

## Year 7 Course Overview 2021

KLA/Course	Term 1 (5 lessons)	Term 2 (5 lessons)	Term 3 (5 lessons)	Term 4 (5 lessons)
CAPA - Dance	<p><b>TOPIC: Safe Dance Practice</b> A unit focusing on, warm up, cool down, nutrition, injury prevention and treatment and aspects of safe dance practice</p> <p>L – emphasising critical thinking through reading, writing, listening, reflecting and speaking about body. Anatomy - specific vocabulary.</p> <p>N - <i>geometrical figures, platonic solids, biomechanics, time elements – counting.</i></p>	<p><b>TOPIC: Dance Technique</b> A unit focusing on furthering strength, flexibility, coordination, skill, endurance and control while performing complex sequences in the classical, modern and contemporary dance style. Students also focus on further developing performance quality, projection, quality of line, focus and manipulation of the elements while performing complex sequences and dances. Students will perform the dance routine they have been learning in class that incorporates a variety of dance styles and techniques.</p> <p><b>STEP UP 2 - The Streets</b> <b>FLASHDANCE - What A Feeling</b> <b>MICHAEL JACKSON – Thriller</b></p> <p>L – emphasising critical thinking through reading, writing, listening, reflecting and speaking about dance, and viewing and evaluating dance works. Dance-specific vocabulary.</p> <p>N - <i>geometrical figures, platonic solids, biomechanics, time elements – counting.</i></p>	<p><b>TOPIC: Creative Dance</b> <b>Introduction to the Elements of Dance</b> A focus on the Elements of Dance and how they are used to communicate ideas. Discovering TIME – SPACE - DYNAMIC</p> <p>L - emphasising critical thinking through reading, writing, listening, reflecting and speaking about dance, and viewing and evaluating dance works. Dance-specific vocabulary.</p> <p>N - <i>geometrical figures, platonic solids, biomechanics, time elements – counting.</i></p>	<p><b>TOPIC: What is Dance?</b> This unit describing and analysing dance as an expression of ideas within a social, cultural or historical context. Students creating motifs and phrases from selected artworks and reflecting about their research.</p> <p>L – emphasising critical thinking through reading, writing, listening, reflecting and speaking about dance, and viewing and evaluating dance works. Dance-specific vocabulary.</p> <p>N - <i>geometrical figures, platonic solids, biomechanics, time elements – counting.</i></p>