



BANORA POINT HIGH SCHOOL CANTEEN MENU

Items are available for purchase over the counter during recess and lunch but often sell out fast. To ensure you don't miss out, we encourage students to place an order. All orders must be placed at the canteen counter before school. We open from 8am and EFTPOS facilities are available.

Banora Point High School offers a menu designed to encourage healthy eating habits. Please advise of any allergies and we will be only too happy to assist.

NSW Government requires all NSW schools to comply with the Healthy School Canteen strategy and we are compliant with this policy. This menu may be subject to change to meet these requirements.

SANDWICHES, WRAPS & ROLLS

Vegemite, honey or cheese	\$3.00
Salad	\$5.50
lettuce, carrot, tomato, beetroot, onion, alfalfa	
Egg plain or curried with lettuce	\$6.00
Lean ham or chicken breast	\$6.50
with seasonal salad	
Tuna or salmon	\$7.00
with seasonal salad	
Add cheese	\$1.00
Add egg	\$1.50
Add avocado	\$1.50
Add chicken or lean ham	\$2.00
Add tuna or salmon	\$2.50

FRESH BOWLS

Fresh seasonal fruit bowls	\$4.50
100% Acai bowls	\$9.50
100% acai blended with blueberries, served with crunchy granola and topped with fresh seasonal fruit, additional crunchy granola, coconut flakes drizzled with honey. * ORDER ONLY	
Fresh salad bowls	\$5.50
lettuce, carrot, tomato, beetroot, corn, onion, cheese & alfalfa with choice of balsamic dressing or mayo	
Add egg	\$1.50
Add avocado	\$1.50
Add chicken or lean ham	\$2.00
Add tuna or salmon	\$2.50

LOADED WRAPS

- Mexican Wrap** \$6.00
homemade mexican mince and corn mix, lettuce, cheese, tomato, avocado and sour cream wrapped in a tortilla wrap
- Sweet Chilli Wrap** \$5.50
sweet chilli tender, lettuce, cheese and tomato with sweet chilli sauce wrapped in a tortilla wrap
- Kentucky Wrap** \$6.50
kentucky style chicken tenderloin, bacon, lettuce, cheese and tomato with creamy herb mayo wrapped in a tortilla wrap
- Chipotle Wrap** \$6.50
chicken tenderloin, bacon, lettuce, cheese and tomato with tasty chipotle mayo wrapped in a tortilla wrap

QUICHES

- Ham and egg quiche** \$8.50
freshly made with eggs, cheese and lean ham, salt and pepper. Served with small salad and balsamic dressing
- Vegetarian quiche** \$8.50
freshly made with eggs, cheese, tomato, corn and salt and pepper. Served with small salad and balsamic dressing

BURGERS

- Cheeseburger** \$4.50
100% beef patty with cheese and choice of sauce
- Bacon & egg roll with choice of sauce** \$4.50
- Chicken Burger** \$6.00
Lettuce, cheese, tomato, chicken patty & mayo
- Hamburger** \$6.00
100% beef patty, lettuce, cheese, tomato with choice of sauce
- Vegie Burger** \$6.00
Falafel patties, lettuce, cheese, tomato with choice of sauce
- Kentucky Burger** \$6.50
Kentucky tenderloin, bacon, lettuce, cheese tomato herb mayo

Sauces available - BBQ, tomato, whole egg mayo, creamy herb mayo, sweet chilli sauce, chipotle mayo, hot chilli or aioli.

SNACKS AND COUNTER ITEMS

Garlic bread	\$1.00
Pizza sub- bread roll based	\$1.50
Fresh muffin	\$2.50
Cheesymite scroll	\$3.00
Noodle cup beef or chicken	\$3.50
Fresh sushi	\$4.00
Toasties- ham/cheese or chicken/cheese	\$4.00
Chicken chippies cup (6)	\$4.00

DRINKS

Water large	\$3.00
Water small	\$2.50
Up & Go	\$3.00
Juice Bomb or Glee can	\$3.00
100% juices orange or apple	\$5.00
Chill Ice Tea 500ml	\$4.50
Flavoured Pump	\$5.00
Flavoured milks small	\$4.00
Flavoured milks large	\$5.00
Ice Break Coffee	\$5.00

FROZEN TREATS

Zooper Dooper	\$0.50
Ice/ juice cups	\$1.00
Snap stix	\$1.50

DAILY SPECIALS

Monday - Special dish from \$6.00

Check the whiteboard for our latest creation.

Dishes range from pasta, curries, Asian delights, soups and stews

Tuesday - Toasted Turkish breads from \$5.00

Check the whiteboard for flavoursome combinations

Wednesday - Hot Dogs from \$4.00

Thursday - Roast beef and gravy roll \$5.50

Friday

Mexican Madness Nachos \$5.00

Beef Mexi Feast \$8.00

Beef and bean enchilada served with corn chips topped with fresh salsa, avocado and sour cream. Mild or spicy.