On The Waves

Banora Point High School



Monday 2 September 2013

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Term 3 Week 8A

CONGRATULATIONS AMELIA!

A *huge* congratulations goes out to Amelia Hardaker in Year 11who has just taken home a very prestigious honour. Amelia is studying Hairdressing at TAFE (TVET Course), and attends Kingscliff campus 1 day a week in order to complete her Cert II in Hairdressing for her HSC. Amelia has just won 1st prize for the TVET entrants in the Hair Mannequin Category Competition sponsored by JOICO. Her brother Jess was also a winner. Amelia has is pictured next to her brother in the second back row with the other winners. An exstudent Alisha Marshall (2010) is also pictured with the winners. Congratulations Amelia, you truly have a natural talent!





REACH FOR THE STARS



From the Principal

Mr Greg Smith

The final P&C meeting for the term has been moved from Monday 2nd September to Tuesday 3rd September. It will be held at 7.00pm in the front conference room. New members are welcome.

Please be aware that we have recently been informed of a case of whooping cough in the community (not directly in our school). I would like to direct our school community to the NSW Department of Health website, so that they can be making informed decisions in relation to health care and immunisation. A whooping cough fact sheet can be found at http:// www.health.nsw.gov.au/Infectious/factsheets/ Factsheets/pertussis.PDF

Ownership of laptops will be formally transferred to students who have completed Year 12 in 2013. Laptops remain the property of NSW Department of Education and Training until transfer takes place. These laptops will be unlocked and reimaged with Microsoft software for students personal use. Processes for this to occur have been discussed with students. They can make arrangements with the TSO for this to occur before the end of term or directly after their HSC exams have finished.

We are considering rebadging one of our support classes for 2014. This is due to changing enrolments in the support unit. The intention would be to reclassify one class as an IO/AU/PH class. Discussions have occurred with the support unit staff and we welcome any enquiries regarding this.

The tender ad for our canteen has been placed in the Gold Coast Bulletin, SMH and the Courier Mail. Tenders close on Friday 20th September 2013. In term 4 we have made arrangements with Centaur Public School for students to order lunches online. We will organise for these to be picked up each day. Full details about the ordering process will be supplied in upcoming newsletters.

Banora Point High has been randomly selected to participate in a study being done by the

NSW Commission for Children and Young People and the NSW Mental Health Commission. One Year 9 and one Year 10 class will be involved in a 20 minute anonymous survey. A school specific report will be generated that may assist us in future planning. Parents of students in the selected classes will receive information sheets and consent forms in the next couple of days. Further information regarding the NSW Commission for Children and Young People can be found at <u>www.kids.nsw.gov.au</u>.

Our student captain elections have been held and the successful candidates have been notified. These include the captains, vice-captains and councillors. They will be officially announced at the Year 12 graduation ceremony when the induction will occur and the current captains hand over their roles to the incoming captains. I would like to take this opportunity to congratulate all students who participated in the election process; we had a very strong field of candidates. I would also like to give recognition to the wonderful work that our existing student leaders have done during their time in the positions.

The new attendance system is in its third term and I would like to thank all parents for their cooperation and patience when issues have arisen. Our attendance team is working with the developers to minimise errors and maximise the effectiveness of the RollMarker program.

We still have a number of students who are arriving late on regular occasions and fail to bring a note to school. It would be very helpful if parents of late students can move them off to school ten or fifteen minutes earlier and on occasions when lateness is unavoidable, please supply them with a note.

We are also minimising the interruptions caused by students being out of class. Students who need to pay for their excursions at the office either before school or during the recess or lunch break. They are not to come to the office during class time to make payments.

I would also like to thank both parents and students for the generally high level of compliance with our uniform rules. If your child cannot avoid being out of uniform, please ensure that what they where is as close as possible to the uniform with no inappropriate images or messages on their clothes. They need a note giving the reason for being out of uniform, signed by a parent or carer. The standard of footwear is beginning to slip and all students have been reminded that plain black shoes with a firm leather upper is the uniform. We have recently been informed that Brandon Stockwell – 7Q, has competed

From the Principal cont.

in the Champion Of Champion Tennis Tournament, held in Inverell. By all accounts, Brandon played brilliantly in the qualifying rounds, only losing one match over the entire weekend. Brandon was runner up in his age division and is now a State Finalist. He will compete in the State Titles, ranked the number 2 player for the entire Northern NSW Region for his age division. We congratulate Brandon and wish him good luck for the State Titles being held in Sydney in October.

Medicare local is hosting a short film competition aimed at students on the North Coast to submit proposals for short films that promote 'A Healthier North Coast'. Applicants are invited to submit a 200 word proposal via Healthy North Coast (http:// healthynorthcoast.org.au/the-pitch-short-filmcompetition-2013/), for a film that features a health issue relevant to them and their community by 5PM Thursday 19th September, 2013.

If required the Healthy North Coast team will provide assistance in producing the film for finalists who need additional support.

Prizes for this PITCH round are:

1st. Canon 70D DSLR package 2nd. Go Pro Hero 3 (Black edition) 3rd. iPad Mini

You can access the full PITCH guidelines at: <u>http://healthynorthcoast.org.au/wp-content/</u><u>uploads/2013/08/FINAL-PITCH-SFC-guidelines.pdf</u>

School staff have been made aware of the competition and students should speak to their teachers if they wish to enter or if they need extra help.

COMING EVENTS

SEPTEMBER 3 Tuesday P&C Meeting

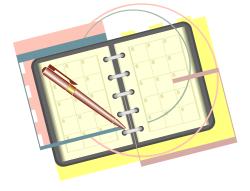
SEPTEMBER 15 Banora Dragon Slayers Race Day at Tweed River, Condong

UNUSED SCHOOL UNIFORMS

Have you got any Banora Point High School used uniforms laying around?

Your uniforms you have grown out of can help others.

We are looking for uniforms to increase the sizes available in our uniform pool and your donation would be extremely appreciated. Items in greatest need are skirts and jumpers, although all items are sought after. Please bring any uniform donations to the office or Mr Randle.



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CAREERS NEWS by Jess Dreyer

It has been another crazy busy couple of weeks in the Careers Department this last fortnight. Year 12s are still working hard, Year 11s are preparing for their end of year exams, and there has been lots of activities in every faculty across the whole school. It is great to see so much positiveness bouncing off the classroom walls and from the playground at Banora Point High School. Have a great week and please remember that the best contact for me will be via email, so if you would like to discuss anything with me, please send an email with your contact details and I will phone you as soon as I am free. jessica-lee.dreyer@det.nsw.edu.au.

UNIVERSITY NEWS

Most Year 12 students have submitted some form of Early Entry into



University for 2014, and HSC teachers and staff are currently busy completing the reference forms for these students. Students who have applied for Bond University had their interviews last week, and the results will be announced, along with the recipient of the Academic Achievement Award (AAA)\$4000 scholarship from the University of New South Wales at the Year 12 Graduation Day to be held here at Banora Point High School Hall on Friday 20th September at 9am. Students that have applied for Star Entry through Southern Cross University, Connect Entry through Griffith University, Early Entry through University of New England and Early Entry through Charles Sturt University will find out the results of their Applications on the night of the Year 12 Formal to be held at Bond University on Wednesday 13th November, arrivals at 4.30pm QLD TIME.

Students must remember that these Early Entries are direct to each university via me. All University Applications then have to be made official through UAC (NSW) and QTAC (QLD) All of their hard work has almost come to an end. Keep working Year 12, there is not long to go now to reap all your rewards and more.

For more information on early entry applications and either UAC or QTAC please contact me.







YEAR 11 STUDENT FOR SEMESTER

Rachel Grey & Ryan McMullen: BRINGING AMBITION TO LIFE

Rachel has just been accepted to do a 1st Year University Course In Screen Writing and Ryan accepted into Contemporary Issues in Law and Society early, which when they pass, will guarantee them entry into their degree at Bond University in 2015. Fantastic News!!



DATES UP AND COMING

- Titans Girls Academy Workshop 3rd September 2013 at BPHS Hall 9.30am.
- Titans 4 Tomorrow Indigenous Careers Expo 27th August 2013
- Griffith University Business Ambassador Program Graduation 6th September 2013 5.00pm.
- Year 11 Senior Schools Workshop Southern Cross University 24th October 2013
- HSC Information Evening 4th September 2013, BPHS Library 6.30pm

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CAREERS NEWS continued

YEAR 12 INDUSTRIAL TECHNOLOGY MAJOR WORKS

Last week, I featured Year 12 major works from Textiles and also progressive works from Visual Arts. This last fortnight, HSC markers have come into the school and marked the projects of our Industrial Technology students. Well done to Mr Williams, whom has spent many after school hours assisting the students to complete their jobs at such a high standard. I would be happy to have any of these pieces in my own home. Well done to all students.



















CAREERS NEWS continued

TITANS INDIGENOUS CAREERS EXPO

On Tuesday 27th August, students were invited to Tweed River High School, where the Titans hosted an Indigenous Careers Expo. There were many stalls of employers, universities, job agencies, tafe and a few Titans players too. It was a



fun filled evening where students could personally talk to the people in the know. Thank you to Miss Spencer who runs the Titans Girls Academy at Banora Point High School, our friends Aunty Chris, and Mrs Ryan from Tweed River High School and also to the amazing Cathy Dickson and Narelle Howell from the Titans who all helped complete a successful night.





ARE YOU INTERESTED IN BUSINESS, TOURISM, HOSPITALITY AND RESORTS???

HAVE YOU THOUGHT ABOUT A CAREER WORKING IN THE BUSINESS SECTOR?

There are many jobs that you can work within the social work/ counselling industry currently in high demand



| Human Resources & Management | Kitchen & Bar, National & International |
|------------------------------|---|
| Business Administration | Interpreters & Tour Guides |
| Marketing and Finance | Customer Relations & Events |



CURRENT VACANCIES

Automotive Modern Apprenticeship Program offer all males and females the opportunity to apply for full time mechanical apprenticeships with Dealerships such as Renault, Subaru, Jaguar, Audi, Mazda, LandRover, Volkswagon, and Volvo. If you are interested, the process of enrolment begins with going to the website www.vantageautomotive.com under "Apply Now".

CLASS OF THE WEEK YEAR 8 T/R D & T

Mrs Hargreaves was busy working with Year 8s last week on their new exciting projects. Students had to make their own fabric monsters. This required lots of preparation, designing, choosing colours, cutting, stuffing and sewing techniques. Students were working hard when I came into visit, and I look forward to seeing the finished products. Well Done Year 8.









RHYTHMIC GYMNASTICS CHS STATE CHAMPIONSHIPS

NEWCASTLE AUGUST 2013

Ebony Whitelock of Banora Point High School completed in Division D. This Division was comprised of Level 3 and Level 4 Gymnastics.

Ebony competed at Level 3 and to do so well, is exceptional. Ebony's results were:

- ROPE 12th
- HOOP 11th
- BALL 14th

Overall, Ebony came 13th which is awesome.

Congratulations!









LOTE

On Monday 2 September LOTE teacher Mrs Hargreaves invited Mr Ken Matsuto to come in and cook some amazing YAKISOBA (stir-fry noodle) for students and staff. 7S assisted him in the cooking and got to have a tasty feed at the end. Thank you Mrs Hargreaves for organising this as part of Banora Point High School's Language Department.

















BANORA POINT HIGH SCHOOL students have been on a journey of discovery. When you see an elderly person sitting in a chair you may not realise how many wonderful things they have achieved, they come from a different era in some ways, they may have had more freedom than the youth of today.

YEAR 11 students, Tineka Frampton, Amy Todd, Rachel Grey and Jessica Neal, could see the window of opportunity to document these pieces of history that otherwise may have slipped through our fingers and gone for ever.

They have been recording special booklets, featuring the life experiences of the elderly who live at the RSL Care Winders Residential Care Community at Banora Point.

On 7 August booklets were presented, and moved people to tears both residents, families and friends. The CEO, Managers, teachers and students were impressed as to how the girls had captured this history that would otherwise been forgotten.

Rachel said the best aspect of the experience was learning about all the things that had happened in her ladies' life. "My lady had a husband that was in the Darwin bombing...I enjoyed seeing the pictures of her family, some very old pictures, well she is 93," Rachel said. "It was a nice experience to learn about her life and it was a nice bonding experience."

Jessica agreed and said some of the stories were really interesting, as her lady had lived in East Africa for a while.

"She had amazing stories...When we did the presentation the family was really appreciative and they were so interested in the book," Jessica said.

"They really enjoyed it and it was nice to meet the daughter she had kept talking about. She had an old picture with her daughter with a monkey so it was nice to see her now.

"My lady was 94 and she read all the time, she had all of these mystery novels to read."

Amy said she enjoyed the experience of going into the elderly person's environment and learning of the miracles that can happen in people's lives.

"My lady, Betty shared an experience when she was a little girl about age eight, she was asleep on the lounge and her dad picked her up and put her into bed and then the roof collapsed. She would have died," Amy said.

Tweed Seniors Expo will be held 19 September 2013 at SDA Community Centre, Racecourse Road Murwillumbah

AUSTRALIAN FUTSAL ASSOCIATION 5-A-SIDE INDOOR SOCCER **Competitions start ng NOW! BOYS & GIRLS, AGES 7 YEARS & UP** JUNIOR, SOCIAL MIXED & MENS **COMPETITIONS AVAILABLE AT COOMERA, CURRUMBIN & TWEED HEADS TEAMS AND INDIVIDUALS** LL SKILL LEVELS WELCOME Kindy Futsal (3-6 Years) & Academ (skill development) (Available To nominate or more information contact; DAWN - ph: 0448 176 191 Email: goldcoast@australianfutsal.com www.eldfutsal.com



To Victory Ford South Tweed and Mr Lapardin —for their very generous donation of \$500.00 to help our Athletics team on their way to the State Titles in Sydney this week!!



Kirra SLSC Nippers Sign On

Free rashie plus surprise gifts to all members!

Sunday 8 September 9—11am) Sunday 15 September 9–11am)the Oasis Pool, Club Banora



Sunday 22 September 8.45am—nippers start Kirra SLSC

Costs: If paid at sign-on days: \$75 per nipper \$70 per nipper parent for associate membership At least 1 parent must also become an associate member.j \$250 per family of 4

For further info, contact Kirra SLSC on 07 5536 2787 or Email: nippers@kirraslsc.com OR visit the web at <u>www.kirrasurfclub.com.au</u>

Kirra Nippers—Helping kids "be the best at being me!"



Thursday 19th September 2013 8.00am - 2.00pm

Proudly sponsored by



\$5 Registration (with goodie bag!) \$15 Park Upgrade

Interested? Visit www.cws.org.au



COOLANGATTA SURF LIFE SAVING CLUB

Nippers Sign on for season 2013/14 Sunday 8th & 15th Sept. at South Tweed Indoor Pool 10.00am-12.00pm New members welcome – ages 5-13

For more information contact Coolangatta SLSC on 5536 8474 or visit <u>www.coolangattaslsc.com.au</u>

Creating great Australians!

THOUGHT OF THE WEEK

You can never be happy at the expense of the happiness of others COMING EVENTS

Monday 2 September—State Dance Festival, Sydney—Dance Company Tuesday 10 September—Vaccinations for Years 6 and 9 boys Friday 13 September—Year 7 Fun Day



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SCHOOL AND COMMUNITY NEWS

UNIFORM SHOP HOURS

The Back to Basics Schoolwear and Sportswear uniform shop endeavours to supply Banora Point High School with good quality uniforms at the lowest prices. To achieve this we must keep our running costs to a minimum.

Please note the opening hours for the the beginning of 2013.

Back to Basics take cash and EFTPOS/Credit Cards – we do not accept cheques.

The hours for the Uniform Shop for Term 3 are:

8am—11am Every Thursday



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- Automatic & Dual Control Manual
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ARE YOU GOING AWAY?



If you are taking leave from school (holidays) for 5 days or more, it is essential that you call into the office to collect an EX-EMPTION FORM.

This **must be** completed and returned to the office **PRIOR** to going away.

P & C MEETING

The next P&C Meeting for 2013 will be held on

Tuesday 3 September at 7.00PM

All new parents are most welcome to come along to support your child's school and meet other parents!

We would love to see you!

KINGSCLIFF DISTRICT FOOTBALL CLUB 2013 SIX A SIDE SOCCER

Our summer six a side is a social event and will be held at Casuarina Rugby Field, Casuarina Way, Casuarina (while our fields are being upgraded in the off season for 2014).

AGES GROUPS

U9-U10; U11-U12; U13-U14 (boys, girls and mixed will compete against one another in these ages). **U15-U17 Girls; U15-U17 Boys**; **U18s to Open Mens; U18s to Open Women**.



For details, online registration forms for both individuals and teams and direct deposit information log onto <u>kingscliffsoccer.com.au</u>.

SIGN ON DATES: Tues. 10th and Thurs. 13th September, 2013 at 5-7pm (at the Kingscliff DFC clubhouse, Cnr Shell Road, Kingscliff)

For further details contact our register on naomi@kingsclifffootball.com.au

Competition will be held on Tuesday afternoon/evenings 8 October to 3 December (9 weeks). Players play at their own risk and should have their own insurance.

"PLAYBALL"

SOFTBALL

A GAME FOR THE ENTIRE FAMILY

Tweed District Softball Association Inc. is inviting new and old members to come and register for the upcoming 2013/2014 season commencing 12th October. All games are played at Piggabeen Sports Complex, Tweed Heads West Juniors – Saturday 10am or 12noon / Seniors – Tuesday 6.30pm or 8pm.
We cater for boys and girls from ages 6 and up with Teeball(U10), Primary (Yrs 4,5&6) High School (Yrs 7-10) Seniors - Mixed. We welcome players from both NSW and QLD.

For further information contact Association President - Linda on either 07 5523-2571 / 0409 27 99 34 or via e-mail: tweedsoftball@iinet.net.au

Understanding Teenagers



 WHEN: Saturday 9.30am—3.30pm
DATES: September 14 & 21
VENUE: Murwillumbah Community Centre
Cost: \$30

Supporting yourself and your child through adolescence. A 2 day course for the parents of teenagers. It can be difficult to know how to respond to challeng-



ing behaviours. Knowing more about how to support and communicate with your teenager can assist to get them safely through adolescence. Topics include:

the impact of managing tension points and behaviour, and talking through challenging issues.

Bookings are essential (07) 5524 8711

Contact the Intake Worker between 9am—12.30pm Mon—Fri



Run through The Family Centre's REALskills high schools programs

Course **Fees**:Course fees cover part of the cost of refreshments & resources provided for course participants. The Family Centre is committed to providing equal access to all the courses we offer. An inability to pay course fees will not restrict your access to the courses we offer. If you are unable to pay course fees please talk with our intake worker or the course facilitators



REDUCE RISK - INCREASE STUDENT KNOWLEDGE www.rrisk.com.au

Adolescent Drinking Behaviour

Young people aged 16-24 are amongst the heaviest drinkers in Australian society. In NSW, 46% of males and 43% of females in this age group are drinking at levels that could pose a serious risk to their health if they continue to drink at this level during their lifetime.

Over half of this group regularly drink to intoxication, which places them at risk of an alcohol related injury on any single drinking occasion. (NSW Health Statistics, 2011)

Young people are less likely than adults to be concerned about the negative consequences of heavy drinking. They are more at risk than adults as they are physically and psychologically immature, lack experience with alcohol, are more willing to engage in risk taking behaviour and are often unaware of the dangers of excessive consumption.

Choosing not to drink or learning how to drink responsibly can be among the most difficult tasks facing young people today. The earlier young people start drinking, the more likely they are to become high risk drinkers and experience alcohol related harm whilst they are young and in later life.

Alcohol and adolescent brain development

The brain is not fully developed until about 25 years of age. Drinking alcohol to intoxicating levels during adolescence can result in permanent brain damage. Areas of the brain that control memory, learning, decision making and problem solving can be permanently affected.

Learning problems can result in poor exam results and life skills which will reduce future career options and employment. Lack of judgement often leads to greater risk taking and increased likelihood of violence or sexual assault. Regular heavy drinking can cause irrational and aggressive behaviour, inability to understand social cues, depression and anxiety.

For more information on the effect of alcohol on the developing brain, see http://darta.net.au/wordpress-content/uploads/2013/02/ALCOHOL-AND-THE-DEVELOPING-BRAIN.docx.pdf

Mental health

Drinking at a young age increases the risk of mental health problems such as depression, anxiety, bipolar disorder, attention deficit disorder and increased risk of self harm, including suicide, delinquent behaviour and alcohol dependency in later life.

Look for information about the RRISK Program and risk taking at our website <u>www.rrisk.com.au</u>







Surfside Bus lines are presently conducting a program encouraging students that do not have a bus pass, to obtain one. If you are eligible, you travel FREE on their buses and this in turn helps

the environment with less fuel emissions, mums and dads time, congestion at school entrances and buses run on time with less traffic congestion.

Application forms are at the school office so fill one in and see if you are eligible. Surfside also state that if you have a bus pass, then you are also eligible to enter a future completion with a HUGE first prize!!! Details in the coming weeks.

Budget Driver Training

Very patient and experienced instructor

Get your FREE driving lesson:

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Lessons from \$50



Pedals Driving School



Surfside School Transport Services

Catching a school bus is as easy as ABC...

- Application Fill out an application form. Eligible children travel FREE. Applications are available from school administration.
- Bus Pass Remember to show your bus pass EVERY time you travel or have the correct change for your fare.

Check out www.surfside.com.au for full details on bus timetables and how to apply for a bus pass.

Application forms are available from your school Administration office. When complete, mail the application to: Surfside Buslines, PO Box 3036, Robina QLD 4230.

STUDENT BEHAVIOUR

FOCUS: I am responsible for my behaviour in assemblies

This means:

Comments.....

- I enter the hall quietly when instructed by the teacher
- I clap politely and acknowledge students and staff achievements
- I show respect to all speakers by listening quietly

CHANGE OF INFORMATION

PARENT EMAIL ADDRESS

| SCHOOL NEWSLETTER We now endeavour to email our School Newsletter to parents directly to their email address. Our goal is to have our Newsletter a paperless one. We would appreciate it if you would update us with changes to your email address in order for us to keep you in the loop. Please fill in the section below and have your child bring it to the front office. | |
|--|---------------------------------------|
| Our fortnight Newsletter is available on our website a | at www.banorapnt-h.schools.nsw.edu.au |
| Student Name/s: | Year: |
| Email Address School Newsletter to be forwarded to: | |
| | |