salmon & Avocado, Salmon & Cream Cheese, California (crab, avo & egg), Vegetable Tempura, Salad, Avocado, Inari	

Salad Boxes

Fruit Salad	3.50
Salad	3.50
Includes lettuce, tomato, corn, beetroot, carrot, cheese & cucumber	

Extras in Salad Boxes

Egg50
Avocado50
Chicken, Ham, Tuna	1.00

Snacks

Sumo Biscuits50
Fruit - Banana, Orange, Apple, seasonal fruit	1.00
Popcorn	1.20
Assorted Chips	1.20
Cheese & Bacon Rolls	1.80
Yoghurt	1.80
Finger Buns	2.00
Muffins	2.50

COMMUNITY NEWS



New Scout Group for Coolangatta

We are seeking expressions of interest from any families or community members who are interested in establishing a new Scout Group in the Coolangatta/Tweed Heads area at the Scout Den on Scott Street Coolangatta.

No group has been active here for some years, but with the increasing population of children in the area we are keen to see if there is enough interest to support a new group.

Scouting is open to both girls and boys aged between 6 and 26, and to parents or other community members who are interested in participating. Scouting is all about having fun and testing your limits. There is a strong emphasis on outdoor activities such as camping, canoeing, sailing and bushwalking but also lots of other activities such as cooking, craft, electronics and more. A core value of the Scouting movement is supporting the community.

As a voluntary organisation, we will expect that anyone who is interested in their children becoming members will assist in delivering scouting by assisting at section meetings, being on the Group Executive or becoming a leader. To become a leader, previous experience would certainly be useful but not essential and a Blue Card must be obtained. Full training will be provided.

If you are interested in the new group and would like more information, please contact John Laing on rdso.seq@scoutsqld.com.au or 0409 573 900. John is the Regional Development and Support Officer for South East Queensland. We plan to hold a general meeting of interested community members in early November to discuss options.

www.scoutsqld.com.au

<http://www.gcscouts.com.au/>

Be Prepared...



for new adventure!

CAREERS INFO

IS TAFE AN OPTION FOR YOU?

Enrol early ready for 2015.
What course are you interested in?

www.tafegoldcoast.edu.au



www.northcoast.tafensw.edu.au



UPCOMING EVENTS

BPHS SCHOOL CALENDAR TERM 4

Friday 7th November - HSC EXAMS
CONCLUDE

FRIDAY 14th NOVEMBER - FORMAL @ TWIN TOWNS

Tuesday 18th November - Year 7 Uni-Bound
Workshop - SCU Gold Coast Campus



SCHOOL & COMMUNITY NEWS



The next P&C Meeting for 2014
will be held on

Mon 3rd Nov

at 7.00PM DST

All new parents are most welcome to come along
to support your child's school
and meet other parents!

We would love to see you!

Sunday 20 November

**Kids In Need
Dragon Boat Racing**



COMMUNITY NEWS

Rhythmic Gymnastics

Rhythmic Gymnastics combines elements of ballet, dance & gymnastics performed to music with the use of hand apparatus such as rope, hoop, ball, clubs & ribbon.



COME ALONG & TRY THIS BEAUTIFUL & ELEGANT SPORT

Corner of Florence & Adelaide Streets Tweed Heads

MONDAYS • 4.00 - 4.45 - Juniors - Level 1
• 4.30 - 6.30 - Seniors - Level 1 - 4

- Develops posture & confident body movement
- Focuses on body awareness, hand-eye co-ordination, team spirit, confidence building & problem solving
- Provides a unique opportunity for children to express themselves to music



(07) 5599 1714



Health Northern NSW Local Health Network

Children between 0-18 years who have a Medicare card are eligible for

FREE dental services at any of the NSW Health public dental clinics located at the Tweed Hospital, Pottsville Health One and East Murwillumbah Public School.

Please phone 1300 651 625 to register for an appointment.



SCHOOL NEWS

Second Hand Uniform Shop

Our second hand uniform shop functions through the kind donations of parents and students who no-longer have use for their school uniforms. Through these donations, we are able to provide access to low cost uniforms. Any funds raised through the sale of second hand uniforms is deposited into the student welfare assistance fund, used to support students and their families during times of hardship.

Please approach the office administration staff regarding second hand uniform purchases. All donations of quality second hand uniforms are valued and appreciated.



SCHOOL AND COMMUNITY NEWS



Banora Point
HIGH SCHOOL

BACK TO BASICS

Schoolwear & Sportswear

UNIFORM STORE

OPENING HOURS

2014-2015

TERM 1 & 4

Tuesday 12.30pm—3.00pm

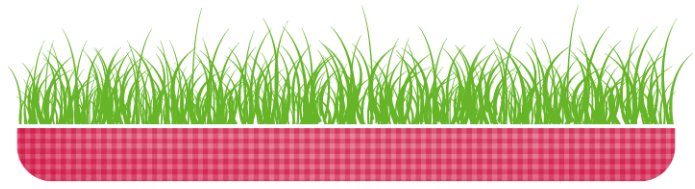
Thursday 8.00am—11.00am

TERM 2 & 3

Thursday 8.00am—11.00am

Uniform Store is located upstairs in J Block

Credit Cards and EFTPOS accepted—sorry no cheques



PEDALS

DRIVING SCHOOL

"Friendly & Professional"

QLD & NSW Accredited
High Focus on Safe Driving
Experienced Instructors
Excellent Pass Rate
Free lesson with Keys
to Drive
ADTA Member



**10%
OFF YOUR
FIRST LESSON**

0421 797 087

www.pedalsdrivingschool.com.au

THOUGHT OF THE WEEK

*It is not
Length of life
But
Depth of life*

Ralph Waldo Emerson



Banora Point
HIGH SCHOOL

BACK TO BASICS

Schoolwear & Sportswear

UNIFORM STORE OPENING HOURS

ORIENTATION DAY FOR YR 7 2015

WEDNESDAY 3 DECEMBER 2014

12.30—3.00pm

Tuesday 2, 9, 16 DECEMBER 2014

12.30—3.00pm

Thursday 4, 11, 18 DECEMBER 2014

8.00—11.00am

Uniform Store is located upstairs in J BLOCK

LAYBYS AVAILABLE November, December, January

EFTPOS, MASTERCARD, VISA, CASH (no cheques accepted)





Banora Point
HIGH SCHOOL

BACK TO BASICS

Schoolwear & Sportswear

UNIFORM STORE OPENING HOURS **SCHOOL HOLIDAY TIMES**

Tuesday 20 January 2015/10.00am-1.00pm

Thursday 22 January 2015/10.00am-1.00pm

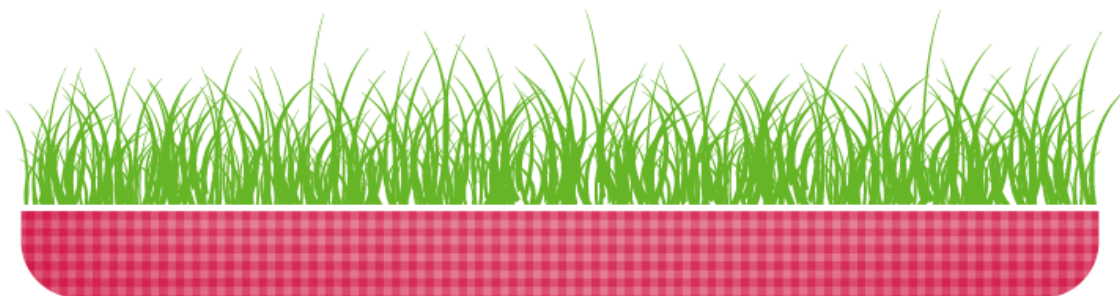
Friday 23 January 2015/10.00am-1.00pm

TERM 1 2015

Tuesday 27 January 2015/8.00am-3.00pm

Wednesday 28 January 2015/8.00am-11.00am

Thursday 29 January 2015/8.00am-11.00am



COMMUNITY NEWS

We Support

Do **YOU** look after someone who has...

- * long term illness?
- * disability?
- * mental illness?

Do **YOU** do things like...

shopping, cooking, cleaning, paying bills, help with showering & dressing, give medication & offer support then.....

YOU are a young CarerWe may be able to help **YOU** with.....

- * Respite — need a break
- * Help at home
- * Getting to sport or other activities
- * Tutoring or time to study

Freecall™ 1800 052 222*

*(Calls from mobiles Charged at applicable rates)
The Commonwealth Respite & Carelink Centre will talk to you and

BANORA POINT
DRIVING SCHOOL**SETTING DRIVING STANDARDS**

- 1st Class Driving Instructor
- One-to-one Learner Lessons
(1hr=3hrs for 120hr quota)
- Automatic & Dual Control Manual
- Accredited RTA Age Testing Examiner

Lic No 9809

Contact Brian

5524 7682
0412 363 392

2014-2015
NSW Family Energy Rebate
\$150*
TOWARDS
ENERGY
BILLS

APPLY
ONLINE
NOW!
2 MINUTES TO FILL IN A FORM
<https://applications.fer.trade.nsw.gov.au/>

* eligibility criteria apply


Trade & Investment
Resources & Energy

Apply before
Midnight
16 June 2015
FOR MORE INFORMATION & ASSISTANCE

PHONE - Service NSW 13 77 88

EMAIL - fer.program@trade.nsw.gov.au
 WEB - www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate

STUDENT BEHAVIOUR

FOCUS: I respect myself in exams.

This means:

- I bring all required equipment
- I have studied for all my exams
- I use all the time allocated and go over my answers before submitting the exam

CHANGE OF INFORMATION

The school is installing a new roll marking/sms network system which requires up to date changes in email addresses and mobile telephone numbers of carers/parents. If you have changed your mobile in the past and feel you may not have informed the school would you please complete this form along with the email address.

Student Name Year:

Father's Mobile No. Mother's Mobile No.

Home Telephone No. Emergency Contact No.

Comments

PARENT EMAIL ADDRESS

SCHOOL NEWSLETTER

We now endeavour to email our School Newsletter to parents directly to their email address. Our goal is to have our Newsletter a paperless one. We would appreciate it if you would update us with changes to your email address in order for us to keep you in the loop. Please fill in the section below and have your child bring it to the front office.

Our fortnight Newsletter is available on our website at www.banorapnt-h.schools.nsw.edu.au

Student Name/s: _____ Year: _____

Email Address School Newsletter to be forwarded to: _____