

# On The Waves

## Banora Point High School

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Term 3 Week 10A

Monday 16 September 2013

## Wollumbin Dreaming Aboriginal Youth Leadership Initiative Program



Over the past 8 weeks, five Year 9 and 10 Indigenous students have participated in the Tweed-Mullumbimby Leadership program 'Wollumbin Dreaming'. This program focusses on developing leadership skills, cultural identity and teamwork amongst within the Indigenous community. Each week the program focusses on a key topic which is extremely beneficial to the development of good team leaders. Participants have been lucky enough to take part in many cultural activities such as an Interpretive Cultural Kayak Tour, Traditional basket weaving, Aboriginal Art, Boomerang history and painting, Traditional dance, and learning the Bundjalung language. They have also had guest speakers from the local Indigenous community address important topics such as Integrity, Awareness, Communication, Advocacy and Acceptance.



***REACH FOR THE STARS***

The students have represented the school to the highest of standards and delivered their final presentation on Thursday 12th September at Tweed Heads Bowls Club, in which they addressed special guests including the mayor of Tweed, Barry Longland about their 'Closing the Gap' initiative project – the Banora Point Indigenous Mentoring Program. I would like to acknowledge the outstanding leadership qualities demonstrated by our students, with special recognition of Year 10 student Tom Rueben-McCoy, who stood out amongst the group of 30 student's week in and week out. Tom is always willing to put his hand up at any opportunity and to go the extra mile, volunteering to do the 'Acknowledgement of Country' on a regular basis, as well as teaching his own traditional dance to the rest of the group. We are very proud to have these wonderful young men representing Banora Point High School within the community.

## Wollumbin Dreaming



*Photos by Larissa Nicholson*





Wollumbin Dreaming students with the Mayor of Tweed.



## Wollumbin Dreaming

Tom, Year 10 – Outstanding  
Leadership Skills



## From the Principal

**Mr Greg Smith**

A working bee will be held on Sunday 20<sup>th</sup> October (9.30 – 1.30) to help ensure that our school continues to be a great learning environment for our students. Some of the activities being planned for the day include:

- Garden development (vegetable or native)
- Painting (internal or external)
- Pressure cleaning steps etc.
- BBQ

We are looking for volunteers to be a part of a team or co-ordinate teams. Please email the school if you are available to assist on the day. [banorah.school@det.nsw.edu.au](mailto:banorah.school@det.nsw.edu.au)

On Monday, 9 September 2013, the Board of Studies sent an email to all Year 10 students inviting them to [activate their Students Online account](#). Year 11 students who have not yet activated their [Students Online](#) account will also be sent an email.

[Students Online](#) is a website designed specifically for senior students as their source of information from Year 10 to the HSC. All students in Years 10, 11 and 12 can now log in to their personal account section called 'My Details' and see their personal study information and contact details.

Students need to have an email address recorded on the Board's system to be able to activate their account. Schools should submit any outstanding email addresses for their Year 10, 11 and 12 students via [Schools Online](#) as soon as possible.

Grades for Year 10 and Year 11, as well as Year 12 HSC results, will be released via [Students Online](#) on the following dates:

- Year 11 – Grades available from Wednesday, 13 November 2013
- Year 10 – Grades available from Wednesday, 11 December 2013
- Year 12 – HSC results available from Wednesday, 18 December 2013

Asthma Foundation NSW has issued an alert for people with asthma warning more than 700,000 people who live with asthma in NSW to be on alert for smoke from bushfires and high pollution levels.

"Exposure to bushfire smoke or high levels of other air pollutants could make asthma symptoms worse and trigger a potentially fatal attack," said Michele Goldman, CEO of Asthma Foundation NSW.

The poor air quality issue is also compounded with Sydney also having a "high" pollen count. We will be issuing daily pollen counts from 16 September on our [website](#) on [Facebook](#) and [Twitter](#).

If your staff or students exposed to bushfire smoke, air pollution or pollens, you can reduce the effects on their asthma by:

- Unless ordered to evacuate, stay indoors, close all windows and doors. If you have an air conditioner, switch it to recycle or re-circulate.
  - Postpone outdoor sporting or exercise activities to when there is a lower risk of bushfire and the Regional Pollution Index (RPI) is medium to low. More activity means deeper breaths, so the particles can be drawn further into the lungs.
  - If you are in your car, put the air system onto re-circulate to reduce your exposure to smoke.
  - Use your asthma action plan if your asthma starts to get worse. If your symptoms aren't improving with use of your reliever medication, seek medical assistance.
- Make sure you and people around you are familiar with Asthma First Aid.

Five of our Aboriginal students have just finished the Wollumbin Dreaming Aboriginal Leadership program. They presented their project including survey results to a large audience at Tweed Heads Bowling Club. These students are showing wonderful leadership and the community should be proud of them.



Our Year 12 Graduation will be held on Friday 20<sup>th</sup> September 2013, starting at 9.00am. I would like to thank all of the staff who have been busy organising this event, with a special thanks to Adi Lengyel (Year 12 Advisor), Louise Nizette and Stacey Bech who have been working on the awards and program for most of this term. All of the school wish Year 12 every success in their upcoming exams.

## From the Principal cont.

Our current canteen operator Sandra Beeten will finish her contract with the school and I once again wish to acknowledge the wonderful job that she has done as the sole operator of the canteen for nine years. During that time she has not only been involved in supplying food to the whole school but her friendly, helpful nature have made her an integral part of our school. She will certainly be missed and we wish her well for the future.

The tender process for the canteen finishes on Friday 20th September. During term 4 students and staff will be able to order lunches online at Flexischools. The URL is [www.flexischools.com.au](http://www.flexischools.com.au)

This facility will operate on Tuesday to Friday. Orders need to be placed by 9.00am each day. Further information will be provided to students before the end of term. We will have limited packaged food and drink available as well.

I wish everyone a safe and interesting holiday and look forward to seeing everyone return on Tuesday 8th October.



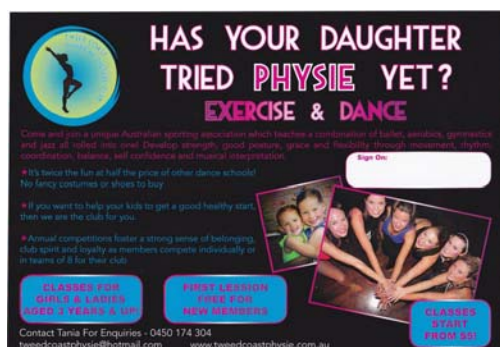

**Tweed Coast Physical Culture Club**, would like to announce to your school community that we have our Term 4 sign on NOW, we are a community dance sport for girls and women aged from 3yrs TO Adult, if you could include a notice in your school newsletter about our term 4 sign on day that would be great.

### TERM 4 SIGN ON

**TWEED COAST PHYSICAL CULTURE CLUB**  
Dance Fun Fitness Friendship

FOR MORE INFORMATION  
CALL: TANIA ON 0450174304

EMAIL: [tweedcoastphysie@hotmail.com](mailto:tweedcoastphysie@hotmail.com)  
WEBSITE: [www.tweedcoastphysie.com.au](http://www.tweedcoastphysie.com.au)



**HAS YOUR DAUGHTER TRIED PHYSIE YET?**  
**EXERCISE & DANCE**

Come and join a unique Australian sporting association which teaches a combination of ballet, aerobics, gymnastics and jazz all rolled into one! Develop strength, good posture, grace and flexibility through movement, rhythm, coordination, balance, self confidence and mutual cooperation.

It's better the fun at half the price of other dance schools!  
No fancy costumes or shoes to buy

If you want to help your kids to get a good healthy start, then we are the club for you.

Annual competitions foster a strong sense of belonging, kids spend and enjoy as members compete individually or in teams of 8 for their club.

**CLASSES FOR:**  
GIRLS & JUNIORS  
AGED 3 YEARS & UP

**FIRST SESSION:**  
FREE FOR  
NEW MEMBERS

**CLASSES START FROM \$5!**

Contact Tania For Enquiries - 0450 174 304  
[tweedcoastphysie@hotmail.com](mailto:tweedcoastphysie@hotmail.com) [www.tweedcoastphysie.com.au](http://www.tweedcoastphysie.com.au)

**CUDGEN**  
S.L.S.C

### NIPPER SIGN-ON

Sunday 15<sup>th</sup> and 22<sup>nd</sup> September  
9.00am to 12.00pm

Location: Cudgen Headlands Surfclub at King-cliff

Check the website for more details

[www.cudgenslsc.org.au](http://www.cudgenslsc.org.au)





## CAREERS NEWS by Jess Dreyer

The Careers Department this last fortnight has been flat strap finalising Year 12 early entry and scholarships applications, as well as final preparations for the up and coming HSC, graduation and formal. Year 11's have prepared well for their end of year exams, and I wish them all success; As it is important to note that their achievements in Year 11 do count to what doors and opportunities open for them in their HSC year. There has been a last minute rush on applications for the early entry programs for Griffith, Southern Cross and Bond Universities by both Year 10 and Year 11 students, and there should be an outcome on their success early next term. Once again, it is great to see so much positiveness bouncing off the classroom walls and from the playground at Banora Point High School. Have a great break, I know I am looking forward to the holidays and enjoying this spectacular weather we have been seeing in this wonderful place we live. Please remember that the best contact for me will be via email, so if you would like to discuss anything with me, please send an email with your contact details and I will phone you as soon as I am free. [jessica-lee.dreyer@det.nsw.edu.au](mailto:jessica-lee.dreyer@det.nsw.edu.au)

### UNIVERSITY NEWS

Most Year 12 students have submitted some form of Early Entry into University for 2014, and a massive thank you goes out to all HSC teachers and staff who have completed reference forms for these students. Your input to their success has been invaluable. As mentioned in the last newsletter, students who have applied for Bond University have had their interviews, and the RESULTS are in. There is going to be some very exciting news announced at the Year 12 graduation ceremony, this Friday 20th September at 9am in Banora Point High School Hall..... STAY TUNED!!!!!! The recipient of the Academic Achievement Award (AAA) \$4000 scholarship from the University of New South Wales will also be announced on Graduation Day. Students that have applied for Star Entry through Southern Cross University, Connect Entry through Griffith University, Early Entry through University of New England and Early Entry through Charles Sturt University will find out the results of their Applications on the night of the Year 12 Formal to be held at Bond University on Wednesday 13th November, arrivals at 4.30pm QLD TIME.

Students must remember that these Early Entries are direct to each university via me. All University Applications then have to be made official through

UAC (NSW) and QTAC (QLD) It is certainly an exciting time for Year 12 students. For more information on early entry applications and either UAC or QTAC please contact me.



### Transition to Work Program Information Session

ON-Q Human Resources is holding a Parent information session, to outline how the Transition To Work (TTW) program works to assist eligible school leavers move towards sustainable, long-term employment.

The TTW program builds person-centred tailored plans around young adults, to assist them to gain confidence, improve living and work skills, build on communication skills, and foster independence with a final outcome of a career pathway through employment in their chosen fields.

The Parent information session details are:

**ON-Q Human Resources Office**

**Unit 1, 10-12 Tierney Place, Tweed Heads South**

**October 16<sup>th</sup> 2013**

**4.30pm – 6.30pm**

If your son or daughter may be eligible for the benefits of this remarkable program, please feel free to attend the session and gather some information.

[Elsa.Aitchison@onqhr.com.au](mailto:Elsa.Aitchison@onqhr.com.au) | [www.onqhr.com.au](http://www.onqhr.com.au)

## CAREERS NEWS continued



## END OF YEAR CELEBRATIONS



On Friday 6th September, Years 10-12 indigenous students were invited to Bond University to celebrate their hard work throughout the year in their involvement with AIME (Australian Indigenous Mentoring Experience). Students have attended various workshops throughout the year, focussing on their aims and future goals, and have also been paired with a University mentor to encourage higher success. Students also got to meet Josh Creamer, a well-known Indigenous Barrister and engage in many other exciting experiences. Thank you to Miss Arthurson who has been with Taneeka Hyatt, Rebekah Williams, Tom Rueben-McCoy, Emily Williams, Dana Bradshaw, and Justin Chadburn on this journey and to Mr Robbie Miller, who is the AIME mentor for our region, for making this such a successful experience.

Students from Banora Point High School are in the winning to win AIME's "The Other Election" campaign, which showcases over 500 Indigenous kids delivering their speeches as the first Indigenous Prime Minister. AIME is calling one million Australians to vote online to show that we can see an Indigenous Prime Minister in our lifetime and an Australia where no kid gets left behind. Banora Point High School has been involved with the AIME program since 2010. AIME works around Australia providing mentoring and educational services for Indigenous high school students, to see them get through at the same rate as every Australian child. Let's show our support to the 6 students mentioned above who have videos in the competition and get voting. Visit [www.theotherelection.com](http://www.theotherelection.com)



## REACH FOR THE STARS

## CAREERS NEWS continued

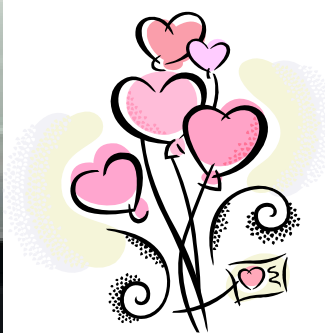
### YEAR 12 MUSIC PERFORMANCE

Over the last few newsletters, I have highlighted the talents of our senior students and their major works in various faculties. Last week, Miss Hannah Wells, performed her music assessments for the HSC markers. She performed 3 pieces, including "Bruno Mars, When I was your man"; "Carrie Underwood, Temporary Home and Jesus take the wheel" and "Christina Aguilera, Hurt". Well done to Mr Timbs, whom has spent many after school hours assisting Hannah to be able to perform at such a high standard. A big thank you to Mr Hayden Bech (ex-student graduate of BPHS 2009) for coming in to assist Hannah with his expertise on the keyboard. Mr Wemm and other senior music students were also involved in the successful day. Well done to Hannah and the Music Department.



### CONGRATULATIONS!

A huge congratulations goes out to our 5 students in Year 12 (Mitch Moore, Kaitlyn Hay, Cailin Barry, Hayley McMillan and Sarah Ottery) who have completed and will graduate from Southern Cross University's Access4U program. These students have attended lectures and completed assessments over the past 17 Wednesdays at Southern Cross University's amazing Gold Coast Campus. They have worked extremely hard, and Mitch Moore in particular has been chosen to assist in a marketing exercise, which has earned him a co-op bookshop voucher (which I am sure he will use as a University student in 2014) I would like to take this opportunity to acknowledge the hard work of Ms Caitlin Burcher at SCU who without her support our students would not have gotten this opportunity and achieved so highly. We are so proud of you.





## CAREERS NEWS continued

### YEAR 11 STUDENT FOR SEMESTER

#### Jackson Myer:

Jackson has just been accepted to do a 1st Year University Course in International Relations which when he passes, will guarantee him entry into his degree at Bond University in 2015. Fantastic News!!



was a very insightful presentation and I thank them both for giving up their very valuable time to come and speak one-on-one with our students.

An employer only needs to give a student 8 hours per week to assist them in their SBT. Students doing an SBT or SBA can achieve their HSC with also a minimum of a Cert II to their credentials. Some students work 1 day a week during the school week and get paid, and go to TAFE (or have their course delivered onsite) For some students a SBT can be the perfect way for them to complete their schooling that suits their needs and their employer.

If you would like more information on SBT and SBA please contact myself or go to the website: [www.sbatinnsw.info/traineeships.php](http://www.sbatinnsw.info/traineeships.php)

### DATES UP AND COMING:

- Titans Girls Academy Residential Workshop 21st – 24th September 2013 at Runaway Bay.
- Year 12 Graduation Ceremony 9am, BPHS Hall, Friday 20th September 2013.
- Year 10 Bond University Head Start Day, Monday 21st October 2013.
- Year 11 Senior Schools Workshop Southern Cross University 24th October 2013
- Year 12 Formal, Bond University, arrivals 4.30pm QLD, Wednesday 13th November 2013.

### SCHOOL-BASED TRAINEESHIPS & APPRENTICESHIPS:

Last Wednesday Year 10 students attended a presentation run by the wonderful Ms Lisa Coughran from Hunter Valley Training Company (who has helped me secure many School-Based Traineeships for our students) and Ms Vanessa Perrin from State Training. Students were given knowledge about the best way to secure and maintain a School-Based Traineeship (SBT) or Apprenticeship (SBA) and what fields and industries students can do them. It



## CAREERS NEWS continued

### CONGRATULATIONS

Three Year 12 students, Tamara Lancaster, Brayden Lee, and Dana Bradshaw, graduated from their Griffith University Business Ambassador Program last Friday night 6th September in a lavish ceremony at the Gold Coast Campus. Banora Point High School has never been prouder to acknowledge these hard working students.

Australia's Gold Coast  
Business Events Ambassador Program



### ARE YOU INTERESTED IN HELPING OTHERS AND THE MEDICAL FIELD???

### HAVE YOU THOUGHT ABOUT A CAREER WORKING IN HEALTH?

There are many rewarding jobs that you can work within the health industry, helping others currently in high demand

<b>Nursing</b>	<b>Podiatry</b>
<b>Midwifery</b>	<b>Counselling / Social Work</b>
<b>Speech Pathology</b>	<b>Occupational Therapy</b>
<b>Nutrition</b>	<b>Aged Care</b>
<b>Paediatrics</b>	<b>Surgical</b>



## CAREERS NEWS continued

### CURRENT VACANCIES

- Automotive Modern Apprenticeship Program offer all males and females the opportunity to apply for full time mechanical apprenticeships with Dealerships such as Renault, Subaru, Jaguar, Audi, Mazda, LandRover, Volkswagon, and Volvo. If you are interested, the process of enrolment begins with going to the website [www.vantageautomotive.com](http://www.vantageautomotive.com) under "Apply Now".
- The HairShack, in Machinery Drive, Tweed Heads, is looking for a first year Apprentice Hairdresser. Please go in with your resume to apply. [www.hairdressertweedheads.websyte.com.au/](http://www.hairdressertweedheads.websyte.com.au/)

### CLASS OF THE WEEK –

#### Year 11 Photography

I caught Miss Duncalfe's Year 11 Photography Class doing an interesting project the other day. Students needed to capture fire, ice and water for their unit of work. I captured student Dylan Wilson hard at work on the water component. I can't wait to see the finished product.



### TITANS ACADEMY WORKSHOP



Last week, we hosted the 5th workshop for the Girls Academy, and once again it was an opportunity for the girls to learn and grow and focus on their futures. We hosted students from Tweed River High School, Wollumbin High School, and Murwillumbah High Schools. The girls were able to interact with each other under the watchful eye of the very funny and talented Clinton Toopi and Mr Kyle, and the expertise from Cathy Dickson and Narelle Howell. The girls were able to start challenging themselves on the future and beyond, by demonstrating team work. Miss Kim Spencer has done a wonderful job co-ordinating these workshops and running the very successful HPC (High Performance Centre) homework centre after hours at Banora Point High School, open 2.30pm-4.00pm each Tuesday and Thursday

Applications are now open for the Junior Residential Camp to be held at the Runaway Bay Sports Complex from the 21st – 24th September. See Miss Spencer or myself for more details.





# *Banora Dragon Slayers bring home the Challenge*

An enthusiastic team of 28 Banora Point High School staff members signed up for the annual Coolangatta-Mt Warning Dragon Boat Festival. The festival was held on Sunday on the Tweed River in front of the Murwillumbah Rowing Club. The weather was perfect for paddling with a slight breeze and a lot of sunshine.

Sixteen corporate teams competed and five of these were Schoolies—hence the “Schools Challenge”. This entailed three heats of which we gained a 1st, 2nd then a 3rd. We came back with a vengeance and were clear winners of the final—bringing home the 2013 Winners Trophy.



*The Winning Team!*







# FAREWELL AND THANK YOU!



*Banora Point High School would like to thank Mrs Sandra Beeten who has run our school canteen since its opening in 2004.*

*She has worked tirelessly to provide good quality food to staff and students over the past 9 years. We thank you for your time, efforts and service, and we wish you well in your future ventures.*





COMMUNITY NEWS

AUSTRALIAN FUTSAL ASSOCIATION

 **FUTSAL**   
5-A-SIDE INDOOR SOCCER

**Competitions starting NOW!**

**BOYS & GIRLS, AGES 7 YEARS & UP**  
**JUNIOR, SOCIAL MIXED & MENS**



COMPETITIONS AVAILABLE AT  
**COOMERA, CURRUMBIN & TWEED HEADS**

**TEAMS AND INDIVIDUALS**  
**OF ALL SKILL LEVELS WELCOME**



**Kindy Futsal (3-6 Years) &**  
**Academy (skill development) Available**

**To nominate or more information contact;**  
**DAWN - ph: 0448 176 191**  
**Email: [goldcoast@australianfutsal.com](mailto:goldcoast@australianfutsal.com)**  
**[www.qldfutsal.com](http://www.qldfutsal.com)**

## COMMUNITY NEWS

### Experience Life As An Overseas Teenager with WEP!

#### From Sarah in the USA:

I am having the best time of my life!! The New York orientation was incredible! I am so happy that it is part of the program. It was a great way to see another part of America and experience new cultures by talking to the other exchanges students. I was not expecting there to be so many of us!! There was a total of 53 of us from Belgium, France, Italy, Germany and just 3 of us Aussies. My host family are so nice and caring and they have been great. I started volleyball with my host sister a few days before school which was good because then I knew people before school started. My first day of school was like walking into an alien spaceship! Everything was so different and it was weird not wearing a uniform. Everyone there was so nice and welcoming and it wasn't hard to make friends. Overall the first month has gone way too fast and I wish I was staying for a year!! I have already made unforgettable experiences and if the rest of my time is like this month I never want to leave!!

#### Find Out More!

WEP's not-for-profit student exchange programs give secondary students the opportunity to choose from over 20 countries to live and study for a summer, semester or even a year. Our programs are designed to fit into the academic schedule to complement your secondary studies with an international exchange experience!

#### Upcoming Information Sessions



#### Request Information

Wed, 11 September (7:30-9pm) - Sydney  
 Wed, 12 September (7:30-9pm) - Brisbane  
 Tues, 17 September (7:30-9pm) - Melbourne



If you cannot attend a WEP information session, please don't worry. We're only a phone call away. If you would like to go overseas or invite an exchange student into your family, simply request a FREE information pack, including our brochure, fee sheet and FREE application form:

- visit [www.wep.org.au](http://www.wep.org.au)
- email [info@wep.org.au](mailto:info@wep.org.au)
- call 1300 884 733



#### KEEN TO KEEP PLAYING SOCCER DURING THE SUMMER?

Then come and play Six a side! Every Friday night

**Kick off Friday 27th September- Finals Friday 13 December**

\$40 per registered FFA players- \$65 for non registered players  
 under 12's, under 15's, Mixed mens/womens (adults), Mens A & Mens B

Minimum 6 players per team- Maximum 10 players per team

**SIGN ON AT- Tweed United FC- Arkinstall park Sth**

#### Tweed

**Thursday 12 September – 5 to 7 p.m.**

**Tuesday 17 September – 5 to 7 p.m.**

**Thursday 19 September – 5 to 7 p.m.**

## COMMUNITY NEWS

# *Tweed Dragons Inc.*

## *"Come and Try Day"*

**When?** SUNDAY 22 SEPTEMBER 2013

**Where?** JACK EVANS BOAT HARBOUR (Tweed Heads)

**Time?** 10.00am to 12.00 Noon—try out time

Paddles and life jackets available

Qualified coaches and experienced paddlers assisting

Bring a Buddy

Sausage Sizzle Lunch Available After Paddling

**Contact:** Norm Hunt 0407 162 619 for further information



## WHAT ARE YOU WAITING FOR!

**COME AND TRY DRAGON BOAT RACING**

With *Tweed Dragons*  
Your local Dragon Boat club

## Kirra SLSC Nippers Sign On

**Free** rashie plus surprise gifts to all members!

Sunday 22 September 8.45am—nippers start Kirra SLSC

**Costs:** If paid at sign-on days:

\$75 per nipper

\$70 per nipper parent for associate membership

At least 1 parent must also become an associate member.]

\$250 per family of 4



For further info, contact Kirra SLSC on 07 5536 2787 or

Email: [nippers@kirraslsc.com](mailto:nippers@kirraslsc.com) OR visit the web at [www.kirrasurfclub.com.au](http://www.kirrasurfclub.com.au)

Kirra Nippers—Helping kids "be the best at being me!"



## COMMUNITY NEWS

### FUN DAY



Thursday 19<sup>th</sup> September 2013  
8.00am – 2.00pm

*Proudly sponsored by*



**Gold Coast and Hinterland Branch**

**\$5 Registration (with goodie bag!)**

**\$15 Park Upgrade**

Interested? Visit [www.cws.org.au](http://www.cws.org.au)

### THOUGHT OF THE WEEK

*One of the things  
I keep learning  
Is that the secret of being  
happy*

*Is doing things for other  
people*

*Dick Gregory*

### COMING EVENTS

**Friday 20 September**

**School Break-up—Enjoy !!**

### KIRRA SLSC NIPPERS

**Kirra SLSC Nippers Sign On**

**Free** rashie plus surprise gifts to all members!

Sunday 22 September 8.45am—nippers start  
Kirra SLSC

**Costs:** If paid at sign-on days:

\$75 per nipper

\$70 per nipper parent for associate membership

At least 1 parent must also become an associate  
member.

\$250 per family of 4

For further info, contact Kirra SLSC on 07 5536  
2787 or

Email: [nippers@kirraslsc.com](mailto:nippers@kirraslsc.com) OR visit the web at  
[www.kirrasurfclub.com.au](http://www.kirrasurfclub.com.au)

Kirra Nippers—Helping kids “be the best at be-  
ing me!”



**Tweed Coast  
Driving  
School**

**(07) 5524 5180**

## SCHOOL AND COMMUNITY NEWS

### UNIFORM SHOP HOURS

**The Back to Basics Schoolwear and Sportswear uniform shop** endeavours to supply Banora Point High School with good quality uniforms at the lowest prices. To achieve this we must keep our running costs to a minimum. Please note the opening hours for the beginning of 2013.

Back to Basics take cash and EFTPOS/Credit Cards – we do not accept cheques.

The hours for the Uniform Shop for Term 3 are:

**Tuesdays 12.30—3pm**  
**Thursdays 8—11am**



**Online Mathematics Tuition**  
**First Tutorial Free**

- Access mathematical expertise with convenience
- Book and attend tutorials on-line
- No software downloads required

**LOGOS**  
Mathematics Tuition, Live Online

1800 422 664  
[www.logosmath.com.au](http://www.logosmath.com.au)

### ARE YOU GOING AWAY?

If you are taking leave from school (holidays) for 5 days or more, it is essential that you call into the office to collect an **EXEMPTION FORM**.

This **must be** completed and returned to the office **PRIOR** to going away.



### DRIVING SCHOOL

## **BANORA POINT** **DRIVING SCHOOL**

#### SETTING DRIVING STANDARDS

- 1st Class Driving Instructor
- One-to-one Learner Lessons  
 (1hr=3hrs for 120hr quota)
- Automatic & Dual Control Manual
- Accredited RTA Age Testing Examiner

Lic No 9809

Contact Brian

**5524 7682**  
**0412 363 392**



### P & C MEETING

The next P&C Meeting for 2013 will be held on

**Monday 7 October**  
**at 7.00PM**

All new parents are most welcome to come along to support your child's school and meet other parents!

*We would love to see you!*

## COMMUNITY NEWS

# “PLAYBALL”

## SOFTBALL

### A GAME FOR THE ENTIRE FAMILY

Tweed District Softball Association Inc. is inviting new and old members to come and register for the upcoming 2013/2014 season commencing 12th October.

All games are played at Piggabeen Sports Complex, Tweed Heads West  
Juniors – Saturday 10am or 12noon / Seniors – Tuesday 6.30pm or 8pm.

We cater for boys and girls from ages 6 and up with Teeball(U10), Primary (Yrs 4,5&6)  
High School (Yrs 7-10) Seniors - Mixed.

We welcome players from both NSW and QLD.

For further information contact Association President - Linda on either  
07 5523-2571 / 0409 27 99 34 or via e-mail: [tweedsoftball@iinet.net.au](mailto:tweedsoftball@iinet.net.au)



Do you know someone who is actively elevating the image of youth?  
Express your appreciation by nominating them for a **Kids in Community Award**

- Caring for Others
- Celebrating Our Cultural Diversity
- Protecting Our Planet
- Serving Our Community
- Raising Funds for Charity Enriching Community Life
- Leading Their Peers
- Achieving Against All Odds

#### Adult (+26yrs)

Adults Supporting Youth  
Media Supporting Youth

Presentation Night 20th November 2013 Twin Towns Clubs & Resorts

Nomination forms available at: High Schools, TAFE Murwillumbah & Kingscliff, Potsville Beach Neighbourhood Centre, Tweed Heads PCYC, Murwillumbah Youth Centre, Southern Cross Credit Union—Tweed/Murwillumbah

For more information visit [www.kic.com.au](http://www.kic.com.au) or call 07 5524 3121



**NOMINATIONS  
CLOSE 20TH  
SEPTEMBER**



## COMMUNITY NEWS

# Understanding Teenagers



**WHEN:** Saturday 9.30am—3.30pm  
**DATES:** September 21  
**VENUE:** Murwillumbah Community Centre  
**Cost:** \$30



Supporting yourself and your child through adolescence. A 2 day course for the parents of teenagers. It can be difficult to know how to respond to challenging behaviours. Knowing more about how to support and communicate with your teenager can assist to get them safely through adolescence. Topics include:

the impact of managing tension points and behaviour, and talking through challenging issues.

**Bookings are essential (07) 5524 8711**

Contact the Intake Worker between 9am—12.30pm Mon—Fri



**Run through The Family Centre's REALskills high schools programs**

**Course Fees:** Course fees cover part of the cost of refreshments & resources provided for course participants. The Family Centre is committed to providing equal access to all the courses we offer. An inability to pay course fees will not restrict your access to the courses we offer. If you are unable to pay course fees please talk with our intake worker or the course facilitators

## COMMUNITY NEWS



REDUCE RISK - INCREASE STUDENT KNOWLEDGE

[www.rrisk.com.au](http://www.rrisk.com.au)

### *Young People and Risk Taking*

Risk-taking in adolescence it is an essential part of learning and personal development. Every healthy adolescent takes risks as he or she grows towards independence. Most researchers agree that if there is no risk there is no growth. A common problem for some young people is their inability to evaluate the potential risks and consequences of everyday behaviour. Thrill seeking, speeding, the desire to impress one's friends; feelings of invincibility and the search for new experiences are all motivating forces that drive many teenagers. As a result they are over represented in every category of risk taking resulting in injury and trauma.

The RRISK Program aims to reduce risk-taking behaviour associated with alcohol and drug use, driving and partying amongst year 11 students in the North and Mid North Coast of NSW. RRISK is relevant to the social life, developmental stage and concerns of adolescents. It extends the school based drug education and road safety curriculum by providing opportunities for senior high school students to develop knowledge, attitudes and skills to reduce risk taking and develop safer celebrating strategies.

Over 4500 students from more than 59 high schools from Port Macquarie to Tweed Heads have registered to attend one of 10 RRISK Seminars. This year, two additional seminars will be held in Port Macquarie and Kempsey to meet the growing demand. If you have a year 11 student in your family, encourage them to attend.

## RRISK seminar dates

**Port Macquarie**  
**Coffs Harbour**  
**Kempsey**  
**Lismore**  
**Tweed Heads:**

Panthers Auditorium  
 Southern Cross University  
 Melville High Community Hall  
 Southern Cross University  
 Twin Town Services Club

7 and 8 November  
 14 and 15 November  
 20 November  
 25, 26 and 28 November  
 5 and 6 December



## COMMUNITY NEWS



Surfside Bus lines are presently conducting a program encouraging students that do not have a bus pass, to obtain one. If you are eligible, you travel FREE on their buses and this in turn helps the environment with less fuel emissions, mums and dads time, congestion at school entrances and buses run on time with less traffic congestion.

Application forms are at the school office so fill one in and see if you are eligible. Surfside also state that if you have a bus pass, then you are also eligible to enter a future completion with a HUGE first prize!!! Details in the coming weeks.



## School Transport Services

Catching a school bus is as easy as ABC...

- A** Application - Fill out an application form. Eligible children travel FREE. Applications are available from school administration.
- B** Bus Pass - Remember to show your bus pass EVERY time you travel or have the correct change for your fare.
- C** Check out [www.surfside.com.au](http://www.surfside.com.au) for full details on bus timetables and how to apply for a bus pass.

Application forms are available from your school Administration office.

When complete, mail the application to:

Surfside Buslines, PO Box 3036, Robina QLD 4230.



## Budget Driver Training

Very patient and experienced instructor

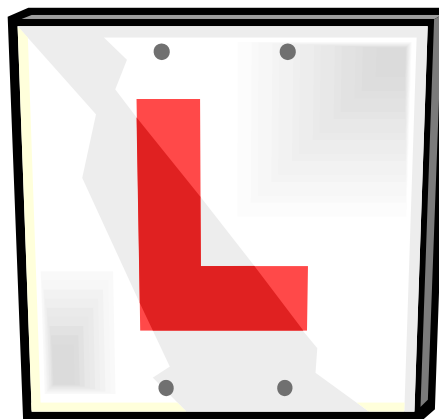
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[www.pedalsdrivingschool.com.au](http://www.pedalsdrivingschool.com.au)



## STUDENT BEHAVIOUR

### FOCUS: I respect myself in assemblies

#### This means:

- I enter and exit the hall in an orderly manner and on the instructions of the teachers
- I listen carefully to all speakers
- I politely acknowledge the achievements of other students

## CHANGE OF INFORMATION

The school is installing a new roll marking/sms network system which requires up to date changes in email addresses and mobile telephone numbers of carers/parents. If you have changed your mobile in the past and feel you may not have informed the school would you please complete this form along with the email address.

Student Name..... Year: .....

Father's Mobile No..... Mother's Mobile No.....

Home Telephone No..... Emergency Contact No.....

Comments.....

## PARENT EMAIL ADDRESS

### SCHOOL NEWSLETTER

We now endeavour to email our School Newsletter to parents directly to their email address. Our goal is to have our Newsletter a paperless one. We would appreciate it if you would update us with changes to your email address in order for us to keep you in the loop. Please fill in the section below and have your child bring it to the front office.

Our fortnight Newsletter is available on our website at [www.banorapnt-h.schools.nsw.edu.au](http://www.banorapnt-h.schools.nsw.edu.au)

Student Name/s: \_\_\_\_\_ Year: \_\_\_\_\_

Email Address School Newsletter to be forwarded to: \_\_\_\_\_